THE FREE PRESS



The Moorings at Lewes Residents Association

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President's Message

Greetings from From Jim McMullen

Are we finally seeing the light at the end of the tunnel? We had a very well-attended COVID-19 vaccine clinic in January. It was perfectly planned and flawlessly executed. Our follow-up clinic will be over by the time you read this. Annette, Lauri and the staff all deserve our hearty thanks; Annette for partnering with Walgreens and getting vaccine and Lauri for planning the precision, multi-station assembly-line vaccination process. Our heart-felt thanks to all involved.

Now that we are vaccinated we patiently await the OK to ditch the masks and resume the normal life we all previously enjoyed here.

With face-to-face contact so limited during our shutdown, it is more difficult than usual to maintain communication. Don't forget, our primary means of getting important information about the Moorings is TV Channel 970. I believe everyone has this available. Use it. Check it once or twice each day.

If you have internet available you can visit the TMALRA website and quickly scan through the Channel 970 slides. Call Tom Reed, Mike Bair, or me to learn how.

Another important method of communicating is by email. If you have email, we strongly suggest you get on our

member mailing list. This way you will get additional important information. Just send an email to me, Jim McMullen, at jimmc605@gmail.com.

Finally, our association will soon be conducting our annual dues drive. All residents are automatically members of TMALRA. Dues are solicited once annually and contribution is voluntary. You'll hear more on this later.

Stay well,

Jim

TMALRA.org Tips

Did you know... - You can get the menus ahead of time by clicking the Menu tab on the first page.

- The phone number and email of key Moorings staff can be found under the Organization tab.
- Don't want to wait for the pages to scroll past on the TV channel 970?

Look on the first page under Links and scroll down to Channel 970.

Tom Reed

Try every day to do just a little more than is expected of you.

And soon more will be expected of you.

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TMALRA Free Press(Printed Quarterly)EditorSharon HooverLayoutDavid BleilDistributionJoanne Nichols

Board Mtgs 2nd Monday
General Mtgs 3rd Monday

CADBURY CHORUS

It is so good to be able to write about a positive action. I have ordered a piece of music for the start-up of the Cadbury Chorus. The piece is a medley of songs from "The Wizard of Oz" which, of course, is familiar and loved by all.

Remember, anyone who sings is welcome to join us when we know where and when. That means what day and time. New folks, it is not too early to give me a call and let me know you plan to join us. Rehearsals take place in the auditorium and auditions are not necessary unless you insist. It is a fun activity and a great way to meet new folks.

As you can see by our photo, we are really a great looking group! Just when we can begin our rehearsals together again is unknown but 'ready we will be.'

Carol Bishop, Activities Chairman phone 645-0594



A Milestone Passed – Ellane Hein

With Ellane Hein's passing on January 25, 2021, a bit of a milestone has been reached for our resident population. Bob and Ellane Hein were the first couple to move into what was then called Cadbury at Lewes. They took occupancy of Cottage 30 in May of 2007. Bob, who was the first president of our resident association then known as CALRA, died in April of 2019 but Ellane continued to live in Cottage 30 until not too long before her passing, a total of almost 14 years. She was a very active contributor for most of those years, leading walks around the campus and almost daily playing cards and games with our residents in Assisted Living.

Bob and Ellane were the first of our residents identified as Charter Residents, those having moved into Cadbury at Lewes in 2007–2009. There are a number of other Charter Residents still living here at The Moorings. This information is being included in an updated 2021 edition of the history of CALRA/TMALRA, soon to be updated in the Library. Also included in that history is a section called Passages, listing all of the residents who have passed since the organization was first established.

If you have information you believe should be recorded in the chronicles of CALRA/TMALRA, please let me know, especially anything about the very early days.

Gil Kaufman February 1, 2021

The Moorings – – We are a Village

David Bleil, Cottage 34, knows about Villages. He spent two years in a small community, Likuni Village, in Malawi, Africa. There, relatives and neighbors alike, pitched in to pay the fees for promising students to attend high school. Don't we do a bit of the same with our Employee Appreciation Fund?

Even with our Covid 19 shut down, we still find many ways to cooperate. We all wear our masks. Some of us are even making masks for others, hundreds of them. Many of us are enjoying our "lollipops". Some of us are joining neighbors (at a safe distance) for outdoor dining. And so we can once again hold our meetings, there is this new thing called "zooming".

