# CALRA FREE PRESS

# Cadbury At Lewes Residents' Association

Vol 4: No 1

FEBRUARY 2011

# CALRA BOARD OF DIRECTORS

#### <u>Officers</u>

President: Doug Trout
V. President: Ron Trupp
Treasurer: Diantha Pack
Ass't Treas Gil Kaufman
Secretary: Kathy Holstrom
Corres. Sec: Adele Hudson

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Barbara Cleaveland

#### Area Directors

Cottage . . . . . . Woody Seamone Lois Nickerson

East Wing . . . . Elaine Glisson

Lois Wills

Health Care . . Lionel Saltzberg

Monthly Board Meetings -Second Monday

Association Meetings

Third Monday

Newsletter Editor: Pat O'Hanlon

#### DIAL-A-RIDE



To: All Independent-living Residents

Are you in need of a ride to a doctor, pharmacy, etc., and you are not eligible for a free ride from Cadbury?

Call your Dial-A-Ride Coordinator:

Elaine Glisson at 703-2645



# President's Message

It is awesome to start a two-year term as CALRA's new President - especially following Barbara Cleaveland's quiet, steady and solid leadership these past two years. Succeeding her is a challenge I take seriously AND with high expectations. I have established the goal of making CALRA an experience for us all that is filled with enjoyment, fulfillment and joy, simultaneously with continuing to serve the many and disparate views and interests of Cadbury's residents. This is a tall order. My predecessors have built a programs and activities agenda that fills our calendar every month to the point of overflowing every square on the page. This requires a great deal of effort from so many who chair and serve on committees. My thanks go out to all of you. Elsewhere in this News-letter, you will see the list of Board members you've elected and the committee chairs I have appointed, many of the latter continuing their work for another term. Together we seek to serve your needs and interests as fully as possible. That is the task you have asked us to perform and we're open to you voicing your preferences to help us execute those tasks.

CALRA operates on a limited budget, a budget adopted by your Board to fulfill our mission as a residents' association. The income to support that budget comes from three sources: your voluntary contributions as residents, the earned net income from our Buy the Sea Gift Shop and a grant from the management of Cadbury. Based on the projections of Treasurer Diantha Pack and her Budget Committee of expenses for the coming year, we determine the minimum amount we will need from residents' contributions. This year that minimum amount remains at just \$12.00 for the year, the same as last year. That's just one dollar a month! If you are pleased with the level and quality of activity Don Burgess and his Activities Committee have brought to the Board for adoption and appreciate the time and effort from all our committees and officers that go into the sound functioning of CALRA on your behalf, of course you are free to contribute a larger amount.

You all have been amazingly generous in your contributions to the Employee Appreciation Fund in December. Adele Hudson and her committee have done a remarkable job leading us in that effort for several years. Consequently just before Christmas, we were able to make gifts to our hourly employees that totaled nearly \$40,000 from your ample support. We need to congratulate ourselves for that! And you were abundantly gracious in supporting our Food Bank drive in the holiday season too. Cadbury residents are generous folks!

So we are off and running, looking forward to another grand year for CALRA. Thank you for your support. Keep on keeping on!

Doug Trout, President



Jean Erich, 202 Martie Snyder, 216



# LIBRARY LINES

Just a couple of reminders from the library committee to make things easier for us and to keep things running smoothly. When you return items to the library please put them on the table closest to the auditorium door. Items that you donate should be placed on the table which is closest to the computer. Also note, when you donate books the committee will decide which ones we put in our library and others we will pass on to Lewes Library or to Health Care. Our space is limited and we try to pick material that we believe Cadbury residents would be apt to read.

The Library Committee is interested in helping people who are visually handicapped continue to be able to enjoy books. The Library of Congress through the Delaware Division of Libraries can provide individuals with machines and tapes of hundreds of books. We would like you to tell the Library committee if you are possibly interested in this program. This is an oxymoron, maybe you can't see to read this, but maybe your neighbor or family will read this to you. The members of the library committee are posted in the mailroom and library committee chairman is Mildred Wiedmann, tel # 644-1507.

The following are a couple of book reviews written by some committee members. Happy Reading!

