# THE FREE PRESS



# The Moorings at Lewes Residents Association

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## President's Message

Can you believe it? Spring is finally here; it's a beautiful day

today as I write this, warm and sunny with a light breeze.

A perfect day for a walk, a bike ride, or to plant those pansies by your front door.

Things are beginning to loosen up. The pandemic-imposed capacity in the Auditorium has increased to 25 from six. Plans are in place to open the Dining Room (with limited attendance). Bus service to super markets and other local businesses has resumed. Are we soon to get back to normal life here? Let's hope so.

The things we do and the activities we enjoy come about in large part by the work of our volunteer committee members. We need volunteers now so we can ramp up when the pandemic restrictions are lifted.

There are a number of TMALRA committees. The ones that affect us daily are Activities and Dining Services. Committees aimed at enhancing quality of life here include Employee Appreciation, Gift Shop, Library, Program, Wellness and Wood Shop. Finally, there are the committees governing how we work together; Bylaws, Nominating, and Communications.

If you are interested in any of these areas or if you want to use your special skills, talents, and experiences, contact the committee chair. They will be more than happy to chat with you.

Finally, we are winding up our annual dues drive. If you have not already done so, please make your contribution now.

Stay well, Jim McMullen

## THE GIFT SHOP'S STALWARTS

It is timely to recognize the hard work and consistent support of our Gift Shop volunteers who keep the Shop open on a regular schedule for you despite the limitations of the pandemic.

We are pleased to have Diane Bair stepping up to be our new assistant manager of the Gift Shop. Diane handles almost all the day-to-day operations, purchasing candy, ice cream, and beverages for sale, evaluating incoming donations, and keeping the display shelves looking great. We thank Diane for taking this on and for how well she carries it off.

In addition to Diane, we have a fine cadre of regular sales volunteers, each of whom handles one of the two-hour slots every week:

Tess de Rubertis (our newest fulltime sales volunteer, replacing Bill Peterson)

Maurine Hale

Carol Lader (along with Jeanette, another relatively new volunteer)

Jeanette Lee

Jane Forgie

Elsie Gould

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#### **Board of Directors** President Jim McMullen Vice President Don Smith Treasurer Tom Reed Asst. Treasurer Mike Bair Secretary Kathy Holstrom Corresponding Secretary Marianne Jarvis Past President Gil Kaufman **Area Representatives** Cottages Elsie Gould Sherry Chappelle East Wing **Bunny Guerin** DianeBair Nancy Krail Pat Cummings West Wing Assisted Living vacant **Committee Chairs** Activities Carol Bishop By-Laws Jane Lord Communication Tom Reed Corinne Lehman Dining Empl. Appreciation Carol Lader Gift Shop Gil Kaufman Library **Judy Burgess** Nominating Gil Kaufman Program Rich Wooley Wellness Sharon Hoover Wood Shop Richard Thomas TMALRA Free Press (Printed Quarterly) Editor Sharon Hoover Layout David Bleil Distribution Joanne Nichols **Board Mtgs** 2nd Monday General Mtgs 3rd Monday

# Llywella Stuchlik

This group is backed up by a very willing group of substitutes, generally able to step in on short notice when one of our regulars has a conflict:

Bill Dunn

**Jackie Buttimer** 

Joan Hayes

**Ruth Morton** 

Pat Nye

Fran Tobin

Jackie, Bill, and Fran are all relatively new to the substitute ranks, and we welcome them aboard.

Finally, but importantly, Marianne Jarvis looks after our greeting cards plus is a great assist in moving things along to the thrift shops in the area as that service is needed.

Please stop in the Gift Shop someday soon and thank these volunteers for their service.

Gil Kaufman 04/13/21

# **Magazines for the library**

We need more magazines in our Library. Please donate your not-too-old issues for others to enjoy.

Your magazines can be put on the shelf below the 'Donations' box. We will place them in our magazine racks.

> THANKS, Judy Burgess

Yarn is free in the craft room. Plan your future projects and get free yarn. The price will never be lower!

# **GOOD TIMES ARE ON THE WAY**

As we continue to re-open and start gathering in small groups, the Activities Committee met on Monday to look at what activities we can safely bring back and bring us so much anticipated FUN!! We also added a Meet & Greet Coffee Hour to be held in the Bistro every Monday and Thursday mornings from 10:00A.M. to 11 A.M. starting the week of May 24<sup>th</sup>.

