

A Ramble Through Our Library

by Elsie Gould

Perhaps the many outdoor activities of summer have interfered with regular forays to "the Jewel of the Moorings" (thank you, Jack Chapin, for coining that perfect designation).

You may have been side-tracked by concerts in the park, boardwalk bustle, beach frenzy or golf outings to the real world.

As autumn/winter weather drives us to seek solace and diversions inside, Moorings residents might do well to plan a Library Ramble to re-acquaint themselves with one of the many facets of our diverse community.

We have learned to check in regularly to observe the comings and goings of our bee colony, always mesmerizing to visitors and residents alike.

No longer a mere repository for books and bees, our library has taken on new dimensions as a result of generous and exciting donations of audio and visual treasures. We appreciate the generosity of Vi Cribb, John Saupp, Ron Gerber and others who have enriched our collection through their thoughtful and welcome gifts.

When entering the library via the westernmost door, walk straight ahead toward the window, presided over by the owl the window sill, where you will



Library Committee members Naomi Lowe and Marianne Jarvis check out new additions to the AV section of the library.

Naomi (left) looks over *My Favorite Wife* starring Irene Dunn and Cary Grant. This screwball comedy was RKO's second biggest hit of 1940 and was nominated for the Academy Award for Best Story, Best Score and Best Art Direction.

Marianne (right) has just opened a box of CDs of the collected works of Robert Schumann (1810-1856), a German composer, pianist, and influential music critic. He is widely regarded as one of the greatest composers of the Romantic era.

find our reorganized AV materials, available for all tastes and interests.

In the shelving to the right of the windows you can make a choice of DVD's and BluRay discs to watch a movie you may have missed, follow up on a Masterpiece Theatre gem (the Forsythe Saga, Mayor of Casterbridge, etc.), entertain yourself with the antics of Hyacinth and her sisters in *Keeping Up Appearances* or other series.

Our collection has something for everyone; it seems to grow daily and we are delighted to report that residents have started to borrow and appreciate our expanded collection. Good news!

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BOARD OF DIRECTORS

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TMALRA Free Press

Printed quarterly: March, June, September, December.

Deadline for material: Feb. 1, May 1, August 1, Nov. 1

Editor Sara Corbishley
Editor Emeritus Pat O'Hanlon

BOARD MTGS. 2nd Monday
GENERAL MTGS. 3rd Monday

A Ramble Through Our Library

Continued from page 1

In the shelving to the left of the window you will be amazed to discover the diversity of our audio offerings. Once again, there is something for everyone's taste.

Our offerings range from Country and Western to the Best of the 40's 50's and 60's (our finest years), Christmas music, broadway shows, jazz and ballet music.

There are also impressive offerings of classical music running the gamut from the complete works of Mozart, Beethoven and the other Greats to an incredible wealth of operas by all the major composers and singers.

Do, please, avail yourselves of this opportunity to enjoy old favorites and branch out to become familiar with music you didn't have a chance to explore in your former lives.

Incorporating the donations of new materials into the available space was a serious challenge and a time-consuming process for Library Committee members and library volunteers. We apologize for the fact that for a time the library was not looking at its best, for lack of space meant that boxes and piles of donations cluttered our area.

However, if you check us out now you will find order and accessibility are restored and our Jewel sparkles once again. We thank you all for your patience during the transition process.



How Do You Do!
Welcome to The Moorings

Jerry Green moved into Apartment 229
on September 5

Bruce and Sherry Chappelle moved into
Cottage 46 on September 30

Bill and Shirley Rogers moved into
Apartment 218 on November 7



Lil' Bites

❖COME AND PLAY

Saturday nights are BINGO nights at The Moorings. For 50¢ a card you can join in one of America's traditional pastimes. Come for the fun and perhaps win a prize. The auditorium opens at 6:45 and the games begin at 7:00.

❖BYE,BYE CALRA

Several residents have had issues accessing the website. The problem is that they bookmarked *calra.org* years ago and as of October 1st, that domain no longer exists so it stopped redirecting users to *tmalra.org*. To get to the website you need to use the *tmalra.org* link

❖HOW TO CHANGE THE BYLAWS

If you have a suggestion for changing TMALRA's bylaws contact Jane Lord.

