



*Photo by Ron MacArthur.
Courtesy of the Cape Gazette.
May 24-27*

The picture of our own Bill Peterson helping to raise the American flags during the Rotary Clubs' Memorial Week recognition of veterans is but one example of how The Moorings residents give back to our local communities. Bill is a long-time member of the Rotary Club whose members are dedicated to community service. There are many other illustrations of how The Moorings residents support community projects and programs with their personal time and effort as well as with funding in many cases.

A good example is how several of the Moorings residents teach or have taught in the Osher Life Long Learning Program of the University of Delaware. Dean Hoover has taught his own special brand of mathematics for a number of years and he and Tom Lord have more recently been educating Osher students on the lives and habitats of bees. Their activity has led not only to heightened interest in the nationwide plight of bees but also to a number of new community groups supporting their own bee hives. Dick Kauffman taught many Osher classes on complex religious studies before his recent death, and I too have developed a good following for my courses on aircraft history and its future.

Jane Lord's and Sandy Spence's contributions to the League of Women Voters are good illustrations of where our support of community functions extends beyond the local community all the way to the County and State levels. Jane is currently past president of the group and is active of several committees. Sandy chairs the Advocacy group, currently with a particular focus on criminal justice issues and housing. Both Jane and Sandy also contribute to other state-level activities, among them the Southern Delaware Alliance for Racial

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President's Message

*from
Jim McMullen*



In my last message in the March 2019 Newsletter I discussed the changes affecting our TMALRA organization. This time we'll look at the more profound and long-lasting changes in Springpoint's leadership team here at the Moorings.

First, we have a new Executive Director, Annette Moore. Annette has a long and successful career in eldercare and we are looking forward to the good things she'll accomplish here. Annette's boss in Springpoint headquarters is David Wean. Both David and Annette worked their way up and that means to me that they better understand what we, as residents, need as well as what the Moorings employees need. I have met with both David and Annette and I believe we are in good hands for the future. They have our best interests at heart and our concerns will get a fair hearing.

Two areas important to us have new directors; Dining Services and Support Services. Nicole Butler is the new Dining Services Director. She is very much interested in making our food more tasty and our dining experience more enjoyable. Some changes

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BOARD OF DIRECTORS

OFFICERS

President	Jim McMullen
V. President	Vivian Bedoya
Treasurer	Tom Reed
Ass't Treasurer	Mike Bair
Secretary	Kathy Holstrom
Corresponding Secretary	Marianne Jarvis
Past President	Gil Kaufman

AREA REPRESENTATIVES

Cottages	Elsie Gould
	Frances Mason
East Wing	Bunny Guerrin
	Adele Trout
West Wing	Nancy Krail
	Pat Cummings
Assisted Living	Gail Nolting

COMMITTEE CHAIRS

Activities	Carol Bishop
By-Laws	Jane Lord
Communications	Sara Corbishley (temp)
Dining	Corinne Lehman
Employee Appreciation	Carol Lader (pending)
Gift Shop	Gil Kaufman
Library	Judy Burgess
Nominating	Gil Kaufman
Program	Richard Woolley
Wellness	Sarah Cook
Wood Shop	Ron Trupp

TMALRA Free Press

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Editor Sara Corbishley
Editor Emeritus Pat O'Hanlon

BOARD MTGS. 2nd Monday
GENERAL MTGS. 3rd Monday

President's Message

Continued from page 1

have already taken place. I'm sure you'll see more welcome improvements as time goes by. I have spoken with Nicole and am impressed with her passion for presenting you with the best possible dining experience.

Chuck Palmer is the new Support Services Director. I have not yet met him; he's very busy touring the property and assessing our concerns. I'm sure Chuck will be very proactive in keeping the grounds and physical plant in the best possible condition.

In summary, I believe we have an excellent team that is approachable, empathetic to our concerns and will deliver a top-notch living environment for us for the future.

The Moorings Residents Give Back

Continued from page 1

Justice which among other things provides scholarships for high-school students who might otherwise not be able to afford college.