We are slowly coming back to full activity. Now is a good time to think about participating in this village. Please check out our committees. Names of chairs are listed in this newsletter; phone numbers are in our directory. We can all use more help and fresh ideas. A new resident who recently volunteered for our Buy the Sea shop remarked, "What a wonderful way to meet people!"

So . . . support our Village and try out one of our groups. Or perhaps you would like to begin a new venture. Many of us old timers would love to join in with you.

Judy Burgess

<u>The House by the Lake</u> by Thomas Harding

Did you ever think you would read a book where a small wooden house was the main character? And that you would look forward to each of your reading rendezvous with book and house with excited anticipation? A recent library acquisition is such a book: <u>The House by the Lake</u> by Thomas Harding.

The house in question originated as a simple weekend rustic retreat built on the banks of a quiet lake near Berlin in 1927 by a prominent Jewish physician.. This retreat offered peace and relief from the noise and pressures of the city. The family loved to garden, swim, boat, play tennis, enjoy music in this idyllic environment. As the political situation in Germany developed during the thirties, it became obvious that the Berlin region was no longer a desirable or safe location for Jewish families of means. Unlike many of their peers the Alexander family was successful in emigrating, suffering huge economic losses in the process. Some family members fled to Switzerland, others to Britain.

The author of this book is the great-grandson of the physician who sacrificed worldly riches and real estate to protect his family. With the departure of its owners the house evolves into a backdrop before which a hundred years of German history plays. Five different families occupied the

building; their tenancies are determined by the evolving course of events during this period. This era roughly coincides with the current events we remember from our youth and maturing years. The newspaper headlines of our time coincide with the drama and tragedy witnessed by the house at the lake. Just remember: birth and development of Nazism, brown shirts, Hitler youth, kristallnacht, roundups and transportations of undesirables, World War II, the Soviet "liberation" and subsequent occupation, the Berlin Blockade, the Berlin Airlift, formation of the East German State, the Stasi, building the Berlin Wall, tearing down the Berlin Wall, reunification.... war crimesto whom did real estate belong?

The research that went into the production of this book is very solid, visuals are extremely helpful. I found it to be a fascinating read and I'm hoping many of our library devotees will find it as satisfying as I did.

Elsie Gould

Travels with Fran and Hank (PART II)

Another attraction of St. Croix is the 137-foot restored schooner Roseway, built in 1925 for the international fisherman's races popular at the time. She also held the record for the most swordfish caught in 24 hours: 74!



In 1941, the Boston Pilot's Association purchased Roseway as a pilot boat for Boston Harbor. Following the attack on Pearl Harbor, mines and anti-submarine netting were installed to protect the Port of Boston, and all lighted navigational aids were extinguished. Roseway, fitted with a .50 caliber machine gun, continued her piloting duties, for which service her pilots were awarded a bronze plaque from the Coast Guard at the end of the war.

Roseway continued to serve as a pilot vessel until the early 1970s when she was converted into a passenger vessel for the tourist trade. She changed hands several times

operating primarily out of Camden, Maine, and the US Virgin Islands before, in 1997, she was listed as a National Historic Landmark. Roseway, at that time, retained between eighty and ninety percent of her original hull fabric and was badly in need of repairs. She remained docked in Rockland, Maine, until she was repossessed, then in 2002 donated to the newly founded World Ocean School.

Following restoration in Boothbay Harbor, Roseway set sail in 2005 as the platform for the World Ocean School which offers various educational programs in St. Croix and Boston. The school fulfills its mission by providing transformative, hands-on, interactive programming, working with youth from all over the United States and internationally.

With deep red sails, observant viewers can often spy the Roseway in the background of ads on television.

St. Croix's gentle weather and magnificent seascapes are its most attractive features. It exists in a perpetual state of Summer, due to the closeness of the equator and the surrounding Caribbean Sea. In an average year the temperature typically varies from 73°F to 88°F and is rarely below 69°F or above 91°F (although it can feel much hotter when the humidity is high). The best (and driest) time to visit the U.S. Virgin Islands is December through March or April. Not during hurricane season from June to November.