❖NEW "CHANGE CAFÉ"

Lauri Weeks offers this explanation of a "Change Café":

Last month we kicked off a brand new "Change Café" held every – other Wednesday in the Quiet Room at 3 pm.

WHAT IS A CHANGE CAFÉ and WHY DO I WANT TO TAKE MY VALUABLE TIME TO ATTEND...

Change is happening to us all the time ... both in small and large ways. Change can cause stress and unrest in our lives. The goal of the Change Café is to simply create an environment where we can come together to share, acknowledge and validate the

challenges, joys and losses inherent in this stage of life.

Ann Weir and Libby Gitenstein are the facilitators of the Change Café and we are pleased to have them and their expertise on this new adventure.

Ann is a licensed professional counselor of mental health specializing in early attachment and trauma related issues for individuals and couples. She recently retired after 20 years as a contract therapist at Delaware Guidance Services.

Libby is a certified trauma specialist skilled in responding to critical incidents both local and national in both business and non-business settings. Ann and Libby are acting only as facilitators, not as therapists or counselors.

Upcoming dates are Nov. 20th, Dec. 4th and 18th. If you have questions about this new program, give Lauri a call at 302.644.6373.

❖E-MAIL BLAST

Every now and then schedule changes and updates are sent to members who have agreed to share their email addresses with TMALRA. If you are interested in using this feature Notify Vivian Bedoya.

❖TRAFFIC CONTROL

Please remember the speed limit on the The Moorings Campus is 15 mph Also remind your visitors.

Also, as you drive onto our campus, there is a stop sign at the entrance; please respect crossing traffic.

❖RECYCLERS RIDE

The recyclers started pedaling on May 3rd. The group meets on Fridays at 10:30. The longest ride was 17 miles through Cape Henlopen Park and around Gordon's pond. A rewarding lunch at the ferry terminal concluded the long ride. Another favorite stop is to the old world breads. To date they have logged 218 miles.

BUY-THE-SEA GIFT SHOP

*Gifts, jewelry, watches
Greeting cards
Hearing aid batteries
Toiletries, sundries
Candy, ice cream
Snapple, Coke
Stamps*

**CHRISTMAS
GOODIES
GALORE**
Check them out

Open: M-F 11 am to 3 pm, Sat 11 am to 1 pm

**Donated unused or unwanted items are always
needed for sale.**



Rathskeller Ramblings

by Jim McMullen

There has not been much home brew activity over the summer. In my last column I said the last batch – black ale – went well, but it didn't. This batch, too, got a bad case of "super-carbonation" and excessive foam.

The culprit is most likely a microorganism clinging to the equipment and surviving in spite of good cleaning and sanitizing practices. I've been homebrewing for ten years and some of the apparatus is showing its age - staining, scratches, etc. Those items could be harboring the "bad guy" so I replaced them. The bottles, too, were difficult to clean so some were discarded.

I found a new supplier on the internet and ordered a few items so I can resume brewing. One item in particular that I'm anxious to try is cleaning and sanitizing compounds that, I hope, will neutralize the "bad guy."

The good news is that there is a red ale in the fermenter. It will be bottled about the time this goes to press and will be ready by Thanksgiving. It is an easy, straight forward recipe and it was also my very first effort at home brewing. It has a robust flavor but the hops are not overpowering. The color is a deep red-brown and it surely won't be mistaken for one of the popular "light" beers. I

hope it turns out well and that you'll enjoy it with me at an upcoming Happy Hour.

TMALRA WOOD SHOP

- Furniture Repair
- Custom Made Pieces
- Resident Project Assistance
- Orientations to Shop & Tools
- Equipment Safety Instruction

No charge for labor, only materials

Contact Residents:
Ron Trupp or Dean Hoover



Holiday Attractions

by Carol Bishop

December is filled with many musical delights and exciting adventures. Some events will need a sign-up so do it as early as possible.

This listing serves as a 'Heads-up' to help plan your social calendar well in advance. The dates are listed correctly BUT THE TIME IS EVENT TIME, NOT BUS DEPARTURE TIME. See Calendar and Highlights for that information.