Mildred Wiedmann

# CHOCOLATE WARS

By Deborah Cadbury

Most of us know of Cadbury Chocolate as a very successful marketing tool used by Lynette and Paula, but little of its relationship to us. A new book in the library, *Chocolate Wars*, by Doborah Cadbury, brings that connection and history to life. Her story covers the Cadbury Corporation and the evolution of chocolate from the early 19<sup>th</sup> century when chocolate was a gritty, rather bitter, drink, to the present smooth and delicious chocolate bar and when Cadbury was taken over by Kraft Foods.

Finding meaningful jobs for early Quakers was difficult. The military and ministry were not options and most colleges were closed to them because they were not members of the Church of England. As a result, many Quakers went into business. Lloyds and Barclays Banks were both started by Quakers as were Clarks Shoes and the three manor British confectioners: Roundtree, Fry, and Cadbury.

Quaker businessmen developed a strong business ethic: honesty, hard work and setting a fair price (no haggling), which made them successful on both sides of the Atlantic. Quakers are said to have come to the new world to "do good" and did well. In this book, we see how Quaker ethics are upheld – and sometimes not – as when they wrestle with whether to advertise their product.

The history of chocolate is explored in depth, covering the contributions of the Dutch and Swiss, the history of chocolate in America, including Hershey, Mars and Ghirardelli.

As to our connection, we are named after Henry J. Cadbury, an American historian and philosopher, who accepted the Nobel Peace Prize on behalf of the American Friends Service Committee, for its work in Europe after WWII. His branch of the Cadbury family came to the United States about the time the chocolate firm was established.

Deborah Cadbury's book is a great read for anyone interested in knowing more about chocolate or the history of our name.

FYI: The Book Club will be discussing the book at their February meeting (7:30 p.m. Tue. Feb. 8<sup>th</sup>). We will have a "conference call" with the author on February 9<sup>th</sup> in the Welcome Room at 2:00 p.m.

All Are Welcome!

Anne Rouse

# On the Importance of "The"

This began as a review of "The Good Soldiers", a great non-fiction book and an "easy" read. It is about the experiences of a battalion (roughly 600) of Army Rangers starting a year long assignment in Iraq just as the "surge" was beginning there. Washington Post Pulitzer reporter David Frankel spent much of that year with these soldiers, often on unexpectedly dangerous missions. It seems that surprises, nearly all bad, were and still are, regular events in this war. He was with those men (no mention of women) as many of them, suffered casualties. The leader of this battalion, Lt. Colonel Ralph Kauzlarich, is a thoroughly trained fighting man, a veteran of West Point and Viet Nam and a variety of other military duties. When he got his assign-ment to Iraq, he was eager to serve as the com-mander of his own battalion, but that eagerness was tempered by his experiences in Viet Nam. Much of the book is as seen through his eyes.

He knows many of his men personally and he clearly suffers as they are wounded, some in dreadful ways, some killed. Frankel describes their skirmishes (none are battles in the classic sense of static trench warfare) with remarkable clarity and thoroughness, neither casually nor with undue emphasis on the horrors of war. He also describes Kauzlarich's letters, sent dutifully to the families of his men about how, and how bravely, they served. After his unit is sent back at the end of their year of duty, the Colonel maintains

contact with many and works diligently at helping them to take full advantage of the medical and many other services to which they were entitled. Frankel also relates poignantly how very difficult the readjustment to civilian life is for almost every one of these young men who has been trained to do things he never dreamed of doing.

Now – as to the **'The"**. I first read this book in early October. Late in the month, when I was given the job of writing a review of it, I rushed off to the Lewes library to re-order it so I could refresh some of my facts. After a couple of weeks with no notice from the library, I called over to validate my "hold" and was told it was at the Newark library, and should soon be here. And so it was, but, as I left the library and took a more careful look at it, I saw that it was the wrong book. Back to the Lewes library, lot's of "terribly sorry's" etc. Turns out that the "hold" system automatically deletes the "The" as the first word in any title and goes on from there. So I was sent a book titled "Good Soldiers" (no "the").

Now how can I order "The Good Soldiers" and be sure to receive it? I can not. Nor can you, from any public library in Delaware, unless you know about the little flaw in the system and order up accordingly. You can delete the "the" in your hold order. If that title is a popular one, you will get a long list of books to cull through. Or you can order the book by the author's name, if you know it. If that author is prolific, you get another lengthy list to study. Or if you can find out which library, if any, has your book, you can ask your library to call the "holding" library to send it. Fortunately, the Lewes Library knew where it was and, ever helpful, was glad to call them for it.

