

BEES AT THE MOORINGS

by Dean Hoover



Why not have an observation hive in my living room? I could show it to my friends and family. I could use it to learn. I could watch it instead of television. I could reconnect with part of my past. My grandfather had an observation hive in his house. I had a bee yard in our pasture. No cows or chickens here, but maybe bees.

The executive director, when I mentioned it to her, asked, "Why not in a public place where others could watch it, too?" The activities room? The people who use it voted no. The library? Yes!

I could open the hive through tubes onto the second-floor balcony outside the library without exposing loose bees in the library. Bees leaving and entering the hive would be flying above people's heads.

The hive should be all glass and big enough to support an independent hive, so it should be several frames deep and high. It would be safe so no one would break the glass or release the bees. The activities committee would finance the glass and bees. So, why not?

But why?

1. Honey (Not much)
2. Pollination of plants around Lewes.
3. Education of residents at The Moorings and visitors. Grandchildren.
4. Fun to watch.

So, to design and build a hive and install bees. Give a couple of talks about bees. Why not a course at Lifelong Learning about bees and beekeeping? Tom Lord would help me with genetics. We know how to produce bees. Bees will not go extinct. But we are losing beekeepers. So, I encouraged class members to become beekeepers. Several did!



Denise Bridgens, a member of the class, wanted to start a bee club in Lewes and asked if I would help her to get started with the hives and care of the bees. I agreed.

So, here we are, about four years later. The Lewes Bee Club has 40-50 members, 6-10 hives, 178 jars of honey taken off just this fall. An education committee shows a transportable observation hive to garden clubs and to school classes. The club has become more than I could have hoped for. It is a working club. All members share

in inspecting hives, feeding bees as necessary, treating the hives for small hive beetles and varroa mites, taking off and extracting honey, bottling honey, teaching classes, giving talks, applying for grants, hosting meetings and parties—great parties! Members have connected with beekeepers around Delaware. One highlight of the past year is a queen rearing strategy, so that the club's hives are becoming self-sustaining. We started the club with two hives in 2016 and at the peak of summer 2018, had 15 hives, largely due to our queen rearing work.

Other highlights:

- Eighteen public presentations. There are at least six presentations planned for 2019. These include presentations to gardening clubs, at the Lewes library and a return to the University of Delaware Coast Day event.
- Membership increased during 2018 by 50 percent, and we currently have planned collaborative efforts with two organizations that share a similar "protect the environment" mission, Delaware Native Plant Society and Lewes in Bloom.
- In 2019, the club is planning "Bee Camp 101 and 201," classes to ensure our members have a solid baseline understanding in the art and science of beekeeping. Development of five

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BOARD OF DIRECTORS

OFFICERS

President	Jim McMullen
V. President	Vacant
Treasurer	Tom Reed
Ass't Treasurer	Mike Bair
Secretary	Kathy Holstrom
Corresponding Secretary	Marianne Jarvis
Past President	Gil Kaufman

AREA REPRESENTATIVES

Cottages	Elsie Gould
	Frances Mason
East Wing	Bunny Guerrin
	Adele Trout
West Wing	Nancy Krail
	Pat Cummings
Assisted Living	Gail Nolting

COMMITTEE CHAIRS

Activities	Carol Bishop
By-Laws	Jane Lord
Communications	Sara Corbishley (temp)
Dining	Corinne Lehman
Employee Appreciation	Vacant
Gift Shop	Gil Kaufman
Library	Judy Burgess
Nominating	Gil Kaufman
Program	Richard Woolley
Wellness	Sarah Cook
Wood Shop	Ron Trupp

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Editor Emeritus Pat O'Hanlon

BOARD MTGS. 2nd Monday
GENERAL MTGS. 3rd Monday

Bees at the Moorings *continued from page 1*

recently formed committees: community outreach, hive operations, development, membership, and social. These allow members to be increasingly involved in areas of their choosing and assist the club in growing.

- Implementation of five levels of membership to foster student memberships as well as those who wish solely to support the club financially with no obligation to work on any of the committees.

It is work but everyone learns, makes friends and has a good time! All from a dream of an observation hive in our living room!

Dining Out with Curt & Ellen

by Curt Christensen



In February a group from The Moorings tried a new restaurant called **The Pines** at 56 Baltimore Avenue in Rehoboth Beach. We had 13 from The Moorings and 3 from Cadbury at Home.