MUSICAL EVENTS

3, Tues. - Irish Dance Troupe - 7 P.M. - Audit.

7, Sat. - Mid-Atlantic Symphony at Cape Henlopen High School - 7 P.M.

15, Sun. - Cadbury Chorus - 7 P.M. - Auditorium

17, Tues. - Cadbury Chorus - Assist Live 2 P.M.

17, Tues. - Rehoboth Quartet - 7 P.M. - Audit.

19, Thurs. - Milton Elementary School - Time & Place to be determined

22, Sun. - Rehoboth Concert Band - Cape Henlopen High School - 3 P.M.

ACTIVITIES

8, Sun. - Clear Space Christmas Show - 3 P.M.

10, Tues. - Lights of Love

14 & 21, Sat. & Sat. - Wonderfest of Lights

18, Wed. - Holiday Style Tea & Trivia

20, Fri. - Coffee & Carols, White Elephant Happy Hour

24, Tues. - Christmas Eve Buffet

25, Wed. - Lunch & Caroling with Nancy

31, Tues. - New Year's Eve Dinner & Celebration



Library Lines

by Judy Burgess

The Authors Amongst Us:

Residents Bill Gehron and Bill Kennedy

Bill Gehron has written *Ramble: A Memoir*, dedicated to his family: past, present and future. This is an amazing collection of stories about his roots from Williamsport, PA., to Pelham, N.Y., and beyond. Here we have beautiful glimpses of life in suburban New York City: his home life, his schooling, and the games with neighborhood friends.

Army followed high school. World War II was on and Bill became an armored infantry officer riding atop a tank one of Patton's boys. A pleasant image amongst all of the war and destruction was entering a town in Czechoslovakia where local children threw flowers in the tanks' paths.

Bill's professional experience included the United Nations Security Council, Foreign Security Officer for the State Department, and assignments with NATO

While in residence here Bill has been contributing to the FREE PRESS for many years, with historical vignettes in and about Lewes. These have been put together in booklet form by the Lewes Historical Society and is available in our library.

Bill Kennedy writes mystery thrillers. Two are now available, *First Kill* and *Morally Gray*, and are in our library; the third is in the hands of his publisher and is due out in the fall.

His protagonist is Jonathan West, M.D., CIA. All the actions of these thrillers are vividly described. Our parachute opens as we drift down through the clouds into the rain and onto the soft landing below. We enjoy cups of Arabic coffee with fellow students. When the intrigue introduces real spy situations and CIA investigations, we are safely on the side lines. Actual historical events in the 1970's weave their way through these plots.

Kennedy provides beautiful descriptions of surroundings in New York City, Washington, D. C., and other locales. Rehoboth Beach, as it was back in the seventies, receives special treatment. These novels have well developed, intricate plots with interesting characters. And presented throughout, examinations of moral issues that Jonathan and the rest of us face.

A Library Lines Review

by Judy Burgess



Local Writers Read from Their Work

Sharon Hoover presented another "Writer's Evening" for us on October 1. Three local writers read from pieces they have had published. All are very different one from the other.

Bill Kennedy, emcee for the evening, introduced us first to Walt Curran. Walt read stories based on his experiences at sea: relating these memories was a grandfather speaking to his granddaughter. We experienced strolling around the deck at night surrounded by the moonlit sea. We learned about a shipwreck off our Delaware coast, with descriptions of the deck hands saving as much as they were able.

He also found, after traveling to Ireland, that he liked "blarney" which led him to write poems as he rode Amtrak from Maryland to Philadelphia.

Mary Ann Hoyt read to us from her book, *In Heaven There's No Money, No Stuff — and No Porta-Potties*. She developed an interest in writing humor after devouring works by Erma Bombeck, whose funny stories, she says, kept her from curling into a fetal position as a young mother with four kids and a cat; and Nora Ephron, who got her through the indignities of aging with her book, *I Feel bad About My Neck*. May Ann's stories of ordinary family encounters are told in a most humorous way.

Bill Kennedy claims to be a story teller rather than a writer. This evening his story took place in Britain. It concerned a very successful medical researcher, winner of a Nobel Prize, and Margaret Thatcher, and their problems with the established ways of business.