So, it can be done. Good Luck!

John Ellis

A few "paraprosdokians"

-How is it one careless match can start a forest fire, but it takes a whole box to start a campfire?

-Knowledge is knowing a tomato is a fruit; Wisdom is not putting it in a fruit salad.

# BUY THE SEA GIFT SHOP

Thank you for your patronage and support of your Buy the Sea Gift Shop the past year. We are pleased to announce that the net profit for the year was \$2,645.44. This entire amount goes to CALRA to provide funds for our activities and program for all of us to enjoy.

To make 2011 even more successful, we need your continued support. Come and browse see our display of greeting cards, candy, paper goods, etc. Our display of vases, china, and other items change almost every day. Don't forget, we accept your donations of articles also.

The shop is opened Tuesday - Friday from 11a.m. to 3 p.m. for your convenience. We'll be looking for you!

Jack and Jeanne Sparks



Congratulations to our webmaster Dick

Cleaveland on being named

Dewey Beach Volunteer of the Year.

## COMPUTER NEWS

This article is a brief description of a couple of the latest features available in some laptop computers.

The first feature is a new aspect of the Intel computer processing chip. One of the latest Intel chips includes a wireless signal (WiDi) which transmits the information from the computer display to your HDTV. No wires are required and only one click of a computer button to turn

on this feature! A small adapter box is required at your TDV. The computer display, including video, pictures, sound, etc., appears on your TV screen in high definition. This allows the user to view digital photos, movies, and other TV show reruns from the computer on your large screen TV. EXPN3 on the internet, for example, shows many college football and basketball games in real time (a given day may have as many as 20 to 30 basketball games) at no charge. Two internet sites, among others, clipper.tv and Hulu offer hundreds of your favorite TV shows and movies. The quality of the picture is excellent since it is in high definition. Now you can watch your favorite shows mostly free and some paid at your convenience. Netflix is also available with this arrangement for the usual \$8.00 per month.

The next feature is on my Sony laptop. With two fingers on the touchpad, you can increase or decrease the text size so that all the text material is scaled to be very readable. If your vision is like mine, this is a much appreciated feature. You have to see this to believe it. A 14-inch laptop and its attendant light weight provides very good readability for any text. This feature works well on the text on all Internet sites, works on word processing text documents, spreadsheets, and on photos. After using this feature, I can't do without it, the screen is so readable.

The two features above change the whole comfort level in the use of the computer.

I should be happy to demonstrate one or both of these two features. Just call me, Woody Seamone at 644-4724.

Woody Seamone

Church Bulletin Bloopers:

- -Thursday night potluck supper. Prayer and medication to follow.
- -For those of you who have children and don't know it, we have a nursery downstairs.
- -A bean supper will be held Monday evening in the church hall. Music will follow.
- -At the evening service tonight, the sermon topic will be "What is Hell?" Come early and listen to the choir practice.

# **CALRA 2011 ORGANIZATION**

## **Board of Directors:**

President: Doug Trout
Vice President: Ron Trupp
Treasurer: Diantha Pack
Ass't Treasurer: Gil Kaufman

Secretary: Kathy Holstrom
Corres. Sec'y: Adele Hudson
Past President: Barbara Cleaveland
West Wing Reps: Elaine Connell

Howard Parker

East Wing Reps: Elaine Glisson

Lois Wills

Health Cntr Rep: Lionel Saltzberg Cottage Reps: Woody Seamone

Lois Nickerson

#### **Committee Chairs**

Activities: Don Burgess

(Vi Cribb)

By-Laws: Jim Rouse Dining: Bill Peterson

Employee

Appreciation: Adele Hudson Gift Shop: Jeanne and Jack

Sparks

Library: Mildred Wiedmann
Membership: Dick Cleaveland
Newsletter: Pat O'Hanlon
Nominating: Barbara Cleaveland
At large members: Binky Tompkins

and Ed Carter

Program: Ann Rouse Woodworking: Ron Trupp

# Mark your calendars!

Sussex Bird Club will hold its March 13th meeting in the Cadbury auditorium at 2:30 pm. The speaker is Kevin Karlson, a well known photographer, bird lecturer, operator of bird tours, and has co-authored a book on shore birds. All Cadbury residents are welcome.

