

THE MOORINGS AT LEWES RESIDENTS' ASSOCIATION

Board of Directors' Meeting Minutes

Monday, April 12, 2021; 3:30 PM on ZOOM

WELCOME: President Jim McMullen welcomed everyone to the meeting.

CALL TO ORDER: President Jim McMullen called the meeting to order. All Directors were present except Sharon Hoover.

A moment of silence was observed.

MINUTES: Kathy Holstrom reported that the minutes of the March 8, 2021 Board of Directors' Meeting and March 15, 2021 General Meeting were posted in the Mail Room, the Library, and on the website. If there are any additions or corrections needed please put them in writing and place them in Kathy's cubby 135 and she will add them. Otherwise, the minutes will be filed.

CORRESPONDING SECRETARY'S REPORT: Marianne Jarvis reported that she sent 9 cards. Please let her know of anyone who needs one, even residents who are not necessarily sick but those who are struggling with life's circumstances. If you need to get a card to a resident in Skilled Nursing, take it to the front desk and it will be delivered.

TREASURER'S REPORT: Tom Reed reported that as of February 31, 2021 the account balance was \$17,552 less the Employee Appreciation Fund of \$3,066, leaving an operating balance of \$14,490. Income for March was \$3,620 and expenses were \$64. The surplus was \$3,556. The operating balance as of March 31, 2021 was \$18,042. The Employee Appreciation Fund was \$3,066 leaving an account balance of \$21,109.

ASSISTANT TREASURER'S REPORT: Mike Bair reported that as of 4/12/21, 93 residents (62%) have contributed \$3,015 to the TMLRA Membership Drive. A reminder will be sent to those who have not yet contributed.

COMMITTEE REPORTS:

Activities: Carol Bishop reported that the Committee looks forward to having a meeting the first part of May. We have been unable to plan trips and restaurant excursions due to the Covid restrictions. Even though we are still under state rule, it appears that may be reduced soon so we can function as a committee and make plans.

Indoor shuffleboard is progressing well but it is time to plan to open the outdoor court. This will take several volunteers to accomplish the task. This had been a most enjoyable gathering place both for players and spectators in the past, so I am hopeful someone will come forward and take the leadership role.

I hope to start Chorus with masks and distancing sometime in May. Even though we will not be making a beautiful sound, we will at least be learning the music.

The next Mid- Atlantic Symphony Concert will take place on Thursday, April 22nd in the Auditorium. It will only be shown that one time. Watch channel 970 for the notice.

Bylaws: No report

Communication: Tom Reed reported that the deadline for the next Newsletter is May 1st. Updating is being done on the Residents' Handbook and the Moorings' Handbook.

Dining: Corrinne Lehman reported that the Committee met on April 1, 2021 on ZOOM.

Plans are being formulated, within state mandates, to open the Dining Room. There will be regulations to be followed. Capacity will be 50% seating, no group seating, and tables and diners will stay 6' apart.

In the bistro the tables are disinfected throughout the day. The chemicals used are destroying the finish on the tables.

New recipes are being developed for spring and summer—some as early as May 1. There will be four-week menus for health care.

A cook is being interviewed this week. There is a shortage of help again. Qualified People are not available to hire. The high school has a culinary class and may have some students who could work.

One of the newer foods being considered is a healthier large salad. Email comments are welcome as well as the comment cards. Popular dishes are being noted and higher-end menu items are being explored for maybe one or two times per month.

Six-week menu rotation cannot be done. Itemized statements of comments from the comment cards will soon be available again for viewing.

Corrinne is looking for someone to take the minutes at the meeting. Please let her know if you can help her with this. Last month Claire Thomas did an exceptional job.

Employee Appreciation: No report

Gift Shop: Gil Kaufman reported that he is pleased to announce that Diane Bair has agreed to become the Assistant Manager of the Gift Shop. She has been doing a terrific job of supporting the Shop in many ways and this is a very appropriate classification.

For March, the Gift Shop income was \$310 and expenses were \$47, so our contribution to the TMALRA Treasury was \$263. Our total contribution this year is about \$819 which is less than was budgeted but not bad for these first three pretty quiet months. Hopefully we will catch up.

Over the past year we have accumulated a mass inventory of jigsaw puzzles so we are going to have a clearance sale at 50% off, and much of what does not sell will go to a thrift shop. So this is your chance. Come pick out one or several puzzles to amuse your quiet times.

For those more interested in the history of The Moorings at Lewes and its origins as Cadbury at Lewes, several volumes of early photographs and promotional documents have been added to a shelf in the Library. These were originally assembled by Lynette Palin and Patti Griffin, part of the original staff, and stashed away until recently rediscovered. An historical record is also being assembled, the first edition of which should be available by June.

Library: Judy Burgess reported that the Library now has five albums on the shelf where the bee books were shelved. In these scrapbooks are amazing collections of mementos and photographs from the early Cadbury history. You can see shots of the original corn fields as well as construction of the big house and cottages from start to finish. There are photos of Vic Amie, Lynette Palin, and many others as they oversaw the development of this senior resident community. In other books you will find pictures of get-togethers and parties that used to be held here, as well as many special photographs of people who are no longer with us.

One of these was recently discovered in the bottom of the closet in Jen Silvestri's office. Some of these albums are fragile so please take them to the table in the Library to have a better look. These will be on display for a few months until we find a shelf for a more permanent location. They are a real treasure!

