Independent Living Calendar of Activities MAY 2020

THE MOORINGS AT LEWES
A SPRINGPOINT COMMUNITY

weather permitting:
monday - friday
6 FOOT EXERCISE at 9 & 10am
COMMUNITY WALK at 2 pm

daily on 970
8am yoga
10am meditation
7pm chair yoga

INFORMATION CENTRAL:

THIS IS A VERY BASIC CALENDAR FOR THE MONTH OF MAY, PLEASE REFER TO
CHANNEL 970
ON YOUR TELEVISION FOR UP TO DATE INFORMATION AND UPDATES.
THANK YOU FOR YOUR PATIENCE!!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 HAPPY BIRTHDAY PEG PARTLOW bluecoast	2
3 9AM WORSHIP SPEAKER 970 11AM Lewes Presbyterian Service 970 1pm All Saints Service 970 ** moorings cares restaurants subject to change #moorings*cares	4 HAPPY BIRTHDAY JEANE WAMPLER 10 - 1pm .. Place Moorings Market Orders	5 3pm Learn Something New 970	6 HAPPY BIRTHDAY HENRY HUNT 3-4pm Moorings Market Delivery	7 3pm Learn Something New 970	8 irish eyes	9
10 9AM WORSHIP SPEAKER 970 11AM Lewes Presbyterian Service 970 1pm All Saints Service 970 #moorings*cares	11 10 - 1pm .. Place Moorings Market Orders	12 COTTAGE RECYCLING 3pm Learn Something New 970	13 3-4pm Moorings Market Delivery	14 HAPPY BIRTHDAY JOHN HAWKINS 3pm Learn Something New 970	15 HAPPY BIRTHDAY TESS deRUBERTIS nicolas	16
17 9AM WORSHIP SPEAKER 970 11AM Lewes Presbyterian Service 970 1pm All Saints Service 970 #moorings*cares	18 10 - 1pm .. Place Moorings Market Orders	19 3pm Learn Something New 970	20 3-4pm Moorings Market Delivery woodys dewey beach	21 HAPPY BIRTHDAY MARIE JACHOWSKI 3pm Learn Something New 970	22	23
23 9AM WORSHIP SPEAKER 970 11AM Lewes Presbyterian Service 970 1pm All Saints Service 970 31 #moorings*cares	memorial day 24 HAPPY BIRTHDAY THELMA MAXEY 10 - 1pm .. Place Moorings Market Orders	25 COTTAGE RECYCLING 3pm Learn Something New 970	26 3-4pm Moorings Market Delivery	27 3pm Learn Something New 970	28 HAPPY BIRTHDAY BARBARA SUMMEREAU	29 HAPPY BIRTHDAY LESLIE SYLVANUS