# The Native Americans of the Cape Henlopen Region of the State of Delaware

Have you ever wondered what the Cape Henlopen area was like before Europeans first arrived around 1600?

Many of us may visualize a rather wild region, largely uninhabited except for the few Indians who met the Dutch in the 1600-1631 period. But that was not the case. This area, like much of North America, was actually rather heavily populated with at least two important tribes of Native Americans, most notably the Nanticoke and Delaware nations.

These Delmarva tribes enjoyed a very high standard of native living. They were proficient farmers, fishermen and hunters. In addition to corn and tobacco fields, they had large gardens of squash, pumpkins and various kinds of beans. Those living close to the waters dined on clams, oysters, crabs, eels and fish. The men hunted for squirrels, rabbits, opossums, partridges, geese and deer. Together with wild berries, nuts, birds' eggs, and edible wild plants, these items made a rich diet for generally productive and peaceful native communities.

They lived in dome-shaped homes built of sapling structural members with bark sheets for siding bound with vine ropes. These were called wigwams, but were not like the traditional tepees of the western Indians. Their clothing was made primarily of deerskins and furs sewn by the women and decorated with shells. Some groups tattooed or painted their skins with berry juices, as fashion was important even then. Overall, prior to European arrival, these were prosperous native communities. The Nanticoke Indians were first encountered in 1608 by Captain John Smith while he was exploring the Chesapeake Bay. Known to Smith then as the Kuskarawaoka, after the name of their local community, they were later recognized as part of the larger Nanticoke nation that lived all around the Chesapeake Bay and throughout southern Delmarva, right up to what is now the Lewes area. The name Nanticoke is translated from the original Algonquian language as "the tidewater people" or "people of the tidewaters." John Smith estimated that as many as 200 warriors lived with their families in the area he explored, but there is no doubt the native population was at least ten to twenty times that, perhaps much more.

When the Dutch attempted their first settlement in 1631 in Lewes, there was a well established community of Indians here who called themselves the Lenape, thought to mean "original people" or "common men". They were referred to by the Dutch as the "Groote Siconese", or Great Siconese. The Lenapes or Siconese are now generally considered to have been part of the Delaware Nation, named later by the British explorers or settlers after the Delaware River, itself named after Lord de la Warr, an early governor of the Jamestown Colony. This Delaware Indian community extended to the Cape May side of Delaware Bay and all around its northern regions.

It is worth noting that present-day members of the Nanticoke nation consider that it was members of their tribe, rather than the Lenape/Delaware, who met the Dutch upon their arrival here in 1631. A visit to the Nanticoke Museum on Rt. 24 near Millsboro will provide you with that side of their oral history. For more detail on the life of these Indian nations, I highly recommend C. A. Weslager's books "Delaware Indans: A History," and "The Siconese Indians of Lewes, Delaware." Both contain many interesting aspects of native language and life, such as the surprising tidbit that native men never had beards but instead plucked facial hair to keep their skins smooth for the application of paints for various ceremonial events.

Many people tend to think of the Native Americans as largely gone today, but this, too, is a misconception. While there were forced migrations of both tribes to Oklahoma and beyond, and some went north to join the Delawares in Canada, a number remained. The Nanticokes worked especially hard to coexist with the European settlers through the years and have

retained a presence continuously right up to the present time.

Today there are more than 500 Nanticokes living in the Cape Henlopen area, many of them, landowners. The Nanticoke Indian Center also houses the Nanticoke Museum of artifacts of the native culture. Each year after Labor Day, the Nanticokes sponsor an annual pow-wow that draws tribes from the entire East Coast, plus as many as 30,000 non-native visitors from all around the country.

For more information on the Nanticoke and Delaware Nations beyond C. A. Weslager's many books, I recommend looking at their websites: <a href="www.nanticokeindians.org">www.nanticokeindians.org</a> and visit <a href="www.delawaretribeofindians.nsn.us">www.delawaretribeofindians.nsn.us</a>, and a visit to the Nanticoke Museum on the John J. Williams Highway (Rt. 24) near Millsboro.

Gil Kaufman

# POINTS OF INTEREST

#### WARNING TO VETERANS

An organization called Veterans Affairs Services (VAS) is providing benefit and general information on VA and gathering personal information on veterans. THIS ORGANIZATION IS NOT AFFILIATED WITH THE VA IN ANY WAY.

