

THE MOORINGS AT LEWES RESIDENTS' ASSOCIATION
General Meeting Minutes
Monday, February 15, 2021; 3:30 PM on ZOOM

WELCOME: President Jim McMullen welcomed everyone to the meeting.

CALL TO ORDER: President Jim McMullen called the meeting to order. There were 34 members present.
A moment of silence was observed.

OPENING REMARKS: Jim McMullen complimented everyone involved in the administration of the second round of Covid vaccinations which went beautifully. He also complimented Dining for the excellent Valentines Day Dinner.

MINUTES: Kathy Holstrom reported that the minutes of the January 11, 2021 Board of Directors' Meeting and January 18, 2021 General Meeting were posted in the Mail Room, the Library, and on the website. If there are any additions or corrections needed please put them in writing and place them in Kathy's cubby 135 and she will add them. Otherwise, the minutes will be filed.

CORRESPONDING SECRETARY'S REPORT: Marianne Jarvis reported that she sent 11 cards. Please let her know of anyone who needs one, even residents who are not necessarily sick but those who are upset over life's circumstances. If you need to get a card to a resident in Skilled Nursing, take it to the front desk and it will be delivered.

TREASURER'S REPORT: Tom Reed reported that as of December 31, 2020 the account balance was \$17,318 less the Employee Appreciation Fund of \$3,066, leaving an operating balance of \$14,251. Income for January was \$829 including \$500 from The Moorings and expenses were \$30.75. The surplus was \$790. The operating balance as of January 31, 2021 was \$15,041. The Employee Appreciation Fund was \$3,066 leaving an account balance of \$18,107.

ASSISTANT TREASURER'S REPORT: No report

COMMITTEE REPORTS:

Activities: Carol Bishop reported that a MSO concert is coming up on March 4th.
Bill Dunn has 18 teams signed up for indoor shuffleboard which started in February.

Bylaws: No report.

Communication: Tom Reed reported that Fine Line has fixed the problem with the list of emails printed in the Pictorial Directory. The Newsletter has been put in the cubbies.

Dining: No report.

Employee Appreciation: No report

TMALRA General Meeting Minutes, continued, February 15, 2021

Gift Shop: Gil Kaufman reported that the Shop had a very slow January with sales income of only \$320 against \$31 of expenses. That income and net for the month of \$290 was made to look considerably better by the inclusion of Bill Dunn's donation of another \$40 from the sale of his painted art rocks.

We would like to thank Bill for his generosity of contributing all of the proceeds from his sales of his painted art rocks, now totaling about \$150. We have more examples of Bill's art in the shop today so stop in to look for one for your cottage or apartment.

We would also like to welcome Tess de Rubertis and Fran Tobin to our list of volunteer sales persons. Bill Dunn has also joined our sales group.

As noted last month, donations have been fairly abundant after the holidays and we thank you for all those. However, we will always be needing more so keep the Gift Shop in mind when you run into those items you can now live without but someone else may not be able to resist.

Library: Judy Burgess reported that Library housekeeping sessions have been completed while maintaining safe distances.

We have added to the no-longer-useful books on the "Give Away Table so look for ones that are of interest to you.

All the Library committee members deserve a big "thanks," especially Mike Bair for faithfully recording all the new acquisitions of all kinds. These are entered on computer messages for all of us. Diane Bair has given us several most interesting display arrangements on various themes located on a shelf near the Give Away Table. These displays have included the poetry of Shel Silverstein, tributes to our residents who have served in the military, ways to boost our moods, and how to feel happy. Wonderful! Let's see what her next theme will be.

Nominating: No report.

Program: Rich Woolley reported that the Program Committee will have its first meeting since the Covid crisis on Wednesday, March 3, 2021 at 1 pm on ZOOM. This is exactly one year since our last meeting. The objective will be how to move forward. At this time, the auditorium capacity is still limited to 10 persons. Friday night movies will be a major topic of discussion. We do not anticipate regular monthly programs to start until September of 2021 at the earliest.

Jack Chapin asked why since we have all been vaccinated and Jim McMullen said that should be brought up at the next Exchange.

