

CALRA FREE PRESS

Cadbury at Lewes Residents' Association

VOL 6 No.3

August 2013

CALRA BOARD OF DIRECTORS

Officers

President Adele Hudson Trout
V. President Jane Lord
Treasurer Gil Kaufman
Ass't Treas Diantha Pack
Secretary Kathy Holstrom
Corres. Sec Binky Tompkins
Past Pres. Doug Trout

Area Representatives

Cottage Woody Seamone
Don Wiedmann
East Wing Liz Haygreen
Lois Wills
West Wing Ruth Olsen
Karen Consolini

Committee Chairmen

Activities Don Burgess
By-Laws
Dining Bill Peterson
Employee Appre. . . Ron Trupp
Gift Shop Jeanne and Jack
Sparks
Library Mildred Wiedmann
Newsletter Pat O'Hanlon
Nominating Doug Trout
(at-large Member ; Jim Sylvanus)
Program Nancy Krail
Woodworking Ron Trupp

Monthly Board Meetings:

Second Monday

Association Meetings:

Third Monday

President's Message

Music Delivered Full Circle

As a very young Delaware girl my earliest appreciation of music was fed by the classical records played by brother Ronnie – older than me by nearly nine years. He played his music with volume turned full-tilt from his upstairs room and I remember four of his favorite composers Rachmaninoff, Tchaikovsky, Schubert and Stravinsky. Their music was pretty much heard everywhere through that house at Five Points. Curiously it was not our parents who were particular fans, nor my next older brother Larry, but it spoke to Ronnie, and to me, in the post WWII years. I became a keen appreciator of the symphony orchestra.

In 2007 I met Cadbury neighbor Lucienne Wolfe, a major supporter of the Delaware Symphony and more recently the Mid-Atlantic Symphony based in Ocean City, Maryland. You may know Lucienne to be a mover and a shaker, and music is her passion. It wasn't long before we were invited to a concert where we met the Mid-Atlantic's Music Director and Conductor, Julien Benichou. Coming to the US in 1995, Julien, in addition to receiving a graduate performance diploma from Peabody Conservatory, earned a master's degree in orchestral conducting from Northwestern University, and completed further graduate studies at Yale University. Among the conductors with whom he has participated in master classes are Leonard Slatkin, Yuri Temirkanov, Marin Alsop, and Michael Tilson Thomas. As gifted a musician as he is, I know him to be a person with wit, personality and great warmth.

Lucienne has arranged for Mr. Benichou and Company to come to Cadbury!

On December 7th in the afternoon (exact time to be determined) the maestro is bringing a small group of Symphony artists and guest soloists to our Kalmar Nyckel auditorium for a preview of the 7:30 PM evening performance at Cape Henlopen High School - HOLIDAY JOY: "Amazing Voices!" (Featuring: Kevin Short, Bass-Baritone, Esther Jane Hardenbergh, Soprano and other vocalists from the University of Miami Frost School of Music).

That evening performance at the high school will be the first of what we hope to be many of Mid-Atlantic Symphony's performances in Lewes. In the meantime, I invite you to explore other opportunities to enjoy the Mid-Atlantic Symphony beginning October 10th in other venues (Easton, Ocean View, and Ocean Pines). Information/tickets 1-888-846-8600 Website:

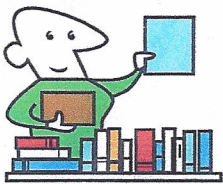
www.midatlanticsymphony.org.

Also look for the announcements posted in the mailroom and elsewhere.

Adele Hudson Trout, President, CALRA



Phyllis Frick, Apt 123
Janet (Bunny) Guerrin, Apt 131
Gail and Lou Nolting, Apt 106
Karl and Vibeke Smeltzer, Apt 205
Shirleen Thomas, Apt 213
Alan and Mariette Ward Apt, 229



LIBRARY LINES

BOOK REVIEW: *The Panic of 1907*

Lessons learned from the Market's perfect storm, John Wiley and Sons, 2007 by Robert Bruner and Sean D. Carr (both of the Darden School of Business, University of Virginia)

If you are believers in the two clichés following then the above book is for you: "Things that can go wrong, go wrong" – "What goes around comes around."

The publication discusses the great panic of 1907 – one of the greatest financial disasters in U. S. History. The authors identify the factors contributing to the situation and the key players in the catastrophe. What is most striking is the fact that we learned from the crash and developed corrective systems to avoid the event occurring again. Yet in 2008 a similar if not identical crash occurred as all who read this must know.