Having just opened in December (where Hobos restaurant was located), we were warmly welcomed by Bob Suppies, one of the owners and served graciously by Rachel, our waitress. The setting is a vast improvement over the previous restaurant and I heard no complaints about the food. They feature a full farm-to-table menu and a lighter fare in their upstairs lounge. They also have a happy hour in their bar and lounge from 3:30 to 6:00.

Ellen had a shaved asparagus and pickled fennel salad and shrimp which was delicious and we shared a tasty pumpkin bisque. As an entree I had a ginseng & honey brined / grilled pork chop with apple and juniper spelt pilaf and kimchi carrots. A majority of our residents had either a grilled tomahawk steak with shoestring fries or a seafood pot pie filled with lobster, shrimp, scallops and local fish. I believe others had cornmeal fried calamari or black & white linguini and clams with seafood sausage and sea bass. A good menu from which to choose.

Their ad says: "It's where the pine trees meet the ocean" which was apparently used almost 100 years ago to describe Rehoboth Beach. It's certainly a place we will come to again.

In the future, I hope other residents will share their experiences in eating in our newsletter. This area has so many good restaurants.



Lip Bites

❖TMALRA REACHES GOAL

The TMALRA Treasurer announced, that thanks to resident response, the organization reached its goal for membership contributions for the coming year.

❖BULLETIN BOARD NEEDED

Do you happen to have a surplus bulletin board hanging around your apartment or cottage? The Buy-the-Sea Gift Shop is in need of one, and would welcome a donation if you are able to do so. See Llywella Stuchlik or any other of our friendly sales volunteers from 11:00 am to 3:00 pm Tuesday through Friday and 11:00 am to 1:00 pm on Saturday.

❖ED CARTER RECEIVES LIFE MEMBERSHIP

Congratulations to Ed Carter for being designated a life member of the Rehoboth Beach Country Club. He has been a member for forty-three years.

❖LEND-A-HAND CIRCLE (from Bunny Guerrin)

The Lend-a-hand Circle meets in the craft room on Thursday morning and mid afternoon, and Friday morning.

The object of the group is to craft items for various organizations who give them to people in need.

Somewhere, long ago, I heard that working with red yarn is good for one's health. I'm happy just imagining that the red scarf I'm knitting will make some college student happy.

Foster Care to Success asks donors to make red scarves to go in the packages they send regularly as one of their supportive services to college students who have no families.

For those crocheters and knitters who work in all colors, Springpoint has requested the Lend-a-hand Circle to make hats and scarves for people in their low income housing.

We also had a request for something to make for people grieving for loved ones who died in hospice. I discovered a pattern for a counted cross stitch piece, that can be personalized, that we could offer at The Moorings to people whose loved ones pass on. There would need to be several of us committed to make that

feasible. A sample is on the fireplace mantle in the craft room personalized with my grandmother's initials.

Please come by and work with us, or talk with us about your ideas. Most of the projects we work on are not *commitments*, but made *as we can*.

❖SHUFFLEBOARD REPORT

The Table Top Shuffleboard League season has drawn to a close culminating in the championship game between the Sliders (Thelma Maxey and Hector Bedoya) and the Locals (Corinne Lehman and Dean Hoover). The Sliders prevailed and are 2019 Champions!

Informal table top play will continue over the summer with Three Strikes on Friday at 4:30, Golf on Saturday at 3:00 and Bowling on Sunday at 6:00. Come out and have fun.

The 2019 Outdoor Shuffleboard began on May 11th, with fourteen teams participating. Matches will be played on Saturdays at 4, 5 and 6 pm. Come out and cheer on your favorite team.

❖RECYCLERS RIDE!

The Moorings Re-Recyclers had their first ride on May 3.

They meet every Friday at 10:30. At the end of the season we will post the total miles ridden. All are welcome!

❖BARK IN THE PARK

The Moorings dog park is open for group play on Tuesdays and Thursdays at 4 pm. The dogs love running off-leash.





Birds and Bees

by Sandra Spence

This month, Editor Sallie told me Dean Hoover was writing an article about bees, so she suggested something about pollination. Well, I'm most interested in birds, so my first thought was to investigate the term "birds and bees." Wikipedia has something about everything, so I went there.

Amazing! Wikipedia lists multiple possible sources for this term, beginning with the poet Samuel Coleridge who wrote, in 1825 "All nature seems at work ... The bees are stirring—birds are on the wing ... and I the while, the sole unbusy thing, not honey make, nor pair, nor build, nor sing."