Residents enjoy long days of sun and gentle

breezes from year-round Tradewinds. Fran said they complain if the temperature hits 90. Hank said one night the mercury dropped into the sixties and they went out to the car and turned on its heater. There were no blankets in the house!

Hank and Fran have settled in Delaware attracted by the health care and many amenities offered by The Moorings. Also, their children, grandchildren, great grandchildren and (for Hank) great-great grandchildren all

reside stateside from New Jersey to Mississippi, although two granddaughters have emigrated to St. Croix.

After Covid-19 abates Hank and Fran hope to become snowbirds once again.

By Fran Tobin and Henry Hunt

Library Lines

Times past – – After the Library committee had one of our 'housekeeping' sessions, we would often put books we no longer wanted on a table in the hall (outside the auditorium). Residents and staff were invited to take any of our discards for themselves.



Current times – – We now have a 'Give Away' table in our Library. This table was made in our woodworking shop by Dean Hoover. It is located where the bee

hive used to be. The table has two shelves. The upper shelf contains books that we no longer want; the lower shelf holds magazines, three months old or so. The offerings on this table will change often, so please drop by to check it out for yourselves. It appears that many of you have discovered this table already as the books seem to be disappearing

When books arrive in the Library we perform a sort of triage. Is the book even worth saving? Is it in good enough condition? Do we already have one?

Duplicates make their way to our 'Give Away' table. What is the date of publication? Too old, maybe not, unless it is a classic. If the new (to us) book survives all this, then we process it for circulation.

Judy Burgess

A little life in the shrubbery

The porch light, left on in the evening at Cottage 18, led to an accumulation of small insects around it. A Gray tree frog hopped out of the bushes and climbed the wall to feast on

the insects and was caught on camera. These frogs are primarily arboreal and quite inconspicuous residents in the shrubberv around the Moorings cottages. You really have to look carefully to see them. They



are only 1.3 to 2 inches long.

During the late Summer the Preying Mantis will be laying eggs in globs of what looks like tan foam stuck to the branches of shrubs. The eggs over winter in the case and emerge in the Spring. These insects, usually green to blend in the foliage are about 3 to 4 inches long. They stalk and eat other insects in the shrubbery, ambushing them with front legs raised. These legs fold like claws. The species found in this region was introduced from China.

In the sand along the edge of the shrubs one can see funnel shaped depressions in the sand. Below each if these is an Ant-lion, a small black insect which traps and Page 5

eats ants which fall into the loose sand traps. To see the Ant-lion one must dig below the funnel trap. Be careful, their jaws are strong and sharp.

There are other, not so helpful insects found in the shrubbery, the Evergreen Bagworm is a small stout—bodied moth with wingless females. They feed primarily on Cedars. The male moth is black with nearly transparent wings. The female lays eggs in the twigs. The larvae which hatch from the eggs construct portable bags or cases with bits of twigs or leaves. The egg cases are spindle shaped. The larvae remain inside and eventually hang the bag from a twig where they pupate into an adult—moth. They can frequently be found in the cedars along the agricultural field side of Cadbury Circle West.



Not all the bush preferring species are inconspicuous.

White tailed deer have been observed joining the

pruning

crew at cottage plantings. We have all enjoyed watching the birds nesting in the shrubs, sometimes quite close to the cottages. Robins in particular, nest and lay eggs in view of residents coming and going from their homes.

As the Moorings landscaping crews continue to remove plantings from around the cottages, we will be losing more of the little bits of nature which have managed to adapt to life at the Moorings.

Photo credits: Tree frog – David Bleil Deer – Curt Christensen

Text - David Bleil

Welcome New Residents

Irma Klein - Apartment 111

Linda Trzyzeski - Apartment 211

Terry Scanlon - Apartment 241

Helen M. Richards -- Cottage 4

Rececca Brenner -- Cottage 13

In Memorium

Bill Spieker 11-19-2020

Charles Lader 1-12-2020

Signa Souder 12-11-2020

Donald Wiedmann 1-2-2021

Ellane Hein 1-25-2021

Jenny Hoch 1-30-2021

March, the third month of the year, was named for the Roman god of war, MARS. Traditionally, this was the time of the year to resume military campaigns which had been interupted by winter.

Europeans traditionally know March's moon as the Lenten Moon, a reference to the Christian calendar's season of Lent which occurs during this time.