The key factors contributing to the scenario were a fast growing U.S. economy with great demands for credit, the great San Francisco earthquake of 1906, concerns about immigration

hurting the economy (sound familiar), greed and deception on behalf of some prominent bankers and investors, inability of government to do much to help and an activist President who tried to help and became the failing commercial and invest perceived enemy of business and champion of the poor people (Theodore Roosevelt). All of those and more created what the authors call "A Perfect Storm" meaning all the negative factors that could hurt actually existed and exerted their forces.

There was a hero figure active in this situation. J. Pierpoint Morgan, a wealthy banker and investor, worked intensively to stop the panic including getting the U.S. Treasury involved to bail out the failing commercial and investment banks and some companies whose stock prices were falling perilously, driving the Stock Market to historic lows. Morgan came through this period without a blemish and with great praise from most authorities. His name remains with us today.

The authors write well. Chapters are short and explanations of complex economic elements are clear so that laymen may understand. There is an appendix of terms used in the book explaining many financial concepts. At about 175 pages, I found it a quick read. I recommend it.

Stanley Goldstein

~~~~~

## DISPLAY CASE EXHIBITS NEEDED

It has been just amazing to see the range of collections that CAL residents have permitted us to present in the CALRA Display Case, illustrating the great range of their interests. For the record, exhibits displayed to date include (in order of their appearance):

- Jim & Ann Rouse's Hopi black pottery and Pennsylvania German Redware
- Doug Trout's archeological artifacts from Abraham's time & geological artifacts from millions of years ago
- John & Ruth Foltz's Christmas crèche & Korean men's and women's clothing
- Dean & Sharon Hoover's artifacts of life in Indonesia
- Bob Kaiser's HO locomotives, diesel engines, and railway cars
-



- Don Wiedmann's colorful glass and porcelain electrical insulators, & a rubber one too
- Pat Johnson's Danbury & Franklin Mint automobiles & trucks
- Marie Berry's pelicans
- Dick Kauffman's rare inkwells
- Diantha Pack's netsukes & other ivories
- Carole Bradt & Barbara Keck's china & miniature wine glasses
- Gil Kaufman's US & Bermuda postal history
- The Barnett's shot glasses (Ted's) and Doulton ladies (Ruth's)
- CAL resident publications, assembled by Sharon Hoover
- Carol Bishop's Christmas layout & David Winter Cottages
- Ruth Kaufman's jolly snowmen
- Muffy Brown's Hummels and Oriental artifacts
- The Sparks' shaving mugs (Jacks) and Bohemian glass (Jeanne's)
- Don Wiedmann's collection of belt buckles, including the Iditarods
- Elaine Glisson's Corgis
- Leslie Sylvanus' antique bottles & decorative tins
- Doris Shirk's Noah's Arks



A representative sample: Bob Kaiser's HO Railroad Engines

There is a lot more to come, but we are gradually approaching the end of the original list of candidates compiled back in 2010 when the CALRA Display Case was created by Dean Hoover and first put on display. As a result, it is timely to ask again if there are potential exhibits that should be added to the candidate list, especially from the wealth of relatively new residents who have joined us in the past year or so here at CAL.

So, please look at your own cabinets and display cases, and identify those items that might be of interest to other residents. Don't be too quick to dismiss any about which you're not too sure about the breadth of interest; look at what we've had to date; subjects as far ranging as belt buckles to geologic samples, antique bottles to ink wells! And all have been of considerable interest to many residents.

Once you locate a candidate for an exhibit, please drop a brief note about it to Gil Kaufman, ad hoc display case curator, at Mail Box #9 or by e-mail: [gil.kaufman@comcast.net](mailto:gil.kaufman@comcast.net).

*Gil Kaufman*

## Part Two: The Delaware/Lewes Railroad Connection

There are a couple of interesting historical sidebars to Delaware and its railroad system.

One is the fact that in the heyday of railroading Wilmington was a key center for the construction of railway cars. Most were standard passenger cars with some coaches specially ordered by those individuals who could afford them. It was a teamwork effort involving hundreds of people with many varied skills. Some of the biggest companies could produce seventy to eighty cars at a time. That ability led to Wilmington also becoming famous for making electric trolley cars a natural follow through from the railroad car effort. Today, of course, those manufacturing horses have been subsumed by Wilmington's development as a major financial



center attracting international finance and insurance companies.

Another tidbit is that the Townsend family – some of whom today are involved in developing the land adjacent to Cadbury – initially made their name by helping to develop and use Delaware's rail system. John G. Townsend, who worked within the system as a telegrapher, saw firsthand the value of railroads. He became deeply involved in the effort. He moved into the lumber business building wooden railway bridges and then into farming where he became the dominant producer of strawberries, which he shipped in refrigerated rail cars to big eastern cities like New York and Philadelphia. For a while, Delaware was the largest producer of strawberries in the country. Strawberries were followed by other berries, apples, peaches, potatoes, and tomatoes. Eventually, much of this went to canneries thence shipped by rail to city grocery stores. But this plethora of goods began to ebb when a period of drought and soil problems hit the farming community. By the 1920's many farmers gave up produce production and turned to a more stable business – broiler chickens. Today, broilers are the most important farm crop in Delaware as these statistics make clear: Almost 75% of Delaware's cash farm income was from broilers; the state produces well over 200 million broilers a year; it ranks 11<sup>th</sup> among states in the number produced and, according to the 2007 U.S. Census of Agriculture, Sussex County ranked first among American counties in broiler production.

It seems this article is turning into a "broiler plate" for the chicken industry!

Back it is to the subject of railroads. Delaware's system held sway in its heyday but gradually gave way, as cars and trucks came into play, with hardly a line working today other than the two short-lines mentioned earlier. Unfortunately, it looks as if it will stay that way even though elsewhere the industry is seeing a renaissance today. In this connection, Amtrak recently announced that 2012 was its best year ever for passenger traffic moving some 31 million people by rail. That trend seems to be continuing as it also reported that ridership set a record in March 2013 as the single best month in Amtrak's history.

As a final note about rail service and Lewes one can do no better than quote rail enthusiast Herbert Archdeacon in his article about trains in Lewes in the Journal of the Lewes Historical Society: "The railroads are – an important part of Lewes' history. Without train service that connected the town with the rest of the country at a crucial time of growth and development in the last century, Lewes might have remained much longer as that small, isolated community it was before the Civil War."

*Bill Gebron*

## IT'S THAT TIME OF YEAR AGAIN!!

The TV urges us to get outdoors, Delmarva!! And commercials scream at us to buy this or do business at this place or that service. So now, as Chair of CALRA's Nominating Committee, I invite you to **GET INVOLVED**, especially all you newer residents of Cadbury at Lewes. CALRA is the Cadbury at Lewes Residents' Association.

The various activities and enterprises of CALRA are sustained year after year by resident volunteers, just like you. Many of the current leaders of CALRA have been involved since day one and have been at it for six years or more. They - and CALRA – need relief. We have not done a good job of building in a system of succession in CALRA. This year, we hope to change all that, or at least to initiate a process aimed at changing it. To make it work, we need you.....to express an interest in getting involved and learning of the opportunities for you to join us in making CALRA an even more successful operation.

To start with, look up our webpage at CALRA.org and click on By-Laws. Here you will learn our whole governance and committee structure, including this Nominating Committee. (If you don't use a computer, let me know and I will bring you a printed copy.) Study that and explore what options exist for you to find an activity that matches your history, experience and/or interest.



Then call me, Doug Trout, at 236-8802 and let's get together to talk over what captures your interest among those many opportunities. The Nominating Committee begins meetings early this month to prepare for the Annual Meeting of CALRA in December when elections are held. You can be a part of this, using your life experience and previous learning to help us grow as an organization dedicated to providing the richest enjoyment and fulfilling life together here at Cadbury at Lewes.

You know what they say? It's not just the years in your life but the life in your years. Call me at 236-8802 and **get involved**. You'll be glad you did – and you'll find new joy and satisfaction in your life at Cadbury.

*Doug Trout, Chair  
CALRA's Nominating Committee: and  
Immediate Past President of CALRA  
Apartment 224E*