Among other credits, the story I liked best was about Dr. Emma Frances Angell Drake who wrote a section of *The Story of Life*, published in 1909. In her attempt to provide her daughters with a bit of sex education, she told them "when you discovered the tiny blue eggs in the robin's nest and I told you that wrapped in each shell was a baby robin that was growing there, kept warm by the mamma bird..."

Drake's narrative goes on in vague terms and later she describes the father's role in reproduction that actually describes bees' role in pollination: "Sometimes it is the wind which blows the pollen dust from one plant to the other, and sometimes it is the bees gathering honey from the flowers. As they suck the honey from the blossoms some of the plant dust sticks to their legs and bodies, and as they go to another plant in search of sweets this is rubbed off and so the parts of the father and mother plant get together and the seed is made fertile." According to Wikipedia, her explanation was reprinted in a publication called *Safe Counsel* at least 40 times from 1893 through 1930 and "may have been widely enough repeated to have contributed to the euphemism, 'the birds and the bees.'"

According to Yahoo, several sources give credit to Cole Porter for actually coining the phrase in his famous song, *Let's Do It, Let's Fall in Love*, written in 1928.

"....that's why birds do it, bees do it

Even educated fleas do it

Let's do it, let's fall in love."

In addition to what Drake explained about how the bees do it, Wikipedia explains that the term *ornithopily* is used to describe pollination specifically by birds. The

nectar-eating hummingbird is our best bird pollinator, found only in the Americas. Other pollinating species are found in other areas around the world. The long beak of the hummingbird, like the bees, allows the tiny bird to find nectar deep in tubular flowers. Similarly, plant "dust" rubs off on the bird and allows it to pollinate other plants, just like bees.

Wikipedia quotes *Celebrating Wildlife 2006* to explain: "Plants pollinated by birds often have brightly colored diurnal flowers that are red, yellow, or orange, but no odor because birds have a poor sense of smell. Other characteristics of these plants are that they have suitable, sturdy places for perching, abundant nectar that is deeply nested within the flower. Often flowers are elongated or tube shaped. Also, many plants have anthers placed in the flower so that pollen rubs against the birds head/back as the bird reaches in for nectar."

Unfortunately, your hummingbird feeder, while bringing enjoyment to watch, won't let that little bird accomplish its job of ornithopily! Who knew?

BUY-THE-SEA GIFT SHOP

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Greeting cards
Hearing aid batteries
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Snapple, Coke
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**Donated unused or unwanted items are
always needed for sale.**
Sales benefit TMLRA activities.



Wellness Committee Topic

DMOST Explained

by Sandy Spense, Wellness Committee
and Joanne Hassee, Health Care Chair,
League of Women Voters of DE

DMOST : Delaware Medical Orders for Scope of Treatment

Advance healthcare directives [or living wills or DNRs] which many people have, are useful but limited and not legally binding documents. Additionally, they are not always available when needed or, rather more frequently, ignored by families [and sometimes healthcare providers] whose members disagree with a patient's stated wishes for end of life care. A medical order is just that – a signed order which is to be carried out wherever the patient happens to be – hospital, nursing home, hospice, ambulance, etc..

Across the country, programs like DMOST [called POLST Paradigm Programs], promote the use of a statewide standardized medical order for end of life care, which transfers with a patient from one setting to another. The form allows patients to request or refuse treatments like resuscitation, feeding tubes and antibiotics. The options on DMOST range from 'Full Treatment' to 'Comfort Care Only.' DMOST is signed by a healthcare practitioner and a patient [or a patient's surrogate, if the patient is unable to sign]. It functions as a medical order AND an informed consent form.

DMOST is completely voluntary. To quote from the law, it 'means a clinical process to facilitate communication between healthcare professionals and patients living with serious illness or frailty whose healthcare practitioner would not be surprised if they died within the next year or, if the patient lacks decision making capacity, the patient's authorized representative.'

The DMOST law was signed into law by the Governor on March 24, 2015 to allow Delawareans



How Do You Do!
Welcome to The Moorings

Charles and Carol Lader moved into Cottage 8
in March

Donna Shank moved into Apartment 212
in March

Cheryl Snyder moved into Cottage 11
March 3

Joy Mingle moved into Apartment 242 on
March 24

Edward Steiner moved into Apartment 203 on
March 30

James and Helen Hunter moved into
Apartment 112 on April 10

Theresa de Rubertis moved into Cottage 15
on April 26

to plan ahead for healthcare decisions, express their wishes in writing, and both enable and obligate healthcare professionals to act in accordance with a patient's expressed preferences. Unlike an advanced care directive [DNR], the law authorizes a medical order which is transportable, standardized and implements a patient's end-of-life care preferences.