Jack Chapin and Curt Christensen have both been active on the Board of Directors of Clear Space Theatre, and Jack served as treasurer of the organization. They provided guidance on financial matters as well as program opportunities for that organization, which in turn supplies the local community with high quality entertainment

A group of our talented residents has developed their own "Lend a Hand" activity, which among other things knits and crochets scarves, mittens and hats for college students with no families, an outgrowth of a long-standing organization "Foster Care to Success." Contact Bunny Guerrin if you'd like to join the group.

Our support of community churches goes well beyond financial contributions. For example Carol Bishop and Nancy Krail have been choir members of the Lewes Presbyterian Church for years. In addition, Nancy makes weekly visits to Beebe Hospital, with a special focus on cheering cardiac patients.

These are just a very few of the many ways in which The Moorings residents contribute to our community organizations' health and to the success of their programs. Not only do many make substantial financial contributions but they also get involved by lending their time and effort to support community goals. Many more could be cited; my apologies to those not mentioned.

In case you have not noticed, the plaque on the wall in The Moorings' lobby summarizes and typifies these contributions for a recent year.

So do not be hesitant to get involved yourself. You'll not only learn some new things and have some fun, you will really help our regional services' activities.



Lil' Bites

❖NEW BOARD MEMBERS

Vivian Bedoya has agreed to be Vice President and Carol Lader will be chair of the Employee Appreciation Committee.

❖NEW GIFT SHOP VOLUNTEERS

New volunteers Hector and Vivian Bedoya have made a tremendous difference in taking on the leadership of our outreach to the residents in Assisted Living (AL) and Skilled Care. What started a couple of years ago as a once-a-month trip by Gift Shop volunteers to AL alone has been extended by Hector and Vivian to a twice a month visit to AL and to Skilled Care as well. The response from residents of both units of The Moorings has been great in helping them feel more than ever that they are still an integral part of The Moorings and have not been forgotten.

❖NEW HISTORY DOC

A new document has been added to the TMALRA Library: *The History of the Cadbury at Lewes Residents Association (CALRA) and the Moorings at Lewes Residents Association (TMALRA)*.

Prepared by long time residents of our facility, it documents the early formation of our Residents Association, some of the major contributors to its success, and the transition from Cadbury to The Moorings. New residents and history-buffs may find it interesting. This is just the first edition. If you have some additions or cor-

rections that you think should be included, please forward them to Gil Kaufman.

❖TMALRA BYLAWS

If you have explored the Organization tab on the TMALRA website, and had the patience to wait for the pdf to upload, you know and may have looked at the Bylaws for your TMALRA RESIDENTS ASSOCIATION. Or perhaps you have looked the Bylaws over in the library version. If you have not done either, we encourage you to do one or the other. And when you look over the Bylaws, keep a sharp eye for any additions or improvements you think may be desirable or necessary. The Bylaws Committee will be very interested to know of any suggestions you have and will consider them carefully. If you have any input for the Committee, please forward it to the chair, Gil Kaufman.

❖FILE OF LIFE INFO

If you haven't completed the *File of Life* packet, please do so and put it on your fridge door or on the back of the front door. Contact Sarah Cook if you have misplaced it and need another.

❖CADBURY CHORUS

We all have missed chorus during our summer season and look forward to returning. Mark the date for Tuesday, Sept. 10th at 10:30 A.M. The chorus is open to anyone who loves to sing. No auditions, no cost, little homework and lots of laughter and satisfaction.

We will be practicing for our Christmas Program so most of the music will be familiar but still challenging enough to keep it interesting. It is not necessary to read music, but it does help. We do hope you newer residents will give us an opportunity to become one of your 'top ten' activities! See you all Sept. 10th, 10:30A.M. in the auditorium.



How Do You Do!
Welcome to The Moorings

Jacqueline Buttimer moved into Apartment 213
on May 29

David and Ann Jaeger moved into
Apartment 206 on July 30



Coming Sooner Than You Think

by Sandy Spence

I heard that it takes 21 days to form a habit, but I asked Siri on my iPad and she found me a study that concluded "It depends." It can take as much as a year to form some habits. That suggests to me that it's time to start building a habit of taking my canvas bags to the grocery store every time. I always try to remember, but often I forget them.

But, as of January 1, 2021, Delaware will join California, New York and Vermont as the states with legislation to address the growing crisis of plastic pollution. On July 29, Governor Carney signed House Bill 130 which will ban single use plastic bags by large retailers. The bill allows for several exceptions such as meat and those bags on your clothing at the cleaners.