~~~~~

LEWES & THE CIVIL WAR - PART 1

We have heard and have read so much recently about Lewes' role in the War of 1812 that it would be easy to forget about its role in the Civil War. It is true that it was not quite as exciting as the 1812 skirmish with the British, and there are no buildings around with Civil war cannon ball holes, so the subject does not get much attention. But I think it is worth a look.

First it is useful to consider overall the State of Delaware's position in the war. Delaware remained a slave state throughout the war, but never left the Union, and the sympathies of the population were greatly divided. In many respects First State residents rallied to support President Lincoln, and the state as a whole sent more troops to support the Yankee position than any other state in proportion to their respective populations; they were numerous enough to be spread among nine different regiments, including the very active First & Second Delaware Regiments. There were Rebel volunteers too, most of whom tended to come from Sussex County where

slavery was more prevalent; these troops were scattered throughout many Confederate regiments.

Robert E. Lee's advance into the northern territory up to Gettysburg in 1863 scared Delaware's northern sympathizers tremendously. When the Confederate troops marched as far east as the Susquehanna River, they were not far from the important DuPont munitions centers around Wilmington which were supplying much of the Yankee ammunition. But because of the result of the Gettysburg battle, that was the closest the Confederate forces got to Delaware. Had the Rebs been able to move across that Susquehanna River, it would have been easy for them to move on to Delaware and to the DuPont plants, which could have had a great effect on the outcome.