If you wish a copy of DMOST, please contact Sarah Cook, Wellness Committee Chair.

Upcoming Programs

Programs are held in the Kalmar Nyckel Auditorium at 7:00 pm unless otherwise noted

Tuesday May 21

Coastal Atlantic Lighthouses and Lightships

Dr. Bob Blanchard, Speaker

Bob is a retired biologist, educator, author, photographer and Florida Certified Master Naturalist who now resides in Milton.

His presentation promises you will:

Enjoy the beauty and history of some of the Atlantic coast's lighthouses and lightships

Learn about the equipment and the keepers of these lights

Hear tales from the keepers' logs, what it's like to grow up at a lighthouse and the haunting of a light station

Explore the Overfalls Lightship and other lightships that served along our coast.



SUNDAY June 23

Cadbury Chorus Spring Concert *by Carol Bishop*

How quickly time moves on from one season to another; then year to year. That's not meant to be poetic, just factual. The Cadbury Chorus has two seasons; Christmas and Springtime so if we are not practicing Christmas Carol's we must be singing about flowers, happiness and love.

Our program consists of a medley from Mary Poppins including, Chim Chim Cher-ee'; A Spoonful of Sugar and Supercalifragilisticexpialidocious. Now you just try to say that word twenty times with 20 people to a rhythm and all finish at the same time in tune!

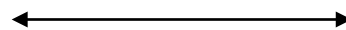
We also have included "Look to the Rainbow" a beautiful Irish ballad from Finian's Rainbow dating back to 1946.

Then a medley we have done before, "My Fair Lady" which starts with "I Could Have Danced All Night", "On The Street Where You Live", "Wouldn't It Be Lovely", "I've Grown Accustomed to Her Face" and "Get Me to the Church On Time". That one goes back to 1956.

We then sing an up-tune, "This Little Light of Mine" and believe me it's not the version your kid's sang in Sunday School.

Add to this the beautiful piano playing of Melanie Bradley along with a solo or two from Jerry Birl, plus George featured on the guitar. The evening adds up to a splendid occasion topped off with a cookie!

Mark your calendars, bring your friends and relatives, sit back and enjoy as we entertain you on Sunday, June 23rd.



Tuesday June 18

African American Women in History

*Syl Woolford speaker
and Rebecca Rogers Coordinator*

Many African-American women took leadership positions in the Civil Rights struggles. The women's right to vote, education for women, ending lynching and addressing racial and gender discrimination could not have been achieved without these women: Mary Church-Terrell, Ida B. Wells-Barnett, Alice Dunbar-Nelson, and Mary McLeod-Bethune.

Syl Woolford's illustrated talk will introduce you to these four extraordinary women and the crusades they waged against injustice.



Mary Church-Terrell



Alice Dunbar-Nelson



Ida B. Wells-Barnett



Mary McLeod-Bethune



Library Lines

Other Libraries in the Moorings

by Mildred Wiedmann

On the first floor West Wing next to the Beauty Salon is a room known as the Quiet Room. Unless you step inside the quiet room you wouldn't see the four book shelves backed up to the hall wall filled with these books.

This room is an extension of the Moorings Library. It contains a wealth of material — books and some magazines covering many, various religions.

The books are both contemporary and traditional. There are various versions of the Bible (some large print), books on prayer and meditation as well as books on friendship. You may take a book from this

room without signing it out. It would help to return it to this room and set it on top of a bookcase and one of the library committee will shelve it.

This room is used for small group meetings as well as an Episcopal Church service each Thursday morning and a Quaker Meeting on Sunday mornings.

On the second floor of the West Wing in the Arts and Crafts Room there is another collection of books. Here there are art books and books on many “how to do” arts and crafts and needlework projects such as knitting, quilting and counted cross stitch.

Also, if you wish to play some board games there are a couple of shelves filled with such games as Trivia Pursuit and Outburst.

The community computer is also located in the Arts and Crafts Room.



People of the Book

by Geraldine Brooks

Reviewed by Jane Lord

The “book” in the title refers to the Sarajevo Haggadah, a Hebrew text rescued from the bullet-ridden streets of Sarajevo during the Bosnian war in the early 1990s. The “people” of the book are not one group; they are individual Muslims, Christians, and Jews who took great risks to safeguard the book over a span of more than 500 years. While the Haggadah is real, the people are fictional, each character representing a different time and place in the imagined saga of the book.