According to Dee Durham, co-founder and co-chair of Plastic Free Delaware, "millions of plastic bags end up as litter strewn across our communities, roadsides, parks, forests, rivers and coastlines, and clog our storm water management systems resulting in increased cleanup costs." Additionally, Plastic Free Delaware contends that single-use plastic bags contribute a toll on human health and well-being as toxic plastic particles are now being found in the food chain.

It is estimated that the average American uses 500 plastic carryout bags annually. Single use plastics are made from natural gas or petroleum, a fossil fuel in limited supply with extensive environmental impacts in its extraction, production, and transportation.

Along Delaware's coastlines, despite the current voluntary recycling law put in place in 2009, plastic carryout bags remain one of the most prevalent and pervasive types of litter found annually during the annual Coastal Cleanup which is only three hours each September. In addition, plastic is the most prevalent item found in a 2018 study of Delaware's roadside litter.

Getting rid of plastic bags is not all. Another bill, introduced in late June, House Bill 224, would ban paper bags in the same retail stores affected by the plastic bag ban. According to its author, "paper bag

manufacturing is more resource-intensive than plastic bag manufacturing. Every bag, paper or plastic, has an environmental impact."

The legislature is currently in recess until January 2020, but some think the paper bag ban is likely to be enacted in time for it to go into effect on January 1, 2021, the same date as the plastic bag ban.

So get prepared. Start developing a habit of taking your recyclable bags with you when you shop! You might help even more by refusing the plastic bags in the Bistro. Take your Cadbury recyclable bag and put your food in there when you order take out.

BUY-THE-SEA GIFT SHOP

Gifts, jewelry, watches
Greeting cards
Hearing aid batteries
Toiletries, sundries
Candy, ice cream
Snapple, Coke
Stamps

**GET A PIECE OF
HISTORY
FINAL SALE**
Cadbury Logo Items
Caps, shirts, Sweat-
shirt

Open: M-F 11 am to 3 pm, Sat 11 am to 1 pm

**Donated unused or unwanted items are always
needed for sale.**
Sales benefit TMALRA activities.



Library Lines

by Judy Burgess

History Book Festival

The third annual History Book Festival will take place September 27th and 28th. On Friday night, 7 p.m., the Bethel Methodist Church Fellowship Hall will once again host the keynote speaker. Rick Atkinson, winner of Pulitzer Prizes in history and journalism, will present *The British Are Coming: The War for America, Lexington to Princeton, 1775 - 1777*. Tickets for this address are available by logging on to <http://bit.ly/HBF> Keynote Address.

On Saturday, September 28th, twenty different authors will speak about the books they have written. Topics vary from Empress Catherine and her relations with Diderot, Andrew Johnson's impeachment, the history of beer, and "Slime". The places and times of these presentations will be available in our local newspapers closer to the event. These sessions are free of charge, and the books from these authors will be available for purchase at the event and at Lewes Library.

The Festival promises again to be a most interesting event.