Another major role Delaware played during the Civil War was home to one of the largest Union-held prison camps, Fort Delaware, which was located on Pea Patch Island outside Wilmington. During the war, the fort held thousands of captured Confederates and political prisoners.

Overall, things were pretty quiet here in Lewes. But there were two interesting aspects to what did happen here, and in this, Part 1 of the story, we will consider the human component; in Part 2 of this series in the next issue of the Newsletter, we will focus on the seaborne action around Lewes and Cape Henlopen.

One of Lewes' principal roles during the Civil War appears to have been providing key stops on the famous Underground Railroad by which escaped slaves found their way to the North and freedom. Much of the success of Delaware's Underground Railroad can be traced to the state's location next to the headwaters of the seventeen rivers of the Eastern Shore of Maryland. These rivers funneled escaping slaves moving across the Chesapeake Bay on to the north and east into Delaware, and then further north via Lewes, the southern route, or Wilmington, the northern route. Many slaves came as stowaways on ships across the Chesapeake Bay from Virginia up those waterways and then wound up here in Delaware. Around Lewes, many residents were opposed to slavery and therefore ready to help slaves find sanctuary until they could be provided transportation across the Delaware Bay, moving

north to escape their masters and/or the bounty hunters looking to take them back.

Lewes abolitionists were also helpful in arranging that transportation. At night, the escapees were loaded into boats marked by a yellow light hung below a blue one, and started out from Lewes toward Cape May across the mouth of the Delaware Bay. They were often met some distance out from the New Jersey side by boats showing the same pattern of lights into which they were transferred to continue northward. Some crossed that same open Delaware Bay without help.

During that period, local Lenni Lenape Indian guides assisted runaway slaves through the swamps and bogs at night, helping them avoiding the slave catchers out for bounty. Harriet Tubman was perhaps the best known escapee who came across Maryland to Delaware and on to New Jersey, and who, after making her own way safely to Philadelphia, made the incredibly brave decision to return to the South to help other slaves gain their freedom. Tubman used safe houses in Lewes as well as in other Delaware cities to hide those waiting for transportation across the Bay to New Jersey. Edward Turner is said to have assisted Harriet Tubman with moving escapees who made it across Delaware Bay from Lewes by hiding them in a cave near Cape May Point.



Harriet Tubman

I have checked with the Lewes Historical Society about whether or not any specific home has been identified as safe houses on the Underground Railroad, and have been advised that there is only one, and the owner prefers it not be so recognized at this time.

There is much more to the story of the State of Delaware's role in the Civil War, and for the whole story you are referred to Michael Morgan's fine book "Civil War Delaware – The First State Divided." For more on Harriet Tubman, a good reference is the website "harriettubman.org".

Watch for Part 2 of this article in the next issue of this Newsletter, covering the activities of the Union and Rebel navies off Cape Henlopen and Lewes.