Masks and Social Distancing are needed for the Coffee Hour---but it will still be fun!

It would be great if you visit a Coffee Hour, meet your neighbors and sign up for a fun activity or two of your choice. The Sign-up sheets will be given to the ambassador of each activity and they will follow up with you.

ACTIVITY  Book Club	DAY & TIME 2 <sup>nd</sup> Tuesday at 7pm	VENUE Auditorium
Canasta Chorus Cribbage	Wednesday at 6:30 pm Tuesday at 11am	Living Room Auditorium
Dominos Drop In Color Group DVD Night Five Crowns Friday Night Movie Horseshoes	Tuesday at 1pm Mondays at 1:00pm Thursdays at 7p. Mondays at 6:30 Fridays at 7pm	Bistro Bistro Auditorium Bistro Auditorium
Mah Jong Pinochle	Sundays at 2:00pm Thursdays at 3:30	Living Room
Poker Recyclers Rummy Cube	Fridays at 1pm Fridays at 10:30am Saturdays	Auditorium front door
Scrabble Club	Tuesdays at 1:30pm	Creative Arts Room
Shuffleboard - 3 strikes Shuffleboard - Bowling Bible Study		,

Finally, if there is another activity, game or opportunity you are interested in leading here at The Moorings, we would love to hear from you! Please, come to a coffee hour and let us know! If you can't make it to Coffee, give Carol Bishop a call at 302.645.0594

#### What is a 'Think Tank'? What Does It Do?

You've probably heard the words "think tank." But you may wonder exactly what goes on "inside" the tank. What is everyone "thinking," and for what purpose? In fact, a "think tank" is just the informal name given to a research organization that studies public policy. Think tanks have a practical goal and a benevolent purpose: they conduct research to help government agencies and private institutions develop public policies that will benefit our civil society.

There are about 2,000 think tanks in the United States, where they first originated about 100 years ago, The Brookings Institution in Washington D.C. is often considered the first think tank. Originally called the Institute for Government Research, it was founded in 1916 by the philanthropist Robert Brookings. Since then, think tanks have proliferated across the United States and around the world. A recent University of Pennsylvania study surveyed 6,545 think tanks in 182 countries.

#### **Diverse Missions and Activities**

Many think tanks focus on specific government functions like U.S. tax policy or military spending. Others survey wideranging issues such as the problems of a global economy or the environment and climate change, or they may launch investigations into problems of democracy and violations of human rights. Some think tanks examine large geographic regions (the Middle East, Asia) while others concentrate on smaller sectors like issues facing rural America or inner cities.

Many think tanks focus on the public policies of individual states. The State Policy Network (SPN), for instance, is a coalition of free market oriented think tanks located in most of the fifty states. In Delaware SPN's affiliate is the Caesar Rodney Institute, which is named after a signer of the Declaration of Independence. Often you can identify a think tank's mission by its name—the Committee for a Responsible Federal Budget or the Foundation for Defense of Democracies.

The largest and best-known think tanks in the

Washington D.C. area are the Brookings Institution, the American Enterprise Institute, the Heritage Foundation (where I once worked) and the Cato Institute. Their names are less specific, probably because they try to cover all areas of public policy. They publish books, newsletters, and short monographs, sponsor lectures and conferences, hold briefings for members of Congress and Executive branch, give interviews to the press, and try to persuade newspapers and magazines to publish their op-ed commentaries. Most recently, think tanks have discovered social media: they have their own podcasts, Facebook pages, and even Twitter accounts ("tweets").

## **Budgets and Revenue Sources**

Think tanks rely on their own in-house research staff and on outside policy experts, and they have budgets of varying size. One of the largest, the Heritage Foundation, lists on its website a staff of 274 policy experts and administrative staff and a 2019 revenue of \$120 million. The Brookings Institution's 2019 revenue was \$102 million.

This raise the obvious question:

# Where do they get their money?

Typicaly, most American think tanks are classified by the IRS as 501(c)(3) public charities. This lets them solicit contributions from individual donors (who receive a charitable tax deduction) and from tax–exempt philanthropic foundations. Every year the IRS requires each nonprofit think tank to submit a detailed accounting (called a Form 990) which itemizes its revenue, expenditures, and activities, and lists its largest donors.