Although the novel may be classified as historical fiction, the main plot is contemporary. Hanna Heath, an Australian rare-book expert, discovers a fragment of an insect wing, blood and wine stains, salt crystals, and a white hair in the binding of the Haggadah, and these tiny clues serve as springboards for flashbacks to medieval Spain, 15th century Venice, 19th century Vienna, Adriatic

Jewish communities in the 1940s, and to Seville in 1480 (where the mysterious illustrator who created the book is finally revealed).

The connecting storyline of Hannah’s professional quest and love affair is almost tangential to the more poignant historical vignettes. The over-arching theme is resistance to religious conflict and persecution among Christians, Muslims, and Jews, and the Haggadah symbolizes the survival of Sarajevo’s multiethnic ideal. While it is fitting that the book was discovered in Sarajevo, where the old town mosque, synagogue, and cathedral are within easy walking distance, it is ironic that residents of all three faiths ultimately came under fire from the Eastern Orthodox Serbs.

A well-worn copy of *The People of the Book* is now in The Moorings Library, having survived several years of book swapping on the internet. Who knows where it’s been? You might find clues on the pages or in the binding—perhaps the wing of a black fly, coffee or wine stains, a grain of sand, a grey hair.

EXPLORING THE TMALRA WEBSITE

The TMALRA website has a whole lot of useful information. Let's look at what you can find when you type in the address into your browser (Internet Explorer, Edge, Chrome, Firefox, etc.).

Main/Home Page is the first page which comes up when you type in tmalra.org

Across the top of the page are headings —Menus, Newsletters, Directory, Organization, Maps, Handbook and Home. The headings are always on view. If one is clicked on, it will take you to one of those topics.

Down the left side of the page is a listing of upcoming movies and below that a list of coming events.

There are two more columns on this page. The middle column under the heading **Links**, has a number of topics which you can click on and get more information.

The right side of the page has a list of birthdays and beneath that are calendars for the current, and sometimes, the next month (again, click on them).

At the bottom of the page are buttons to click on to go to a photo gallery.

www.tmalra.org

by Tom Reed

Menus Heading

The menus for the Bistro and Chart Room (dining room) are listed under the menu tab. Click the menu tab to bring up buttons for all the breakfast, lunch and dinner menus for the week. Then click on the meal you want to see the choices for that meal.

On the same basic menu page beside the daily menus, there are items for serving hours, Bistro Bake Shop items, and catering services. Just click on these titles and more information will pop up.

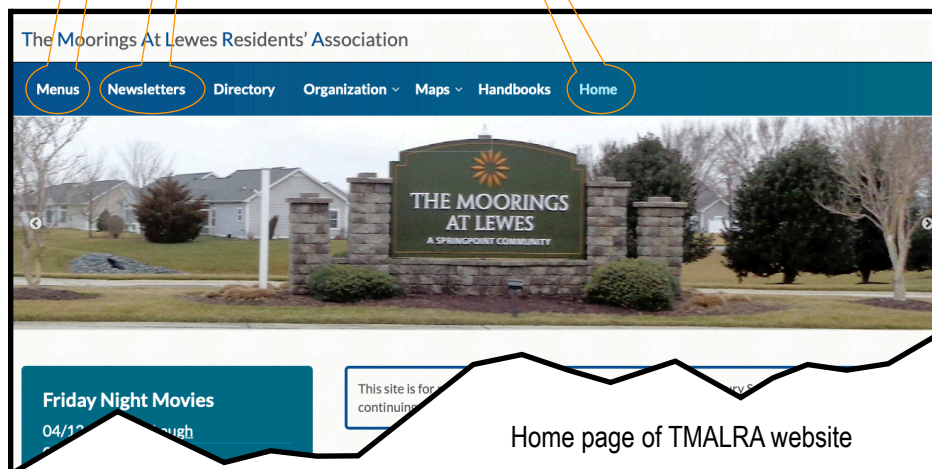
Newsletters Heading

The current and past newsletters are available here. Take a trip down memory lane and read old newsletters. Just click on the tab heading and then click on the newsletter you want.

Home Heading

Any time you want to start over clicking on that heading will take you back where you started.

There is other information available which we may cover in future newsletters, or you can explore the website on your own.



In Memoriam

Mary Pritchett (02/13/2019)

Richard "Dick" Kauffman (03/10/2019)

Kenneth Goebel (04/04/2019)

Robert Hein (04/30/2019) - first Cadbury resident & first CALRA President

George Maxey (05/09/2019) - TMALRA Board, musician, shuffleboard guru