Gil Kaufman

~~~~~ Winnie the Pooh

Do you remember how Pooh wished he could jump like Kanga? He proclaimed, "Oh, bother! ... But some can and some can't. That's how it is," We see younger or more able men and women doing extraordinary things that we just cannot do. They can; we can't. That's how it is. So instead of saying, "Bother!" like Pooh Bear, focus on *what you can do*. Since wishing won't make it so, don't go 'round feeling useless just because you no longer can do some of the things you once could.

Even though it's true that we may not be able to "jump" like Kanga & Roo, we *can* love and give and *we can* pray. Love is the very best gift, the means by which we fulfill our duty to God and our neighbor. Along with our gifts can go our prayers which are a powerful force in the universe today!

For any of us, these are the mightiest and most important things because our God who wants to use us is a generous, all-loving and all-powerful God. (from Love and Prayer by David Roper)

Come join us to pray for our country and your loved ones Saturday mornings at 11 in the Quiet Room. "Continue earnestly in prayer, being vigilant in it with thanksgiving." (from The Holy Bible)

Ruth Folta

If you stop getting thirsty, you need to drink more water. When a human body is dehydrated, it's thirst mechanization shuts off.

Who's Who at Cadbury (1)

JANE & TOM LORD –

WE GOT A “TWOFER”

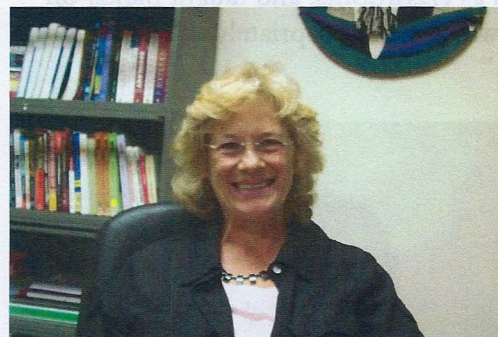
(As in an interesting & active couple)

Jane & Tom Lord joined Cadbury in 2012, and are great contributors who are already well integrated into our community. Both have had busy and challenging careers, enough so that we will look first at them individually.

Jane: Born in Glenrock, N.J., Jane moved with her YMCA-career Dad around to various locations, but considers herself a New Jersey native. She attended Mount Holly High School, where she first met Tom, and went on to Gettysburg College where she got a degree in Sociology. She and Tom married shortly after, and Jane went to work as Director of the County Association of Retarded Children (later changed to Citizens). She accompanied Tom to Germany, where they had their first child, Erik, and this initiated a 20-year period of Jane being a stay-at-home-Mom, with two girls, Andrea and Elizabeth, rounding out their family. Following three years in Germany, Jane and Tom moved back to Pemberton, NJ, and later to Moorestown, NJ. While in Pemberton, Jane was elected to the Town Council, and became recognized as one of the “Town Fathers.” In Moorestown, Jane became active in and later headed the local League of Woman Voters, an interest she retains here in Lewes. During their years in NJ, Jane and Tom were introduced to and adopted Quakerism, the Religious Society of Friends.

When Tom accepted a teaching position at Indiana University of Pennsylvania (IUP) in Western Pennsylvania, Jane went back to work, first as Director of the county Mental Health Association and later as Director of Special Programs in the School of Continuing Education at IUP. She also went back to college herself (after 24 years out of school), eventually earning her Masters and Doctoral degrees, the latter in Rhetoric and Linguistics. Thoroughly enjoying the academic life, she taught writing courses at community colleges before joining the faculty of the Sociology Department at IUP,

where she stayed until they “retired” to Cadbury at Lewes.

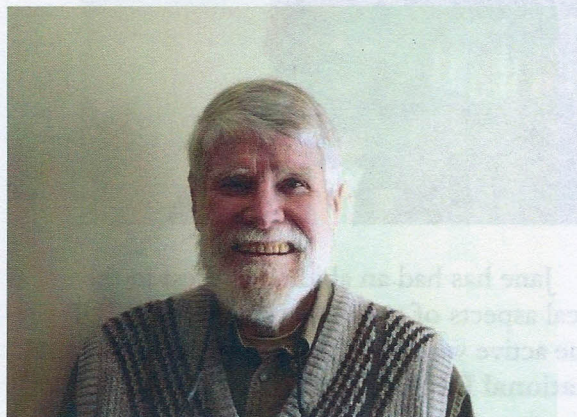


Jane has had an abiding interest in the practical aspects of sociology, and while at IUP she became active with the **Council on International Educational Exchange (CIEE)**, a non-profit organization promoting international education and exchange. With this group, Jane makes annual trips to various countries to discuss local challenges, which has taken her all over the world, including among others India, Thailand, Ireland, Senegal, Jordan, Jerusalem, Dubai, Western China (Xian to Kashgar on the “silk Road”), and most recently to Spain and Morocco, a trip from which she just returned in late June of this year.

Tom: Born in 1942, Tom went to elementary & high school in Mount Holly, NJ, and then got his bachelor's, master's, and doctoral degrees from Rutgers University. He began teaching biology at Rancocas Valley Regional High School, and during this period married Jane. He continued teaching while working on his advanced degrees, and had the opportunity to teach for three years in Frankfurt, Germany, after which he taught for 17 years at Burlington County College in New Jersey. In 1989, he accepted an offer to teach biology at Indiana University of Pennsylvania (IUP), and moved the growing family there; he taught there right up until coming to Cadbury at Lewes.

During this period, Tom was given several prestigious awards, including Distinguished Professor at Indiana University of Pennsylvania and, later, Professor Emeritus there for his groundbreaking teaching methods, and an outstanding biology researcher/instructor award from the National Association of Biology Teachers. Rather

than the conventional classroom approach, Tom conceived and acted upon the use of the great outdoors as classrooms, and taught hands-on biology, which he appropriately titled "Field Sciences."



Also during these years Tom became a prolific writer, publishing over 50 papers on both biology and science teaching methods; one that seems to fit his teaching credo especially well was "Are We Cultivating Couch Potatoes in our Science Lectures," and another indicative of the breadth of his research was "The Effects of Music on Alzheimer's Patients." Tom also authored a book, "The Ferns and Fern Allies of Pennsylvania," the archival work on this subject. During his summers, Tom works as a naturalist at the Silver Bay, YMCA of the Adirondacks in Upper State New York, an activity he has continued since moving to Cadbury.

The Couple: Jane & Tom's adventures together have been just as exciting. While Tom was doing research for his doctoral dissertation at the University of Birmingham in Britain, they and their three children stayed at Woodbrooke, a Quaker study center which was previously George Cadbury's estate. Later they rented a house in Bourneville, home of the Cadbury chocolate factory.

When they were looking for a retirement site, the presence of the Quaker-based management credo, proximity to the beach, and the ability to elect independent living in a cottage led them to choose Cadbury at Lewes. It was our website that brought CAL to their attention. In a very short time, they both have accepted significant responsibilities here, such as VP of the CALRA Board and President of

the local League of Woman Voters for Jane, and a lecture of local flora to CALRA, teaching a class at Osher ("Out and About"), and participation in the "Cadbury Gang" of horseshoe crab counting and tagging for Tom.

As noted, Jane & Tom have three children, a son Erik living with his family in Annapolis, MD, and two daughters, Elizabeth working in Off-Broadway improvisation, and Andrea, a geological engineer in Alaska.

We are fortunate to have Jane & Tom aboard here at CAL.

Gil Kaufman