## IRS Oversight

To maintain its nonprofit status a think tank must assure the IRS that it does not engage in electoral politics, legislative lobbying, or have any unrelated (hence taxable) business activities. Any nonprofit that violates these requirements could lose its tax-exempt status—and its donors would lose their tax deduction. However, think tanks are permitted to receive government grants and contracts, as well as

contributions from corporations, or unions and other special interests.

Of course, a think tank that got most of its money from only a few interested donors could raise questions about its independence and objectivity. That's why the IRS requires think tanks, like other nonprofits, to be broadly supported and nonpartisan in order to be exempt from taxes. To be sure, when think tanks make specific recommendations on foreign and domestic public policies these frequently do have a political orientation, and the news media is quick to describe them as liberal or conservative, and favorable to Democrats or Republicans. Sometimes these descriptions are accurate and sometimes they are not.

# The Future of Think Tanks

Think tanks today are increasingly professional and financially well off. But the irony is that their influence on policymakers may be declining. As our society becomes more and more politically polarized, politicians have less incentive to rely on think tank research. Instead, they react to public opinion polls, TV shows, and radio talk shows, and pressure from partisan advocacy groups.

Can think tanks compete with "tweets"? Worse, if think tanks try to imitate the tactics of noisy political groups they risk losing their reputations. After all, their most important product is reliable public policy research.

**Terry Scanlon** 

When we were young they told us to reach for the stars.

Now they tell us to reach for our toes.

# Covid quips -

A couple of Army Vets standing in the Post Office line were heard to remark "I never thought I would see the day when I would be pouring more alcohol on my hands then in my mouth."



We are cleabrating the return to the Chart Room dining, but I think we are wearing the wrong masks.

Bill Dunn

## **Rathskeller Ramblings**

Greetings, all, from the East Wing second floor Rathskeller. The red ale is aging and slowly being enjoyed by yours truly. It was bottled in October and hasn't mellowed as I'd hoped. It is still somewhat sharp on the tongue and the flavors are just now blending. Additionally, there is a little excess foam so I need to be careful when pouring.

Now the good news. I now have the Whiskey Barrel Stout that you all enjoyed so much before we went into isolation. I brewed it a few days ago and here's the story. The ingredients included dark malt extract. (We are brewing stout, a dark ale, after all.) That malt is a dark syrup and tastes for all the world like sorghum molasses. This will add an interesting flavor note. The other ingredient I'll tell you about today is the dry malt extract. This one is a light brown, tan colored powder and it tastes like the malt powder at the soda fountain.

Malt is used because it is yeast's most favorite food. The brewing process including malting the grains is aimed at converting flour, starch, and complex sugars to simple sugars like maltose.

OK, on with the story. The one-hour boiling started quite well. Usually there is a lot of foam early-on but this day the kettle was well-behaved. Two small batches of hops went in on schedule and the rest of the process was uneventful. Transferred the finished wort to the fermenting container, added the yeast (that's called pitching) and "put it to bed" for fermentation.

Fermentation usually starts about 24 hours after the yeast is pitched. This time it started at the 12-hour point; very early. A few hours later it was a runaway fermentation. Foam was leaking from around the lid and the air lock was completely clogged with sediment. Considerable pressure had built up in the fermenter so I carefully removed the air lock for a few hours until the process settled

down. This happened once before and the brew store guys said the yeast was "very happy" and that it isn't a problem just a lot of extra clean-up.

Next, I'll add the whiskey barrel wood chips. Bottling is scheduled for mid-May and pouring in early June. Let's hope we can assemble by then.

Jim McMullen 05/01/2021

# Paul Laurence Dunbar, tells us what a summer's day feels like to him:

When August days are hot an' dry,
I won't sit by an' sigh or die,
I'll get my bottle (on the sly)
And go ahead, and fish, and lie ...

# One of England's greatest nature poets, John Clare (1793-1864) tells us that in August (maybe a bit later here in Delmarva):

Harvest approaches with its bustling day The wheat tans brown and barley bleaches grey

In yellow garb the oat land intervenes

And tawney glooms the valley thronged
with beans

Never try to out-stubborn a cat! **Robert Heinlein** 

## **Book report**

In the 1580's a couple living in Henley Street Stratford had three children: Susanna, then Hamnet and Judith who were twins.