A Library Lines Book Review

by Carolyn Sargent



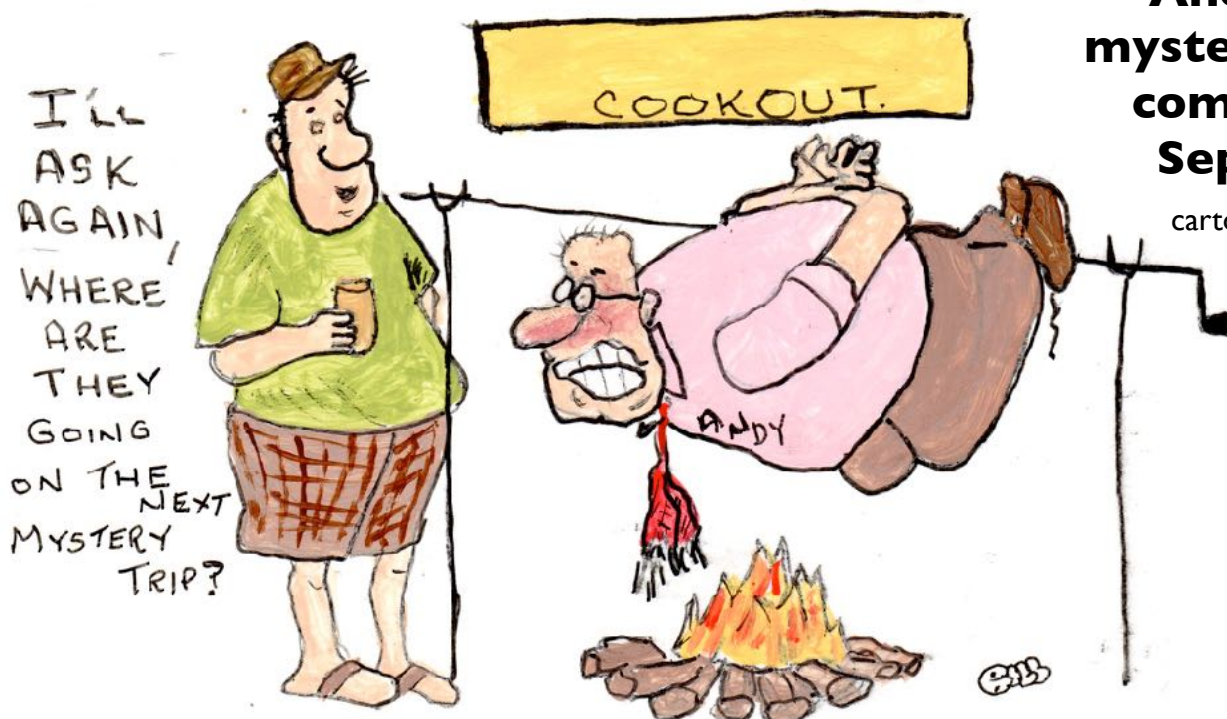
The Pioneers — The Heroic Story of the Settlers Who Brought the American Ideal West
by David McCullough

David McCullough's latest book was released in May, 2019. Mr. McCullough is a prize winning historian with best selling books, including *Truman*, *John Adams*, and *Morning on Horseback — the Life of Theodore Roosevelt*.

The latest book describes an important chapter in American history, the settling of the Northwest Territory. Britain, by the Treaty of Paris, ceded this huge wilderness to the United States which later became the states of Ohio, Indiana, Illinois, Michigan and Wisconsin.

In 1788 a group set out from New England under the leadership of General Rufus Putnam, settling on the banks of the Ohio River. The story is told through five characters who started a town in the wilderness among the natives and is drawn from a collection of diaries and letters from this time.

As always David McCullough's books are easy to read, informative and so engrossing they are hard to put down.



**Andy's next
mystery trip is
coming up in
September!**

cartoon by Bill Dunn

WWII Prisoners of War In Delaware

by Bill Gehron

This is an historical report of an unusual historical fact: There were hundreds of thousands of foreign prisoners of war held in the continental United States during World War II. The actual number was about 450,000 mostly Germans. They were housed across the country in some 700 camps. A majority of them were in the Southern states where it was warmer easing the task of housing them.

This all came about when the United States entered the war and the British quickly requested our cooperation in confining POWs since the United Kingdom was overburdened in housing arrangements for them due to a shortage of facilities in their country.

The United States agreed to do so, but with reluctance since it only had a limited experience in doing so in WWI. They were brought to this country by the thousands in Liberty Ships which normally returned with their holds empty at the height of which some 30,000 a month arrived here.

The government treated the prisoners in strict compliance with the provisions of the 1929 Geneva

Convention. This assured them of being, properly housed, clothed, fed and paid for work performed. Strange as it may seem a number of them returned home after the war with a good deal of money in their pockets.

Security at the camps was for the most part very light. Few prisoners sought to escape. However, some 2,222 did so with half that number recaptured the same day.

For the most part, the POWs were amazed by the size, prosperity and lack of war damage in the

country and accepted their general good fortune in being interned here.

After the war ended the government, again in strict compliance with the Geneva Convention, was forced to repatriate them all. It did so except for a small number, some 5,000, who refused to return to their native lands. Most of these were Germans who did not wish to return to Russian occupied areas where they lived. Of those who returned home, thousands came back to the US. Thousands of others later returned to visit or put down roots here. Delaware was no exception.