~~~~~

## Did You Know ?

Three of our Cadbury Residents are teaching classes at Osher Lifelong Learning Institute this semester.

Dean Hoover: "Godel Escher Bach". 5 Sessions Tuesday mornings @10:45 beginning September 10.

Richard Kauffman: "A Search for Meaning and Purpose in Life". 10 Sessions Thursday mornings @10:45-12:15 beginning September 12.

Tom Lord: "Out and About". 5 Sessions Thursday afternoons @1:30 to 4:30 beginning September 12.

More detailed information about the classes and these teachers is available in the Osher Lifelong Learning Institute catalog for Fall 2013. Check our mailroom for extra copies.

~~~~~

A Guardian Angel

Recently a married Cadbury couple* decided it was time for dinner out at a favorite restaurant in Lewes. After being well fed and relaxed, they were ready to go home. As the husband stepped off the curb his foot slipped and he started to fall. His wife instantly grabbed him to stop the fall and they both went tumbling on to the street. Before they could get up a lady and her young son appeared on the

scene. She was in the restaurant had seen them fall and announced that she was a nurse and an ambulance had been called. She helped the wife up and placed her on a bench near the restaurant. The husband had landed on his right shoulder and was in pain. She carefully worked his arm and shoulder and determined that there were no broken bones. She helped him up and then treated the scrapes on the wife's forehead from her first aid kit.

When the Lewes ambulance arrived, the crew checked the couples' condition and determined that emergency care was not needed. The lady then asked the husband if he felt he could drive home. He felt he could. She asked where they lived and he said, Cadbury at Lewes. She never heard of it but would follow them there. Back at Cadbury, the couple thanked the lady profusely and asked for her name and address, with the intent of sending a letter of gratitude. She gave them her first name and said she lives in West Chester, Pennsylvania, and that is all they need to know.

Back at Cadbury they visited our Skilled Care unit to report their fall. The nurse gave a little more care to the wife's scrapes.

Yes, there are "Guardian Angles."

Jim Bazolli

*The couple wishes to remain anonymous.

~~~~~

## DO YOU REMEMBER ? -

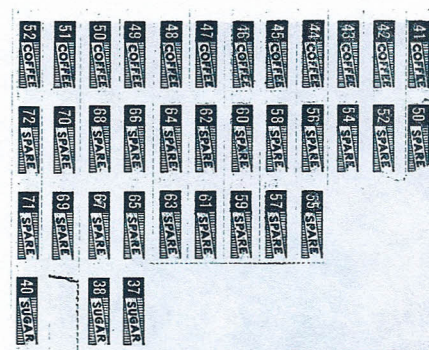
### RATIONING During WWII

Do you remember when items like those below were precious to you and your family?

4 7266560  
UNITED STATES OF AMERICA  
OFFICE OF PRICE ADMINISTRATION  
**WAR RATION BOOK FOUR**  
Issued to Ruth C. Hobbes  
Complete address 12 Magnolia Ave  
Baltimore, Md.  
READ BEFORE SIGNING  
In accepting this book, I recognize that it remains the property of the United States Government. I will use it only in the manner and for the purposes authorized by the Office of Price Administration.  
Void if Altered  
It is a criminal offense to violate rationing regulations.  
OPA Form 20-145 11-18279-1

Those were the days during World War II of the country or (b) they were needed as part of the war effort to feed the troops or manufacture military equipment like tanks and planes to help defeat the Axis.

Things like gasoline, butter, sugar, coffee, certain meats and eggs among other things were rationed. The ration books provided you with small coupons to be torn out, each permitting you to purchase a specific quantity of the material in question. The illustration below shows coupons for coffee, sugar, and "spare" coupons used for other foods. There were separate books for gasoline.



Once the war was over, and as rationing of the individual items was discontinued, these books became souvenirs of that difficult period.