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The boy, Hamnet, died in 1596, aged eleven.

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Four years or so later, the father wrote a play called Hamlet

So begins Hamnet: a novel of the plague by Irish writer and novelist, Maggie O'Farrell. From shards of Shakespeare's life, O'Farrell weaves a magical tale of one family in the tumultuous times at the end of the sixteenth century. Its focus is not the unnamed playwright. Instead, his wife, Agnes (pronounced Ann-yis) Hathaway, a free spirited healer with seemingly magical powers, takes center stage.

This historical novel is constructed on the bones of what few facts are known about the family, but is rich with historical details. O'Farrell uses her research into the natural world, farm and town, and commerce of the time and fills it with everyday strife and language to build a vibrant cinematic story. You hear, smell, taste and feel life in its pages. Sun "glowers", fire "ruminates in its grate", a kestrel's breast is "pale and rippled like the bark of a tree". For me, reading Hamnet was like falling into a river, then being swept along by the current of lush language, intriguing characters and a compelling plot. The details never clog or cloy, but make a multilayered tale.

Even as we think we know the climax of this tale, O'Farrell keeps us involved by toggling back and forth between the day of Hamnet's illness and death and the backstory of life on Henley St. before it. And, what would seem to be the end of the story moves on to the connection between boy and play with his name. More than fine storytelling, this book is a timeless exploration of family life and grief. NPR called it a tour de force.

Hamnet received a lot of attention as a novel about a plague coming out as the world was taking on the challenge of a new one. But, of course, this book took a number of years to write and then one to two years in the publishing process: fateful timing, not planned. The National Book Critics Circle awarded Hamnet its Fiction prize for 2021 and it appeared on multiple "Best of..." lists from last year. For me it was just as magical on the second reading as the first. I could dive into its pages again and again for the sheer beauty of the writing.

The book's dedication is "To Will". Will Sutcliffe, her husband? Or perhaps that other Will – of Stratford, the Globe and immortality. Or both.

#### FOR HISTORY BUFFS

#### LIBRARY LINES

Do you want to read something by a different author than you usually choose? There's a way you might find a book in our library by using the Delaware Library catalog.

Go into the website for lewes.lib.de.us and go to their site. Click on catalog.( upper right a little button)and click " go"Click on all fields and click on the arrow and select subject

Type a genre (subject) such as Mysteries, Historical fiction, Westerns, Romance whatever genre you are looking for and a list of books in the Delaware libraries will appear on the screen. with details such as synopsis of the story.

Now stop by our Moorings Library and see if we might have the book that you chose. I'd suggest that you write down several authors and titles as we won't have all that they list.

The following are some authors you might like to try.

Mystery:- Chris Bohjalian, Charles Finch, Tana French , Louise Penny

Historical Fiction :-Bernard Cornwell, John Jakes, Jeff Shaara

Humor:- Janet Evanovich, Fannie Flagg, Erma Brombeck

Legal Thrillers:- John Grisham , Robert Tanenbaum, Michael Connelly .

Elsewhere in this Newslettter you will find an article written by Gil Kaufman concerning recent additions to the Moorings Library. Really great stuff, pictures and text, about Cadbury/Moorings history. Be sure and read some of them. Also, we'd like these kept in the library.

By Mildred Wiedmann

For those interested in knowing more about the history of Cadbury at Lewes, now The Moorings at Lewes and/or about our resident association known as previously as CALRA and currently as TMALRA, a number of documents are now in the Library for you.

One is the third edition of The History of the Cadbury at Lewes Resident Association (CALRA) and The Moorings at Lewes Resident Association (TMÅLRA) which focuses on the creation and portfolio of activities of our resident association since the Cadbury at Lewes facility was first occupied. Also included with this volume is a complete listing of the full-time residents who have passed since the facility opened, listed both by both date and alphabetically by last name. Another is a group of photographs albums with early pictures of some of the first residents and their activities at Cadbury at Lewes, and a book of newspaper articles and documents produced for early residents that you are free to peruse. Our thanks to Lynette Palen and Patti Griffith who assembled these and left them for us. Please note: These are all considered reference volumes; do not remove them from the Library. Soon to be added to this group of historical documents is the first edition of The History of Cadbury at Lewes (CAL) and The Moorings at Lewes (TMAL) which covers the early planning, construction, and occupying of our facility up through and including its affiliation with Springpoint Senior Living and beyond. This history includes photographs of the early construction of our CCRC.