A truly enjoyable evening. All the books mentioned are available in our library.

Menhaden and Lewes

by Bill Gehron

Across the country there are numerous cities and towns known immediately for its prominent surroundings – Gettysburg for its famous battle-field, Niagara Falls for its majestic rush of water over cliffs or Ocean City for its singular location. And Lewes's claim to fame? Believe it or not some years ago it achieved national recognition for a small herring like fish known as menhaden. If it sounds like a fish story, it is.

For hundreds of years along the East Coast menhaden fish abounded. Native Americans pulled them from the water to fertilize their plants as did the early European settlers who also used the fish oil to light their lanterns. However, it was not until the mid-19th century that the processing of the fish turned a corner with technological improvements that saw the oil used in paints and especially fertilizer as the nation's agricultural economy expanded dramatically. Later, with the discovery of vitamin B-12 in menhaden, it further expanded its use as a source of protein in animal foods and other products. . In the more recent era its oil has proven to be a great boon to many human health conditions as it contains omega-3 fatty acids.

As luck would have it, the first menhaden processing plant was established in Lewes in 1883. Its location essentially at the center of the East Coast fishery led it to become the country's most significant productive location for the menhaden industry. Then in the 1930's along came Otis H. Smith as founder and president of fish products company one of the largest menhaden processing operations in the country. It was this venture that put Lewes on the map nationally. Incidentally, Smith was mayor of Lewes from 1950 to 1968 and during his tenure he did much to enhance the development of the town proper.

As one of the largest landing ports in the country, it consisted of a fleet

of some two dozen ships managed by almost 700 fishermen. What it eventually became for a number of years was the largest fishing port in the country. Fame achieved!

However, unlike its counterpart towns and cities, its days in the spotlight were numbered. As the Delaware Public Archives reported "By the mid-1960's, a decline in the amount of fish resulted in the termination of local menhaden fishing operations and the end of an era for the Lewes community."

Oddly enough, this end of the menhaden business opened up a whole new one – Lewes became a tourist attraction. During the height of the menhaden fishery Lewes literally reeked of fish stench with flies everywhere not to mention a bevy of rollicking off-duty fishermen. With its demise, Lewes, with its ferry terminal transporting hundreds of thousand of passengers a year, became a tourist destination. A town, as we know it today, that is charming, self-sufficient and well maintained. It retains its fishing town image but the old commercial emphasis is now focused on sport fishing.



Postcard courtesy of the Lewes Historical Society

Great Upcoming Programs

Programs are held in the Kalmar Nyckel Auditorium at 7:00 pm unless otherwise noted

Tuesday November 19

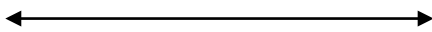
A Culinary History of Southern Delaware: Scrapple, Beach Plums and Muskrat

Presented by Denise Clemons

Denise Clemons writes *Cape Flavors*, a weekly food column in the Cape Gazette. Her book explores the rich agricultural and culinary traditions of Southern Delaware, beginning with the original inhabitants, stretching through the founding of the region's historic farms, to the current farm-to-table movement.

The original Nanticoke inhabitants baked hearty johnnycakes and hunted wild game. Hungry for a taste of home, German settlers developed scrapple from local ingredients.

Today's home cooks and chefs draw their bounty from the land and sea for a distinct, seasonal cuisine. Summer strawberries and peaches from local farms and orchards become delectable preserves thanks to treasured family recipes. With recipes for regional favorites like beach plum jelly and chicken with slippery dumplings, Clemons explores the history behind the ingredients and savors the story in every dish.



Sunday December 15

Cadbury Chorus

Notes by Carol Bishop

The Cadbury Chorus is always pleased to be able to present a Christmas program that will bring joy to everyone. As the holiday season approaches and strings of lights decorate trees and houses it is nice to be reminded that the greatest light comes from us, the people who do the decorating and wrapping of presents.

Our program, as usual consists of several 'Pop' tunes including "Rockin' Around the Christmas Tree", "I Saw Mommy Kissing Santa Claus" and "Santa Bring My Baby Back to Me". Then "Little Jack Frost Get Lost" and our nemesis "I Want a Hippopotamus for Christmas". (Those of you who were in attendance two years ago might remember why I

use the word 'nemesis'but we have it all together this year.... I hope.)

