

CADBURY AT LEWES
AFTERNOON EXCHANGE
November 11, 2008

Vic Amey, President & CEO, welcomed residents to the “Afternoon Exchange” forum. He introduced Ann Murray, physical therapist with Sundance Rehabilitation, who, along with other physical therapists, provides rehab services for Cadbury. She presented a handout explaining the importance of movement and how physical therapy is beneficial to one’s well being as we age. Swimming, walking, and dancing are all forms of exercise which can aid in the prevention of falls and various ailments.

Chuck Rendulic, Director of Support Services, stated that there is a new company providing the testing of the fire alarm system. In the future, this company will deactivate the alarm and the testing will not be as disruptive as the recent testing. The annual testing of the system is required by code to prove that it works properly. A notice will be distributed in advance of the testing of the fire alarm system.

Carol Holzman, Director of Residential Services, stated that the Resident Association has started a food drive for non-perishable foods starting now through November 20. Vi Cribb is heading up this drive and food should be placed in the boxes in the coat room closet near the Bistro on the first floor. The food will be given to the Cape Henlopen Food Bank and will remain in Lewes.

Carol stated that the maintenance staff will disconnect hoses at the cottages to prevent them from cracking during the winter.

Carol is initiating a “resident spotlight” to feature a different resident each month. This will enable residents to get to know each other and she asked for anyone interested in participating to get in touch with her.

An invitation has been extended to the Cadbury Resident Association to visit Kendal at Longwood to see how they budget and plan for events and to interact with a similar group. Carol indicated that she is planning a connection with other CCRC’s on a quarterly basis.

On Friday, November 14 at 4:00 p.m. there will be a Happy Hour with entertainment provided by the “Jazz Man”.

On Saturday, November 15 at 2:00 p.m. in the auditorium, there will be a Barbershop Quarter “battle of the sexes”. If a resident is planning to attend, he/she needs to RSVP with the Cadbury Marketing Department.

Residents were reminded not to park in the fire lane as they might get a ticket if the fire marshal is made aware of this. Residents were encouraged to view the in-house TV station, Channel 3, to be kept abreast of Cadbury events and happenings.

Vic said that outside programs/presentations held at Cadbury are required to be not-for-profit groups and money cannot be made by any program. Events/programs need to meet

Cadbury's criteria and are not open to the public. Information a resident wishes to post on a bulletin board needs to be cleared through Carol or through Vic's office.

Vic stated that he would like to establish a volunteer program with interested residents being responsible to staff the reception desk in the Health Center. Residents would volunteer for shifts, possibly two hours at a time, and anyone interested should contact Carol or Vic.

Vic stated that residents bringing alcohol to the dining room should consider plastic wine glasses instead of glass. Also, if a resident has a glass of wine or beer at a Happy Hour and wishes to take it to dinner, they need to remember to remove the glass after dinner.

Vic then reviewed some of the recent PMIs (Please Mention It forms) that he had received. Additional landscaping around the Health Center has been requested. Smaller trash containers for the cottages will be acquired a few at a time. Fencing around the curb at the front entrance has been requested.

Residents can purchase a lifeline pendant through Cadbury for \$125. Residents need to be aware that with a lifeline pendant it is possible to have many "false alarms" as the pendant can be activated by just bumping it against an object. Flags on the cottages need to be an official United States flag. It is planned to acquire a TV for the living room.

Residents commented on the following:

Residents would like to have additional seeding of the rear area of the campus and would like the signage augmented to deter speeders throughout the campus.

At this "Afternoon Exchange", there was a special presentation of a flag made by personnel of the Dover Air Force Base to commemorate Veterans Day. The flag and the official documentation for the flag can be found in the Library.

Vic stated that he would like to move the time of the "Afternoon Exchange", on a trial basis, to 7:00 p.m. immediately following dinner. Notice will be sent prior to the next meeting.

Bob Hein, president of CALRA, reminded residents that the next meeting will be Monday, November 17, 10:00 a.m. in the auditorium. He also reminded residents that tryouts for the upcoming "Wii" Bowling tournament between Cadbury at Lewes residents and Cadbury at Cherry Hill residents will take place on Tuesdays for the next three consecutive weeks.

Recorder
Susan Smith, Administrative Assistant
11/12/08