I remember it well because of the problems that rationing of gasoline presented to my father. He was a realtor in Baltimore at that time, and the ability to take clients to homes and businesses on the market was critical to business. There were provisions to get such individuals whose businesses depended upon driving around a bit of extra gas, but it never seemed like enough and my father was always looking for ways to get a bit more, usually by borrowing ration stamps from individuals who did not need their allotment. Sometimes my father would take me along on such visits to clients because it was the only time during the war that my mother and I got to ride in our car. So we were all happy when rationing was not required.

Perhaps you have some personal memories of this period too.

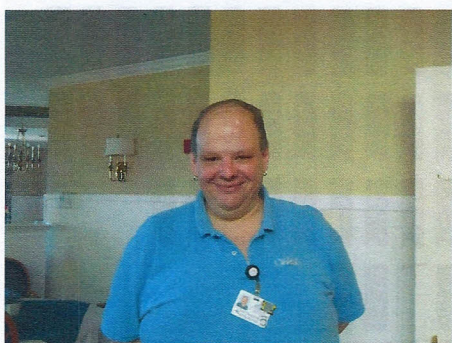
*Gil Kaufman*

~~~~~


Who's Who at Cadbury (2)

Timothy Wegemer

Better known to us simply as "Tim," Timothy Wegemer was written up last year in *The Nautical News*, the employee-based newsletter here at Cadbury at Lewes, and we thought it interesting enough to be reproduced here for those who have not seen the *Nautical News* recently. The write-up is reproduced verbatim from the *Nautical News* dated Spring 2012, Volume 2, Issue 1.



"Most of you know Tim as the quick-witted Bistro guy, but there is a lot more that many of you might not know. He joined CAL's Dining Services Department as one of the first employees. He has had a tremendous impact on helping formulate Bistro procedures and currently participates in ordering weekly products for that area. Tim has never called out sick and even helped with training before tacking medical leave. He constantly picks up shifts to help cover when we are short and has not missed one of our "disasters" (hurricane, snow storm, power outages).

Tim's attention to detail keeps all areas clean and organized. He makes it a point to know everyone's name and what their preferences are without flaw. Even when the Bistro is extremely busy, Tim maintains his humor and his laugh is recognized by all. He knows all the policies well and is a true asset to Dining services and Cadbury. Tim has been a delight to have on our team and we look forward to his continued commentary on life at Cadbury for years to come.

Congratulations, Tim. well deserved." And we in CALRA echo that sentiment.

Gil Kaufman

~~~~~

### BUY THE SEA GIFT SHOP

Thanks to those of you who keep making donations to the shop so we have merchandise to sell at very reasonable prices. We accept most anything that you may no longer have use for, but someone else may need. Donations may be left whenever the shop is open. We have linens, place mats, glassware, goblets, etc. Do you have a cane you no longer use? Someone else might need one.

Don't forget, we have a large assortment of greeting cards for all occasions at very reasonable prices. Need kleenex, paper towels, etc.? We have them, too. Our candy bars and mints are popular as well as our Klondike Bars and Frozen Snickers. We carry canned sodas as well as Snapple.

Come in and browse! We're open Tuesday – Friday from 11 a.m. – 3 p.m. Our volunteers will be glad to see you!

