

Calendar of Fun - January 1 to 15



Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday			
<p>Calendar Key</p> <p>A-Auditorium AL-Assisted Living B-Bistro C-Creative Arts Room CR-Chart Room DR-Skilled Dining Room F-Fitness Center FE-Front Entrance IS-Indoor Shuffleboard L-Lobby LB-Library LR-Living Room O-Outside P-Pool PT-Patio Q-Quiet Room S-Shuffleboard W-Welcome Room Z-Zoom</p>		<p>344-3250 to order dinner</p> <p><u>LUNCH BUNCH</u></p> <p>1/11 Nicolas Pizza 1/18 Villa Sorrento 1/25 Mens Lunch - Striper Bites</p>		<p>Month of Movies</p> <p>1/7 The Longest Ride 1/14 My Cousin Vinny 1/21 National Velvet 1/28 Hamilton</p>		<p>MORNING EXERCISE CLASSES MWF 9:00 Move it, Shake it, Lift It 9:30 Advanced Conditioning 10:00 Loca Motion TU TH 9:00 Roll with It 9:30 Advanced Conditioning 10:00 'Fun' ctional Strength</p>		<p>10:00 Water Volleyball P 1:00 Game Day B</p>		<p>1</p>					
<p>10:00 Quaker Meeting Q 11:00 Lewes Presbyterian 970 Service 2:00 Mah Jong LR 6:30 Shuffleboard Bowling IS</p>		<p>see morning exercise above 1:00 Drop In Color B 1:00 Water Waves P 3:30 Wellness Committee Q 6:30 Five Crowns B 6:50 Bridge LR</p>		<p>COTTAGE RECYCLING see morning exercise above 12:15 Lunch Bunch L 1:00 Dominos B 1:00 Trivia & Treats LR 1:30 Recorders A 2:00 Aqua Rockets P 2:00 Bark In The Park 7:00 Cribbage LR</p>		<p>see morning exercise above 9:00 Bank + Post Office L 10:15 Grocery - Giant L 11:00 RISE A 1:00 Walmart L 1:00 Bridge for Fun LR 1:00 Water Waves P 1:00 Program Committee W 2:00 Scrabble/Upwords C 4:00 The Crown A 6:30 Canasta LR</p>		<p>see morning exercise above 10:45 Chair Yoga A 12:00 Episcopal Service Q 12:30 Opera Buffs A 1:00 Crossword LR 2:00 Aqua Rockets P 2:00 Bark In The Park 3:30 Pinochle LR</p>		<p>see morning exercise above 11:00 Qigong/Tai Chi A 1:00 Poker CR 1:00 Water Waves P 3:45 Birthday B Happy Hour 4:45 3 Strikes Shufflebd IS 7:00 <u>Movie Night</u> A The Longest Ride</p>		<p>8 10:00 Water Volleyball P 1:00 Game Day B</p>			
<p>9 10:00 Quaker Meeting Q 11:00 Lewes Presbyterian 970 Service 2:00 Mah Jong LR 6:30 Shuffleboard Bowling IS</p>		<p>see morning exercise above 11:00 Activity Committee W 1:00 Drop In Color B 1:00 Water Waves P 3:30 TMALRA BOARD W 6:30 Five Crowns B 6:50 Bridge LR</p>		<p>see morning exercise above 11:00 Cadbury Chorus A 12:15 Lunch Bunch L NICOLAS PIZZA 1:00 Dominos B 1:00 Trivia & Treats LR 1:30 Recorders A 2:00 Aqua Rockets P 2:00 Bark In The Park 7:00 Cribbage LR 7:00 Book Club LB</p>		<p>see morning exercise above 9:00 Bank + Post Office L 10:15 Grocery - Acme L 11:00 RISE A 11:00 Library Committee LB 1:00 Pharmacy + Weis (Lewes) L 1:00 Bridge for Fun LR 1:00 Water Waves P 2:00 Scrabble/Upwords C 4:00 The Crown A 6:30 Canasta LR</p>		<p>see morning exercise above 10:45 Chair Yoga A 11:00 Resident Life W 12:00 Episcopal Service Q 1:00 Crossword LR 2:00 Aqua Rockets P 2:00 Bark In The Park 3:00 Dining Committee W 3:30 Pinochle LR 3:30 Do I Hear Music Q</p>		<p>see morning exercise above 11:00 Qigong/Tai Chi A 1:00 Poker CR 1:00 Water Waves P 3:45 Happy Hour B 4:45 3 Strikes Shufflebd IS 7:00 <u>Movie Night</u> A My Cousin Vinny</p>		<p>15 10:00 Water Volleyball P 1:00 Game Day B 3:00 <u>Saturday Matinee</u> A Mr. Blandings Builds His Dream House</p>			