#### **TAXES**

Residents who itemize their deductions on the Federal return may deduct mileage used to drive to and from medical facilities, i.e., doctors' offices, laboratories, hospitals, etc. The rate for 2010 is 16½ cents per mile. In 2011, it will rise to 19 cents.

Bob Hein

More paraprosdokians:

-I didn't say it was your fault, I said I was blaming you.
-Why does someone believe you when you say there are four billion stars, but check when you say the paint is wet?

# Munnawhattang And Lewes

Part One

What is that title all about? Fair question to ask.

As one might guess, it is an Indian word used by the Narragansatt tribe. It defines the name of a fish, much valued, initially by Native Americans who used it as fertilizer material long before the first settlers to America arrived. It was the Indians who made the European settlers aware of its use to enrich the soil showing them how to catch the fist and the manner of sowing it in the ground with corn. Today, we know that fish as menhaden. It was once prominent all along the eastern seaboard and played a major role in that body's marine ecosystem as well as eventually being a major source of fishmeal and fish oil and animal feed. It is a small, boney, oily fleshed fish about a foot or so long that travels in very large schools which can be two miles wide and forty to one hundred miles long. Initially, the supply of fish was thought to be inexhaustible but today they are few and far between along the eastern coast.

In addition to its early use as a fertilizer, it later became valued for its oil as a supplement for whale oil and in time as a source of oil in paints and linseed oil.

What about Munnawhattang and Lewes? At a special period of time, roughly from the 1950s into the 1960s Lewes was the crown jewel in the menhaden fishing industry. A single individual was essentially responsible for that being so. His name was Otis Smith. He was the entrepreneur of the industry operating, with other family members, thirty-one processing factories from North to South America. Ultimately, he became a multimillionaire. Smith Company of Lewes owned some 160 vessels. His local operation out of Lewes proper, Fish Products Company, had two factories on the bay just east of the current ferry dock, a fleet of 25 ships complete with eight spotter planes the last and latest technique to track menhaden schools. In the mid 1950s, Lewes was the biggest fishing port in the entire country producing 360,000 tons of the overall catch of 390,000 tons brought into

U.S. ports! Over 90% of that tonnage was from the menhaden catch. Essentially, that was the doing of Otis Smith.

Otis Smith has been described as a jackof-all trades being not only a businessman, but a government official – he was mayor of Lewes from 1950 to 1968 – a philanthropist, civic leader, racial integration advocate, rancher, and family leader. Lewes has enshrined his name by calling the dock adjacent to the 1812 Park after him.

Of course, establishing this industry in Lewes had its drawbacks. For years the town suffered a very disagreeable odor from the processing of the menhaden. As a consequence, it attracted few tourists or new permanent residents. Moreover it brought a nomad character to the town in that the fishermen were imports from elsewhere living in huts by the factory and its dock during the fishing season from mid-April to mid-October. These men, black and white, worked long, hard days with only Sundays off. They fished only during daylight hours, the best time being just before daylight or just before sunset. Thus, a ship with a crew of perhaps thirty-five or forty men would make its trip to the factory to unload at night, leaving the area at sunset to return again at sunrise. The ships would compete on their return to arrive first at the factory as each was unloaded in the order of its arrival at the dock. The first to arrive gave the crew the most time on shore, so the competition was keen. A fully loaded ship could have some 400,000 pounds in its hold which would take about two hours to unload. A top boat would bring in some 22,000,000 pounds over the fishing season.

Bill Gehron

On the way back from a Cub Scout meeting, my grandson innocently said to my son, "Dad, I know babies come from mommies' tummies, but how do they get there in the first place?" After my son hemmed and hawed awhile, my grandson finally spoke up in disgust, "You don't have to make up something, Dad. It's okay if you don't know the answer."

# The following is a letter to La, Lem, and Neb,

from

## "The Boardwalk"

Well, today I'm going to tell you a little bit about Salty, our local "sea gull about town" or, more like it, our local "gossip about town". Some of the things he tells me are so wild he must think my planks were milled yesterday. No matter, he thinks I'll swallow everything he says like so much live bait. My Mother didn't bring up any Walks with splinters on their planks!