By nature, the two newer historical documents are evolutionary in nature and will be added to as things develop in the future. Anyone finding errors in the either of these histories or having information they believe should be added to either is asked to please let me know by e-mail

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Gil Kaufman (gil.kaufman@comcast.net) or phone (302-703-2422).

## The Display Case for collections



The display case in the Moorings front entrance is a familiar sight. Gil Kaufman and Don Wiedman were collectors who first came up with an idea, about 10 years ago over morning coffee. It is for displaying the collections of Moorings (then Cadbury) residents for all to admire. So many of us have over the years collected items of personal interest. The cabinet was made in the Moorings wood shop by Dean Hoover based on sketches from Gil Kaufman. The case is designed for flexibility to accommodate different size and shaped objects to be exhibited. The top shelf is removable for collections of larger objects. The display case was designed to make viewing from wheel chairs easy.

Currently, Tom Lord is responsible for soliciting and scheduling collections and he is the person to see if you have a collection of something you think would make an interesting display. Residents providing the collections, the exhibitors, are responsible for providing any labels needed and for arranging the exhibit. Displaying personal collections can be a great way for residents to get to know more about each other.

The first exhibit was in October 2011 and a new collection has been displayed every month since. So many residents have contributed collections for exhibit over the years that it is becoming more difficult to find new collectors and collections to exhibit. The one stipulation is that items must have been collected. This is not for display of personal artwork, there are other venues in the Moorings for that. Please contact Tom Lord if you have collected

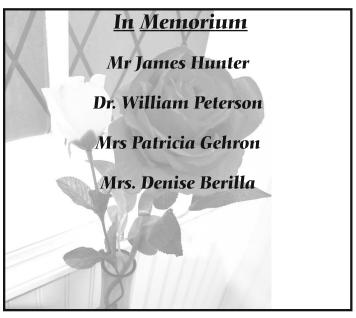
# Welcome new residents.

Larry & Julia Myers - cottage 36

Don & Millie Gillam - Apartment 122

Frederich & Elsbeth Wahl - Apartment 215

Joe & Dotti Ellis - Apartment 233



anything you think might make a display of interest to other residents of the Moorings.

More than 51 different exhibitors have contributed their collections to be shown from pottery to classware, pewter, stamps, wood carvings, duck decoys and military figures. With new residents joining us all the time there will always more personal collections waiting for their month of fame.

Please volunteer yours to Tom Lord. phone 302-827-2299

## The Frogs in the Chorus

On warm, rainy Spring nights residents of the Moorings can hear frogs and toads calling. They are advertising for mates and the sounds will always come from near water such as our ponds. There is only one kind of toad and several kinds of frogs in the Lewes area. Toads are adapted to a dryer environment. They have dry, warty skin and shorter legs than frogs do. Toads hop, frogs leap. Toads also have glands behind their eyes which produce a poison slime which helps protect against being eaten by dogs or cats.

Frogs have moist skin and live in moister environments. Frog and Toad's eggs lack a membrane to keep them from drying out and the eggs must be laid in and remain in water to successfully hatch. The eggs do not hatch into miniature frogs but an intermediate form known as tadpoles.

Tadpoles are initially without legs but develop them as they grow. Once the legs are functional, the Frog or Toad may leave the water and live on land. But they must return to water to breed. In Delaware the spring is the wettest season and frogs are seeking out ponds and water filled ditches for their eggs.

From the frog's point of view not all ponds are created equal. The best breeding pools must dry at least once a year. Otherwise there will be fish predators. The ponds must not dry out too quickly or the young will not complete their development.

Of all the ponds on our campus only the large central pond {lake anonymous? \*\*} behind the apartments and the pond near the dog park will hold water long enough to be suitable for breeding frogs, although the larger pond may have fish. At least the Blue Heron thinks so.

In the spring frogs are searching for the right environment for mating and having found one, they must advertise their location with loud calls to attract mates. Each species has a call which is distinct from other species but is the same for any

other frog of their own species. When multiple frogs are calling at once the sound can carry far and be noticeable at The Moorings. If you listen carefully you may be able to determine which species is calling.