Calendar of Fun - January 16 - 31



Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
16		<i>see morning exercise below</i>		17		<i>see morning exercise below</i>		19		<i>see morning exercise below</i>		21	
10:00 Quaker Meeting	Q	1:00 Drop In Color	B	COTTAGE RECYCLING		9:00 Bank + Post Office	L	10:45 Chair Yoga	A	11:00 Qigong/Tai Chi	A	10:00 Water Volleyball	P
11:00 Lewes Presbyterian Service	970	1:00 Water Waves	P	<i>see morning exercise below</i>		10:15 Grocery - Giant	L	12:00 Episcopal Service	Q	1:00 Poker	CR	1:00 Game Day	B
2:00 Mah Jong	LR	3:30 TMALRA ALL	A	11:00 Cadbury Chorus	A	11:00 RISE	A	12:30 Opera Buffs	LR	3:45 Happy Hour	B	1:30 Coastal Concert	L
6:30 Shuffleboard Bowling	IS	6:30 TMALRA ALL	A	12:15 Lunch Bunch	L	1:00 Pharmacy + Weis (Lewes)	L	2:00 Aqua Rockets	P	4:45 3 Strikes Shufflebd	IS	Curtis on Tour	
		6:50 Five Crowns	B	1:00 Dominos	B	1:00 Bridge For Fun	LR	2:00 Bark In The Park	LR	7:00 Movie Night	A	Brass Quintet	
		6:50 Bridge	LR	1:00 Trivia & Treats	LR	2:00 Water Waves	P	3:30 Pinochle	LR			7:00 BINGO NIGHT	
				1:30 Recorders	A	4:00 Scrabble/Upwords	C	Bramble and Brine				\$10 for a set of cards	
				2:00 Aqua Rockets	P	6:30 The Crown	A					\$5 for each additional set	
				2:00 Bark In The Park	P	7:00 Cribbage	LR					prizes galore	
				7:00 Program Night	A	Abandoned Railroads on Delmarva							
23		<i>see morning exercise below</i>		24		<i>see morning exercise below</i>		26		<i>see morning exercise below</i>		28	
10:00 Quaker Meeting	Q	1:00 Drop In Color	B	11:00 Cadbury Chorus	A	9:00 Bank + Post Office	L	10:45 Chair Yoga	A	11:00 Qigong/Tai Chi	A	10:00 Water Volleyball	P
11:00 Lewes Presbyterian Service	970	1:00 Water Waves	P	12:15 Men's Lunch	L	10:15 Grocery - Safeway	L	12:00 Episcopal Service	Q	1:00 Poker	CR	1:00 Game Day	B
2:00 Mah Jong	LR	1:30 Art Cinema	P	Journeys in Art - Raphael Revealed		11:00 RISE	A	1:00 Crossword	LR	3:45 Happy Hour	B	3:00 Saturday Matinee	A
6:30 Shuffleboard Bowling	IS	6:30 Five Crowns	B	1:00 Dominos	B	1:00 Pharmacy + Weis (Lewes)	L	2:00 Aqua Rockets	P	4:45 3 Strikes Shufflebd	IS	Wyatt Earp	
		6:50 Bridge	LR	1:00 Trivia & Treats	LR	1:00 Bridge For Fun	LR	2:00 Bark In The Park	LR	7:00 Movie Night	A		
				1:30 Recorders	A	2:00 Water Waves	P	3:30 Pinochle	LR				
				2:00 Aqua Rockets	P	2:00 Scrabble/Upwords	C	3:30 Do I Hear Music	Q				
				2:00 Bark In The Park	P	6:30 Canasta	LR						
				7:00 Cribbage	LR								
30		<i>see morning exercise below</i>		31									
10:00 Quaker Meeting	Q	1:00 Drop In Color	B										
11:00 Lewes Presbyterian Service	970	1:00 Water Waves	P										
2:00 Mah Jong	LR	2:00 Aqua Stretch	P										
6:30 Shuffleboard Bowling	IS	6:30 Five Crowns	B										
		6:50 Bridge	LR										

344-3250
to order dinner

LOOKING FORWARD TO
FEBRUARY 3rd
visit to the Operations Center in Georgetown with Lunch at Arena's at the Georgetown Airport

Month of Movies:
1/7 The Longest Ride
1/14 My Cousin Vinny
1/21 National Velvet

MORNING EXERCISE CLASSES
MWF
9:00 Move it, Shake it, Lift It
9:30 Advanced Conditioning
10:00 Loca Motion
TU TH
9:00 Roll with It
9:30 Advanced Conditioning