We have had a real Library Committee meeting in the auditorium, all of us at a safe distance. We are planning another housekeeping session as so many of you have made donations recently. Your donations of books have come in beautifully but not the magazines. Please let us have your not-too-old issues for our magazine racks. These may be placed on the shelf under the "donations" box by one of the doors.

Nominating: No report.

Program: Rich Wooley reported that the May movies have been posted on the Website, as follows:

5/7 Miss Potter
5/14 The Two Popes
5/21 The Dig
5/28 The Lion King

As usual, a description of the movie may be obtained by clicking on the movie.

Wellness: Sharon Hoover reported that she met with Director of Nursing, Mary Drandorff and Assistant Living Coordinator, Jessica Schaub. The meeting was friendly and productive.

Jessica serves as the "head of wellness" which means that she coordinates a range of duties involving wellness at The Moorings, including the Wellness Center. Currently she is working to update records needed by the staff concerning the medical records of residents.

Unfortunately, a draft copy of a questionnaire regarding independent living residents' medical information was sent to many residents. Jessica was very apologetic about this inadvertent mistake. Some residents received a finalized information form. All residents will be supplied with the correct form. The top of the finalized form carries the logo of The Moorings at Lewes.

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Residents should complete this form to be filed in the Wellness Center for each resident, making it handy for reference at any time. This allows the medical personnel at The Moorings to retrieve information quickly in an emergency.

Some residents may object that they have already filled out such information. The Wellness Center and the Wellness Committee would respond that such information may change for individual residents and it is important always to know that such information is up-to-date. Residents who have no way to make copies may ask the Concierge to make the copies of the Advance Directive for the Wellness Center.

We also talked about the File of Life (FOL) that ought to be attached to each resident's refrigerator. Knowing the location of this information greatly facilitates emergency responders' reactions when they are called. I cannot emphasize too greatly the manner in which having this file available easily in each apartment or cottage helps an ambulance crew, etc. These files should be checked often to make certain that they are up to date and complete. I suggest that a friend or helper check a person's file just for clarity.

My daughter checked mine just last weekend and found that I had overlooked the dosage for one of my medications and that I had misspelled another. She and her son serve as emergency responders and explained to me how complex the medication names, dosages, etc., are today and the lengthy time required at times for medical personnel to figure out exactly what medications to order for patients. Medications often have similar names and dosages can vary widely and importantly. Residents who need a new FOL packet should notify Lauri Weeks who will provide one.

The last time the Wellness Committee talked with residents about the File of Life, residents were urged to complete the File of Life with what is called a DMOST—Delaware Medical Orders for Scope of Treatment. This form asks for the type of medical intervention the patient will accept and those the patient does not want administered. I found it informative for my personal understanding and easy to fill out. Medical personnel find it extremely useful because it is clear about what interventions the patient does and does not want at the end of life. Such decisions should not be in the hands of medical personnel but decided by the patient ahead of time—preferably with the knowledge of family members.

Woodshop: Richard Thomas reported that Dean is making stacking tables for a resident.

AREA REPORTS:

West Wing, 1st floor – Nancy Krail reported no change; two vacancies

8uWest Wing, 2nd floor – Pat Cummings reported that Fritz and Elkbeth Wahl have moved into Apartment 215; one vacancy

East Wing, 1st Floor – Bunny Guerrin reported that Don and Milly Gillam have moved into Apartment 122; no vacancies

East Wing, 2nd floor – Diane Bair reported no change; no vacancies

Cottages – Elsie Gould and Sherry Chappelle reported no change and 8 vacancies

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Gil Kaufman reported that the census in healthcare at the end of February was as follows:

Assisted Living 28/29-97%,
Safe Harbor 13/14-93%,
Skilled 28/40-72%. (The reduced level for Skilled Nursing is now reported to be reluctance to use nursing home type facilities.) Three residents in skilled are in quarantine.

OPEN FORUM: Jane Lord reported that Springpoint has joined the Diversity, Equity, and Inclusion (DEI) movement, a nationwide initiative taken on by businesses, industry, and organizations around the country. The movement is not just about philosophy or ethics; it's a matter of economics. Demographic research studies show that the older population is becoming—and will continue to grow—more and more diverse, and organizations that ignore these trends are not likely to survive.

Springpoint has created a DEI team, including marketing, human resources, operations, and staff in its various communities, and they have invited residents to set up a committee or working group to provide our “unique perspective and wisdom.” The Springpoint DEI Committee will report to Resident DEI Committees on its organizational progress as well as work with resident representatives on ways they might champion DEI at each Springpoint community.

I've been on several conference calls with Maureen Cafferty (Springpoint Senior VP) and representatives of the other life plan communities, and the next step is to set up a residents' working group here at The Moorings. Our mission, broadly, will be to foster diversity, equity and inclusion within our community. The question is—how might we do that? We need to talk, share ideas and resources, and then see if we can come up with some realistic goals. Please let me know if you would like to be part of this effort.

I'll be setting up a meeting for the end of this month (April 29 or 30). Hopefully, we can do it in person.

Jim McMullen reported that the delay in remodeling is due to the lack of availability of materials and the lack of availability of skilled workers.

OLD BUSINESS: None

NEW BUSINESS: None

ADJOURNMENT: There being no further business, the meeting was adjourned at 4:38 pm

Respectfully submitted, Kathy Holstrom, Secretary