For our more inspirational selections you will hear "I See a Star", "Watching It Snow" and "The Little Drummer Boy / Peace on Earth."

This year we have several new talents joining our chorus and they will also be adding their own style to this Christmas celebration. Also, don't forget we include audience caroling for your enjoyment.

It is our wish that each of you take from this musical program the joy of Christmas and of course always remember the reason for the season.



Tuesday December 17

The Viento Quartet

Coordinated by Sharon Hoover

The **Vientos Quartet** will perform a program of classical, popular and seasonal music. The woodwind quartet was established in fall of 2018 and is comprised of Marcy Parykaza, flute; Ed Fick, oboe; Blair Clauss, clarinet; and Karen Brumbaugh, bassoon. Marcy is active in several area ensembles. The other members are retired music teachers from Delaware, Connecticut and Maryland. The four musicians also play in the Rehoboth Concert Band.

In the past year, the Vientos Quartet has developed an eclectic repertoire of original works as well as arrangements of popular music and show tunes, ballads and novelty numbers. They invite you to join them for a relaxing evening of live music.



In Memoriam

Ron Gerber (08/20/2019)

Karl Smeltzer (10/09/2019)



A Brief History of the Inland Bays Foundation

by Dave Jaeger, Foundation Treasurer

The Center for the Inland Bays was formed in 1994. The Inland Bays Foundation was formed in 2011 by members of the Center for the Inland Bays in order to advocate and lobby for environmental issues in the same way as the Chesapeake Bay Foundation. The Center for the Inland Bays is limited on legal issues because it receives federal and state funding.

The IBF is focused on the three Inland Bays: Rehoboth Bay, Indian River Bay, and the Little Assawoman Bay for a total of 32 square miles of surface water and over 300 square miles of watershed. Over 95,000 people live in this watershed.

The Foundation has established a working relationship with Widener Law School's Environmental & Natural Resources Law Clinic in Wilmington. Coming out of that relationship will be a "Citizen's Guide to Environmental Advocacy" to help those seeking to improve Delaware's rules and laws dealing with clean water. A press release on this project will be out this fall.

The main goal of the IBF is cleaning up our water which is so polluted that it is unsafe for swimming and/or fishing in many places.

Over 5600 septic systems in Sussex County contribute to poor water quality even though county engineering is building central sewer systems that will convert 1250 homes in the near future.

A recent study of Herring and Guinea Creeks published by the Center for the Inland Bays reported pollution 10-12 times the "healthy limit" coming from increased development and fertilizer runoff that feeds into Rehoboth Bay.

The IBF is partnering with many other environmental groups like the Center for the Inland Bays to push state and local legislators to clean up our waters.

Each fall we hold a dinner at Irish Eyes in Lewes to celebrate and recognize recent accomplishments and plan for the future of our watershed.

To learn more about the IBF, visit their web site InlandBaysFoundation.org.

Ode to Shuffleboard

by Carol Bishop and Bill Dunn

This poetic endeavor contains the names of all the active Table Shuffleboard Teams for the 2019-2020 season.

Shuffleboard is our great new sport
as **PUCK PUSHERS** glide down the court.

Comes **SWEET & SOUR** set to win
but **NUNEEZ** is the determined twin.

The **BOOKIES** think they're unbeatable bulls
until they come upon **TWO COOLS**.

The **SHUFFLEBROADS** a mighty team
until a hanger makes them scream.

The **SISTERS** play with **P & J**
until the **BUCKS** take it all away.

A dynamic **DUO** down the court
causes the **LOCALS** team to abort.

The **SLIDERS** make it almost through
until they're caught in the **ARMS** of two.

The **BEAVERS** are a **PARADOX**
before the **WALKERS** take a shot.

The **3 BAIRS-1** comes to show the way.
but a hanger saves the **SHUFFLERS** day.

We may not always seem to rhyme
But oh what fun in passing time.

The laughter and the joy we share
Are owed to **BILL** for being there!!