*Jack and Jeanne Sparks  
Managers*

~~~~~

A couple went into a diner to eat. The man ordered 1 hamburger, 1 piece of pie, and 1 drink. A man seated nearby observed them and decided they were poor so he offered to buy them another hamburger, piece of pie and a drink. The lady said, "Oh, no thank you. We've been married and have always shared everything." The man was not convinced. So he waited to see what would happen. When the order came the man proceeded to cut the burger and pie in half, started eating half. When he had finished his half of the burger the other diner said to the woman, "Aren't you going to eat your half?" "Yes. But I have to wait for the teeth."

Cadbury is for the Birds

Summer arrived with heat and rain, lots of it. We are fortunate to have three ponds that hold water and two retention basins that collect water. Ponds are for the birds, especially mallard ducks. The largest count of ducks at one time in the West pond is 50. They travel all over our campus gleaning food under bird feeders and special feeding sites provided by residents. Ponds also provide a habitat of thick vegetation where mother duck can safely raise her young. Jeane Wampler found the first mallard nest of the season while weeding her flower garden in front of her apartment. She erected a sign asking residents to avoid the nest. Unfortunately the mother abandoned the nest which still held eggs.

Dining services staffer, Bridget Bartley, had a fascinating experience while taking a break in the staff gazebo when a lady mallard glided down from the 2nd floor deck of the Skilled Care Unit. Mother mallard looked up to the deck and started to quack wildly. Bridget also looked up at newly hatched ducklings staring down at mother. Then one jumped and fluttered down to the ground. One by one the others took the plunge. Then mother lined up her 11 ducklings and marched to the West pond where they would be fairly safe from predators. They seemed to have disappeared, and it was thought that they were eaten by a fox. After a few weeks Mother appeared on the grounds with 11 ducklings trailing behind gleaning seed from under bird feeders and visiting all three ponds for food. At the East Wing, Carl Jeffers enjoyed seeing the ducklings going under water so much that he could not get an accurate count of their number. He also enjoyed watching tadpoles jumping in the pond and listening to the serenade of the frogs at night. At the West Wing pond Llywella Stucklik enjoyed the show that the ducklings put on when they were learning to fly and land on water. They would hit the water and tumble over. They have now grown to a size appearing as adults. Two weeks ago another mallard had a nest under a chair near the staff gazebo and recently hatched ducklings. Perhaps they will show up soon.

Ducks are not the only birds that use our ponds. A pair of Canada Geese appeared in the back pond long after the geese had left for Canada to

produce a new generation. Generations ago geese were captured and had their wings clipped so they could not fly. As a result geese could be easily kept as food and they could not migrate and their offspring did not learn to migrate either. The pair was seen weeks later with 5 babies. A few weeks after that Judy Burgess saw them when they had grown a little bigger. They were not seen again. Perhaps they moved to the large pond at Breakwater. Fran Baker has seen three great blue herrings each appearing to have different feathers from each other. Elaine Connell watched a great blue with three red-wing black birds on its back which she felt were trying to drive it from their nearby nests. However, since the great blue did not fly. It may have wanted the birds to stay and feed on its lice. Lois Nickerson saw a green-backed heron in the west pond, the first to be reported at Cadbury. And finally a great egret appeared several times in both ponds.

Red wing black birds have increased on our campus this year. The male is black with red and yellow epaulets at the shoulder of the wing. The female is black and heavily streaked with dark brown. They nest in bushes around the west pond. Elaine Connell provides a birdbath for the red wing- black birds and feeds them meal worms which they appreciate. When their young are in the nest and you get too close they will screech at you and may fly over your head.

This is the first year that the northern cardinal has nested at Cadbury. We see the male and female at our feeders daily. They tend to nest in thickets, woodlands and garden shrubbery. Karen Consolini spotted an all blue bird that she had never seen before when she was grounding feeding birds at the West Wing. She described it as totally bright blue. It was a male indigo bunting. The female is buff with breast streaked with brown. This is the first sighting of the indigo bunting at Cadbury. They can be seen at Prime Hook Wild Life Refuge on route 16. Frances identified a song sparrow in our back yard. Its upper parts are brown and its under parts streaked with brown with a black spot in the center of the breast. Sparrows are not easy to identify since there are 32 sparrows listed in our bird book. The English sparrow is our most prolific bird at Cadbury. They were imported to consume bugs and worms off

trees in Central Park about 160 years ago. Today they cover the entire U.S. and part of Canada. They especially like birdhouses and were successful in driving bluebirds and tree swallows from their houses. They have been renamed house sparrows for their ability to use birdhouses. We will adopt the house sparrow name in the future. Many robins nested in trees here this year. Jan Bendrick and Lois Nickerson had three robins nest in their cottage yard. One nest was falling apart due heavy rains with the babies falling to the ground. They were picked up and placed in a secure place in hopes the parents could care for them.

Hummingbirds seemed to be scarce this summer to the point that some of us removed our feeders. Jack Sparks and Ruth Kaufman saw them periodically. By August Ruth was seeing them daily and Jim Sivanus, Jan Bendrick and Lois Nickerson saw the increase in hummingbirds. Jack Sparks attributed the increase of hummingbirds to the birth of a new generation.

We close with our four legged friends. Diantha Pack had purchased liriopse, a hardy perennial with green foliage and long stems of blue flowers.

One morning she found that rabbits had eaten all the flowers. She called Lois Nickerson to borrow her rabbit trap, but another friend was using it. Lois suggested that she place mothballs around the plants. Diantha placed the mothballs around the plants. The next time she looked out a flock of grackles were playing with the mothballs and tossing them around. All she could do was laugh.

Frances and Jim Bazzoli

Jack and Jeanne walked
down the hall
To CALRA'S store "Buy the Bay"

Jeanne did the dusting
Jack did the numbers
As well as they were able
Then together they did walk
Up the hall

to watch the Cadbury cable

Friends,

Throughout our 60 years of marriage we have been blessed with relatively good health, two daughters, two grandchildren and a wonderful son in law, but one of our richest blessings is to enjoy life here at Cadbury with some of the nicest people on the planet.

We thank each of you for your many personal messages, your beautiful cards, and for making our 60th wedding anniversary a memorable occasion.

Bob and Ellane

IN MEMORIAM

Elizabeth (Betty) Barnes

Lillian Bradley

Katherine Cullen

Nancy Evans

Florence Masters

James Pierce

Laura Salak