The state of Delaware readily accepted them and particularly the Delmarva Peninsula which had camps all over its territory including Lewes. But that is another story.



German POWs march into a barracks building at Fort Miles in Lewes. Photo Courtesy Delaware Archives and reprinted in the Cape Gazette

During the war Delaware was a state that deeply felt the need for workers to take the place of some 30,000 locals called to serve in the military not to mention those involved in other war time projects.

Largely rural at that time, Delaware was basically a farming state with a particular emphasis on chicken farming, an industry that required a lot of hands-on labor. Of course there was a dire need for farm hands but in Delmarva the need for chicken farmers was dire. At the start of the war the area was producing 27 million birds. By 1942 it had grown to 100 million.

Oddly, originally the military took the position that soldiers don't eat chickens but eventually de-

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New Program Season Begins

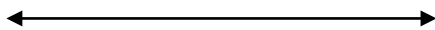
Programs are held in the Kalmar Nyckel Auditorium at 7:00 pm unless otherwise noted

Tuesday September 17

An Evening of Song

Presented by The Chorus Ensemble of
The Camp Rehoboth Chorus

The TMALRA Program Committee announces the kick-off of the 2019-2020 program series with a presentation, for your listening pleasure, by the 20-member Chorus Ensemble of the Camp Rehoboth Chorus. In their debut performance here at the Moorings of the They will perform a lively mix of Broadway hits and other popular songs.



Tuesday October 15

A Bike and Hike Through Bonny Scotland

Presented by David Bell

Rocking Chair aficionados can go on tour thanks to the photos and narrative that David Bleil will share with our Moorings community. While we rocked and savored the view from our porches in June, avid cyclist and adventurer David harnessed his energy and intellectual curiosity to head off to Scotland to join up with other similar-minded cyclists to explore the highlands, lowlands and byways of



Scotland via his preferred mode of transport. Weather frequently offered additional challenges to the stalwart athletes in the form of excessive humidity--i.e.: rain. I think I heard

David say he began to feel like a mushroom.

At the conclusion of the wheeled phase of the trip David and some others continued their odyssey relying on hiking boots and sticks as they investigated vestiges of the Roman occupation of Britain — forts, walls and such with no further concerns about punctures and flat tires — only sore feet.

POWs in DE

Continued from page 6

cided chicken is for fighters. Thus, all chickens produced in Delmarva went straight to Uncle Sam. Under such pressure to produce, farmers turned to POWs.

However, exclusive of chicken farmers needs, more than 4,500 POWs worked in Delaware. They served in numerous capacities including dishwashers, waiters, in canneries and as garbage men and carpenters. In the latter job they repaired the then 40,000 planks of the Rehoboth Beach boardwalk.

The center of Delaware's use of such prisoners was probably in Delmarva. They could be found in camps in Bethany Beach, Bridgeville, Georgetown, Harrington, Lewes and Slaughter Beach. The eastern shores of Maryland and Virginia also blossomed with camps. As elsewhere, they were well treated and very lightly guarded. Indeed, prisoners were seen walking the streets of Milford entirely on their own.

By 1946 all of the POWs held in the United States had been repatriated. Their presence in the U.S. served a good cause and made a positive contribution to the U.S. war effort.

As for the prisoners themselves, as Dana Kester McCabe points out in his article on this subject in the Delmarva Almanac, "... like many of our seasonal workers in the tourist industry today they stayed here for a brief time, worked hard, and went back home with stories of Eastern Shore hospitality. The big difference is they arrived as enemies and left as friends. I'd call that a bit of Delmarva magic."

Editor's Note: Bill Corbishley, former Cadbury resident, told of working with a German POW when he was stationed at Warrenton Training Center near Washington DC.

Bill was an army cook and this particular POW had held a position in a hotel kitchen in Germany before the war. He was put in charge of meat preparation and Bill said at first he was most apprehensive about working next to a big, burley German who was given large, sharp knives to prepare meat. But there was never a problem.

A Pet Portrait - Mr. Destiny

by Vivian Bedoya

Late, I raced in my red Beetle to beat the stop light and suddenly hit the brakes. A flash of white, he jumped out of my way and glared at me indignantly. He was dirty and looked hungry, obviously homeless. As I reached for the door handle, he walked away. At dinner, I told my family. I hoped to see him again and when I didn't, it made me sad.