Before I tell you any of his stories, I must tell you how he got his name. If you listen to him, you would think he is called "Salty" because he is so macho and spent all of his spare time riding the big waves—especially in winter. The fact is, he hangs around Nick's Burger Shoppe so much, and begs for so many salty French fries, that the rest of us started calling him "Salty". I have to admit, though, that he is a champion French fry stealer. The rest of the gulls don't stand a chance when he is around! Well, enough of that, I'll tell you a couple of his wild stories and you can judge for yourselves.

Not long ago, when the wind had quieted enough for me to hear him, he told me a whopper about a wire that some people like to use. According to Salty, they put a blob of stuff on the end of the wire, hold the wire and the blob in their hands and talk to it! Yes, that's what I said, TALK TO IT! Then he said that other people even as far away as my other end, hold up another wire and blob just like the first one, and listen, through the wire, to what the first people have to say! How he can repeat stuff like that without dropping all of his tail feathers is more than I can say but that's Salty for you!

Another time he told me and my friend the lamppost that, not too far from here, across part of the big water, there was another boardwalk bigger than I am! Well, I can put up with a lot but outright lies like that just cannot be tolerated. You can be sure the lamppost passed that silly tale to the bench, and the bench passed it

to the other gulls who passed it everywhere (as they always do). Pretty soon, Salty had to go to Bethany Beach for a while and try to peddle his tall tales there. I've heard, though, from some of the other gulls, that there is a little boardwalk there who might just be young enough and dumb enough to swallow such nonsense, but he is not as old and wise as I am.

Well, Dears, it looks like the sweeper is coming to get rid of my sand. I like the feel of that too much not to pay strict attention. Salty tells me (here I go again!) that the sweeper may even pound in some of my loose nails. That makes me get goose splinters all over!

## "The Boardwalk"

Editor's note: La, Lem and Neb are Al, Mel and Ben, grandchildren of Jack ("The Boardwalk") and Diantha Pack.

# Come on in, the water's fine!

Have you tried the pool yet? Maybe you're like me. It took me three years before I tried Cadbury's pool. I didn't know what I was missing.

Water Works is a great way to get the exercise we need and have fun at the same time. Give us a try. There is a class on Mondays and Wednesdays at 11:15 am and another on Tuesdays and Thursdays at 2:30 pm. Come to any or all of the classes.

We have too much fun not to share it with others. Come hear our "laughing lady." For even more fun, come on Fridays at 9 am for water volleyball.

Nancy Krail

-Dolphins are so smart that within a few weeks of captivity, they can train people to stand on the very edge of the pool and throw them fish.

# Abu Dhabi - Part One

"Help! That camel growled at me!"
Guess we got too close. Just look at that adorable
3-hour old baby camel! It looks as though it can't
stand up yet. The adult ones' legs are very long &
they are much bigger than the Arabian horses!

Sparkle & Shine! That describes it in a word! But during the 17 days of our family visit November 2010, we were much too busy sight-seeing & shopping to give an audience to those who also visited Abu Dhabi while we were there – not the queen of England, or Tom Cruise or Mrs. Patil, the President of India. Too bad for them! (But during this time the paper said they did establish good relations with the UAE of which Abu Dhabi is the capital. (Uniting seven emirates, the United Arab Emirates has Abu Dhabi as its capital city.)

Abu Dhabi & the Persian Gulf area is called "the cradle of civilization." Today as a new nation it remains virtually crime-free. After celebrating the Moslem holidays of Ramadan & Eid, while we were there they were preparing to celebrate their 39<sup>th</sup> National Birthday in December with handsome glitter & glitz, ironically in red & green.

Architecture. Innovative, creative, technical, sophisticated & disciplined in design, the finished structure synthesizes science & art. Buildings are sloped, round, angular, ribbon shaped, sleek. All built on tremendous foundations poured deep into the desert sand.

**Desert.** We were there in time for a church outing to the desert at sunset. In a caravan of 12 cars we found a deserted area in which to set up cook-outs & build a big bonfire. Before dark the kids went sliding down the dunes, got pulled on the sand from the back of a 4-wheel drive & enjoyed some dune bashing. It did get chilly in the moon-lit evening.