Resident Life Committee Report: Judy Burgess reported that the Committee met recently. Lauri Weeks and four residents discussed ways to continue the good works of the floor and cottage representatives. After the initial contact with the new residents, Lauri could arrange small group meetings with the newcomers and the reps. They could discuss parts of the handbook, respond to questions and concerns, and suggest ways the new residents might become more involved.

Wellness: Sharon Hoover reported that the Wellness Center is located in a new space. Facing the old door to the Wellness Center, turn left and walk down the hallway. The new center is through a glass door on your left. It is now open from 10 to 12 am Thursday and Friday for independent residents. There is someone there to respond to simple things such as taking blood pressures, taking weight, assisting with bandaids, scheduling lab appointments for blood work, and answering simple questions. The person on duty is a nurse and may not diagnose. Only doctors may diagnose.

The Wellness Center does not give medications. That can be arranged but requires a qualified nurse. Wrapping bandages is also not provided by the Wellness Center—that is a fee-for-service done by nurses from Safe Harbor or by outside health aides. It is best done by appointment.

If in doubt about whether a service is provided free or through fee-for-service or an outside health aide, ask in the Wellness Center enough in advance that whatever the need is can be arranged for in good time.

Residents considering Dr. Sehgal as their primary doctor should know that he is specially trained in geriatrics. Also, for all residents, he is the doctor on call in Health Care.

In emergencies, a resident can receive simple care from a nurse called from Safe Harbor. If the nurse decides so, the resident may or may not be sent to the hospital by private car or by ambulance. My own experience of this is my husband's sliding on his face after a fall. A nurse from Safe harbor did initial first aid, then we took him to the hospital. If he had not been ambulatory, the nurse would have called an ambulance.

For night care, other than emergencies, residents should make arrangement through a fee-for-service arrangement either in or out of house.

For possible heart attacks and strokes, day or night, call 911. Immediacy is important.

For falls or extremely unclear problems, residents should pull the call cord in their apartment or Cottage. Nurses and maintenance persons show up immediately to assess the situation, provide immediate help, if appropriate, and call an ambulance if necessary. My experience with this is dehydration (resulting in serious dizziness) during the summer. I must remember to drink three full glasses of water during the am and during the pm. Determine what your needs are, then follow them just as you would in taking medicine. We elderly often do not realize we need water.

If you have questions about the Wellness Center and the things that it provides, you may call Sharon Hoover at 302-296-618 or e-mail sleehoover@gmail.com. Remember, we are independent residents who provide as many services for ourselves as reasonable. However, we are fortunate to have professional help nearby if we need it.

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The Wellness Committee is being revived. Anyone is welcome to attend meetings. Residents are also welcome to call to report problems or to ask questions of Sharon Hoover anytime. Meetings will soon be announced.

Woodshop: No report

AREA REPORTS:

West Wing, 1st floor – Nancy Krail reported no change; one vacancy

West Wing, 2nd floor – Pat Cummings reported no change; two vacancies

East Wing, 1st Floor – Bunny Guerrin reported no change; one vacancy

East Wing, 2nd floor – Diane Bair reported no change; no vacancies

Cottages – Elsie Gould and Sherry Chappelle reported no change and 6 vacancies

Assisted Living – Gil Kaufman reported that the current census in AL is 28/29-97%, in Safe Harbor 11/14-78%, in Skilled 25/40-62% (The reduced level for Skilled Nursing is still the result of modifications to accommodate positive Covid 19 residents and limitations in nursing staff.)

Among the losses in Skilled Nursing was Ellane Hein, ending the long run of the first couple to move into what was then called Cadbury at Lewes.

OPEN FORUM: Ed Carter's 102nd birthday is on February 25. There will be a surprise birthday party for him on Zoom at 12:45 (come a little early). He will be told to go to the auditorium at that time and we will all be on Zoom to welcome him. Birthday cards should be taken to the front desk to be ready to give to him. There will be birthday cake in the Bistro so everyone should go there after the party to take the cake home and enjoy it.

OLD BUSINESS: None.

NEW BUSINESS: None

ADJOURNMENT: There being no further business, the meeting was adjourned at 4:02 pm

Respectfully submitted, Kathy Holstrom, Secretary