The only toad is found in our region is Fowler's Toad. These toads can be found near dense human habitation. Their call has been described as a loud nasal w-a-a-ah lasting one to four seconds.

The identical Gray Tree frog and the Cope's Gray Tree frog produce a loud flute like trill usually from early May to late June. The trills last from a half second to two seconds.

Northern Spring Peepers give a highpitched peep ending in an upward note. As many as 25 peeps per minute can be uttered by an individual male. Groups of males calling together can produce an almost continuous sound. These are the earliest frogs to begin calling in this area starting in late February to early March depending on weather. The best place to hear them is along the Junction to Breakwater trail in the wet woods area. Breeding choruses may be heard through May.

Bull frogs have a deeper pulsing jug-o-rum sound. These large frogs seem to prefer man made ponds, golf course ponds and back yard ponds.

Carpenter frogs sound like a hammer hitting a nail, hence their name. They are not likely to be found near here

#### David Bleil

\*\*There are other frogs in this region but these are the ones most likely to be encountered by Moorings residents. Much of the information in this article was obtained from the book Amphibians and Reptiles of Delmarva by James and Amy White, Tidewater Publishers, ISBN 0-87022-543-X.\*\* It has been suggested that we should have a contest to pick a name for the large central pond at The Moorings which I have temporarily dubbed "Lake Anonymous" after the most prolific writer and artist in the western world. Something more appropriately local would be better. Suggestions submitted to Sharon Hoover will be compiled and considered for the next issue of The Free Press.

#### When the Annandale lived in Lewes



There was a time in the late 1970s and early 1980s that there were two ocean going oceanographic research vessels home-ported in Lewes, Delaware. One of them was the R.V. Delaware owned and managed by the University of Delaware School of Marine and Atmospheric Science and the other was the R.V. Annandale owned and operated by the Marine Science Consortium of universities in Washington, DC. This time was near the end of the golden age of ship board marine sciences before the microcomputer revolution of marine research and universities were training large numbers of future marine scientists.

The two research vessels often cooperated in studies funded by the U.S. Government including the studies of the Dupont sludge/acid dumpsite on the continental shelf off the mouth of the Delaware River and of various sewage sludge dumpsites off shore in the Mid-Atlantic Bight, that area between New York and Cape Hatteras. Some of these sites were suspected of being the source of syringes washing up on area beaches. Studies of the currents at the dump sites proved that they were not.

The Annandale was originally docked at the former menhaden processing plant built in 1883, by the Luce Brothers and S.S. Brown & Co. By 1938, the Consolidated Fisheries Company of Lewes was the largest menhaden processing plant in the United States. Under the management of industry leader and long-time Mayor Otis Smith,

Lewes was one of the largest landing ports in the country, serving as the home base for a fleet of 25 ships employing over 650 crew members.

By the mid-1960s, a decline in the amount of fish resulted in the termination of local menhaden fishing operations and the end of an era for the Lewes community. After the fishery closed in 1966 the large docks remained and some of the processing facilities were later converted to laboratory space by the Marine Science Consortium.

The Annandale was built in Stavanger Fiord, Norway, as a North Sea search and rescue vessel. She was subsequently purchased by an heir to the P. Lorillard, Tobacco Company for use as his private yacht. He named the vessel Annandale after the Virginia town of his birth. Eventually the vessel was acquired by the Consortium and outfitted for research work. The decorative teak woodwork was removed, winches and a large room made from a cold storage locker was installed on the fore-deck as laboratory space. This can be seen as the white cube in front of the main cabin in the photo above.

When the abandoned Smith Menhaden Plant was destroyed by fire, the laboratory facilities were relocated in the Universities of the Consortium and the ship was docked in the canal near the drawbridge at what is now a small park.

For several more years the vessel worked on contracts with the Bureau of Land Management surveying regions of the coastal plane where off shore oil drilling leases were being issued. The Annandale towed a submersed acoustical mapping sled over a grid pattern all summer for two years. She was mapping the regions of unconsolidated sediments which would be too unstable on which to site oil drilling platforms. No oil was found.

As research funding dried up, the ship became too expensive to maintain. The Annandale was sold and moved from Lewes to the Gulf of Mexico leaving the R.V. Delaware as the last blue water research vessel based in Lewes where she is found today.

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