One Saturday as I prepared dinner, I asked my daughters to walk to the store for sour cream. With extra money for treats, they set off happily. Minutes later Jessica rushed, red-faced and breathless up the stairs, her sister Lisette close behind. "We found him!" they shouted. "Down the street!" Realizing the "him" was my near-miss victim, I grabbed my car keys and set off.

He was rummaging through trash bags for scraps. My daughters jumped out of the car to engage him but he was leery. Nobody had been kind in his world and he probably remembered my Beetle! He darted off. The girls chased him, offering snacks they had earlier purchased. Curious, he walked over and stopped. I quickly opened the car door and he stepped in.

Smitten with his big brown eyes, I watched him in the rearview mirror. He looked intelligent but wary. Like one who has seen and lost a lot in his lifetime. He looked around nervously as if trying to find an escape route. My daughters reassured him that we would not hurt him. At home, we led our guest inside. He looked around but didn't move from a spot near the doorway.

I offered him water and he drank thirstily, then attacked his food as if he expected to lose what we had so willingly given. That was the moment I knew this would be different. He had stolen my heart the morning I nearly hit him. I thought I would never see him again but fate had reunited

us with sour cream. "Mr. Destiny." He looked at me as if he understood. "The name fits!" I told the girls. And with that, Mr. Destiny faced his next ordeal, a flea bath and a vet.

A superb judge of character, Destiny was an independent Bichon mix, protective but aloof. He would greet us with a few wags of his tail stump and walk away. For a time the street life beckoned and he once ran off sending my daughters on a tearful neighborhood search. When they returned empty-handed, I said he'd come back. Ten minutes later there was scratching at the door. "Not so fast!" I stepped outside. Remorseful, he sat, conjuring up sad puppy eyes. "You've got it good here. Come in, you stay." "Otherwise," I pointed to the street for emphasis, "GO!" He pawed the air in front of

him, not daring to touch me. We stared each other down. I opened the door. He never ran off again.

Over time, our beloved dog slowed down. Lumps overtook his body and his rear legs often failed. Incontinence followed and Destiny would crawl under the bed, mortified. Inevitably, we faced the toughest choice pet owners are called to make. Destiny closed his eyes in the vet's office as I watched the color drain from his ear until it became as gray as our ensuing weeks would be.

Pets enrich our lives with their unique personalities, amuse us with their peculiarities and touch us with their capacity to love unconditionally. Destined to be my last dog, Destiny gave us all that and more.



Before: The ordeal of the flea bath



After: The results of the first visit to the groomer



In Memoriam

Ruth Thigpen (05/10/2019)

Mary McLaughlin (08/07/2019)

Music in Our Own Back Yard

by Elsie Gould

As we swelter through the heat and humidity of August we start longing for the diversions the fall season brings to our area. Thus far we have some info for the music lovers in our midst.

Coastal Concerts will offer subscription rates until September 15. Individual concert tickets may also be purchased at the door on the date of the concert. As in the past the concerts will take place at Bethel Methodist Church, conveniently near the Moorings at Lewes.

Hopefully the Activities Committee will continue to provide us a driver and bus for the concerts, making it so easy for us to enjoy the delight of beautiful live music by distinguished performers.

Delaware Symphony Orchestra will once again travel down to Sussex to share with us the thrill of a full symphony orchestra making spectacular music requiring us to travel only across Kings Highway to the auditorium of Cape Henlopen High School. The exact dates of the fall and spring concerts are not yet available, but we'll get the specifics to you as soon as we have them. In the past these concert tickets have been very reasonably priced.

The Mid-Atlantic Symphony will be appearing in Ocean View for a couple of concerts, the Ocean City Convention Hall in September and April, PLUS a Christmas concert at Cape Henlopen H.S. In previous years the Activity Committee has been able to snare reduced-price tickets for us (thank you, Lucienne Wolfe!) as well as providing transportation to the events.

Conductor Julien Benichou is so energetic and charming that both orchestra and audience are under his spell for the afternoon.

Concert Calendar

September/October

(exact date not available)

Delaware Symphony Orchestra —
Cape Henlopen HS.

Sept. 29 Sunday: 3 pm

Mid-Atlantic Symphony — Ocean City
Convention Hall

October

19, Saturday: 7 pm

Coastal Concerts — Lewes

Brazil Guitar Duo

November

9, Saturday: 3 pm

Mid-Atlantic Symphony — Ocean View

Appalachian Spring

16, Saturday: 2 pm

Coastal Concerts — Lewes

Benjamin Hochman, pianist

December

7, Saturday: 7 pm

Mid-Atlantic Symphony — Cape Henlopen HS

Holiday Concert

January 2020

18, Saturday: 2 pm

Coastal Concerts — Lewes

Tesla String Quartet

February

15, Saturday: 2 pm

Coastal Concerts — Lewes

Trio Valtorna

March

7, Saturday: 3 pm

Mid-Atlantic — Ocean View

Mozart

14, Saturday: 7 pm

Coastal Concerts — Lewes

Andrew Garland, Baritone;

Warren Jones, Piano

April

5, Sunday: 3 pm

Mid-Atlantic Symphony — Ocean City

Convention Hall

18, Saturday: 8 p.m.

Coastal Concerts — Lewes

Tessa Lark, violinist; Michael Thurber, bassist

March/April (exact date not available)

Delaware Symphony Orchestra —

Cape Henlopen HS

EXPLORING THE TMALRA WEBSITE - PART 2

www.tmalra.org

by Tom Reed

The TMALRA website has a lot of useful information, and I encourage you to try exploring the site. In the last newsletter we began to outline what's available, so let's look now at what else you can find.

Directory Heading

This page requires a user name and password (use the "Contact Us" box at the bottom of every page to send the webmaster an email and we'll get back to you with the login information).

When you get into this part of the website, pictures of all current residents of The Moorings are shown (along with their phone number and email address).

Pictures may be sorted by last name, first name, or unit — click button above the first row of pictures. This is perfect if you have lost track of your printed directory copy or want to find a particular individual.

Organization Heading

There is a wealth of information in this heading. Move the cursor over the heading and then down to the page you want to view: Bylaws, Finances, Board, Minutes (of all meetings: Board, Afternoon Exchange (may show as CALRA/Cadbury Joint Meeting), Staff Phones, Statistics). If you miss a meeting and want to know what happened, drop in here and catch up.

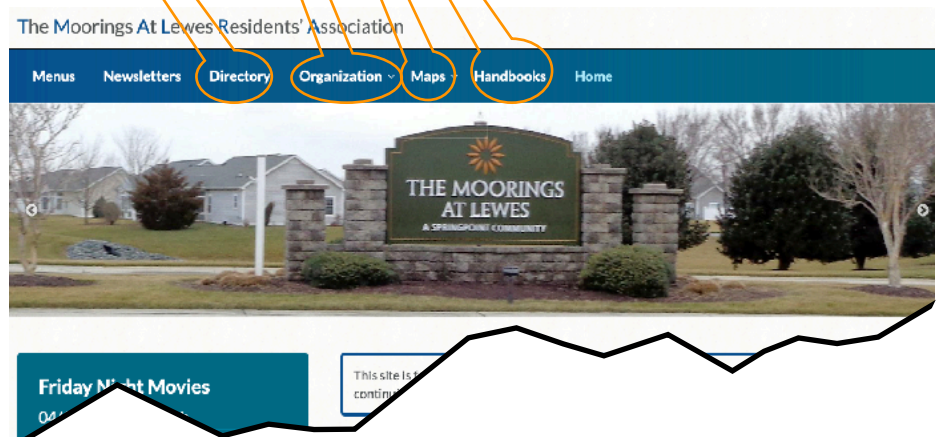
Maps Heading

Visiting a friend at The Moorings but not sure where their residence is located? Move the cursor over the heading on this menu item and select Apartments, Cottages or Location.

Handbook Heading

Select this heading and you can see the latest Resident Handbook published by TMALRA.

You can't hurt the website by clicking on the buttons and links. So click away and explore to your heart's content.



TMALRA WOOD SHOP

- Furniture Repair
- Resident Project Assistance
- Equipment Safety Instruction
- Custom Made Pieces
- Orientations to Shop & Tools

No charge for labor, only materials
Contact Residents: Ron Trupp or Dean Hoover