**Dubai & Al Ain.** Day trips to both of these cities brought further perspective. Dubai is even glittzzier with the famous Palm Jamaria (housing development extending out into the Persian Gulf in the shape of a palm tree) & the tallest building in the world spinning our heads

with its design & light shows. Al Ain, on the other hand, is preserving its ancient culture with lower building & its large spring-fed oasis of comforting beauty. Here the first mission hospital began, is appreciated & is currently being enlarged by the emirate of Abu Dhabi. Al Ain brought us close enough to look from a peak of their one mountain range into the country of Oman.

Falconry. In spite of the development of shooting birds on the wing today, hunting in the Middle East involves training birds of prey to snag a tasty fowl for you. The custom has continued since 600 BC. This hobby involves owning & maintaining an extremely expensive falcon & using it to catch migratory birds much larger than itself by diving down upon its prey from a point high above.

Food. I think I had my tabouleh everyday. A hypermarket in each charming, spacious & attractive mall displays eats from various countries such as Australia, China, Iran, Netherlands, South Africa, Saudi Arabia & Tunisia to name just a few. I saw at a glance such spices as turmeric & coriander powders in great open bags. Of fruits there were some we had only heard about & some we hadn't: papaya, dates, mango, star fruit, durian, rambutan, logan, langsat, mangosteen, dragon fruit and lychee.. Baklava, pistachios, hummus, nougats, sweet corn, yoghurt, semolina, olives galore, Wheatabix, Digestives, Arabic flat bread & chapati. All imports come by sea or by air.

**Global.** Arabs constitute only 20% of the population here. Most ex-patriots have service or construction jobs & are thus somewhat hidden from sight in their various occupation roles: working on building skyscrapers, behind counters, at the wheel of their taxis or as live-in maids. They come from "all around the world -" Iraq, Afghanistan, Turkey, Cashmere, Bangladesh as well as places I mentioned elsewhere. Our children took us to their Evangelical Community Church in a section of town where all kinds of churches are located together by city designers. Billy, our 12-year-old grandson, goes to The American Community School with students from "everywhere." His curriculum includes the Arabic language. (Part two next newsletter!)

Ruth Folta

# Cadbury is For the Birds

On November 14th the Sussex Bird Club held its semi-annual meeting at Cadbury. The meeting ended with a "round robin" when members report bird sightings since the last meeting. A member described seeing 3 Sandhill Cranes on route 16 at Prime Hook Wildlife Refuge. Sandhill Cranes are native to the mid-west, notably Nebraska along the Platte River. The adult stands 42 inches high, with a red forehead, white cheeks and a long bill. With a wingspan of up to 8 feet, they can fly long distances without stopping. The next day, Cadbury resident and bird club member Ann Erdman and her sister traveled to Prime Hook where they saw and photographed the 3 Sandhill Cranes. On Nov. 26th, the Cape Gazette printed an article on these cranes noting that they were last seen in Delaware in 2008 and prior to that in 1997. What a rare experience for Ann and her sister.

About Nov. 28th, Ken and Bea Robinson reported seeing of three Dark-Eyed Juncos from their 2nd floor apartment. This is the first sighting ever of a Junco at Cadbury. This Junco is 5 to 6 ½ inches in length, with black eyes, a slate colored head and back with a white underside. It winters in our area and further south. In the summer it returns to Canada where it breeds. It feeds on insects, berries and seeds. The 3 Juncos also visited the Bazzoli feeders where they ate cracked corn on the ground. Maybe next year they will return bringing more Juncos along.

About December 20th, Jim Sylvanus saw a hawk grab a dove in his back yard and carry it to the front yard where it proceeded to tear the dove apart and devoured it leaving feathers scattered around the yard. We believe that it was the Sharp-shinned Hawk that staff member Gene Frederick saw grab a sparrow in flight, reported in our last newsletter. It has recently been seen on cottage rooftops, on our fences, on top of a Bazzoli birdhouse and under the rosemary bush against their sunroom glass. When Frances entered the sunroom, it gave a loud scream and flew away.

The Sharp-shinned is not the only hawk at

Cadbury. Recently Bob Hein watched a Northern Harrier, (also known as a Marsh Hawk) walking around in his front yard. The next day it appeared in his backyard sitting on a tree stake where he and Ellane could view it in detail. The marsh hawk is almost twice the size of the Sharpshinned, hangs out in fields, marshes and grasslands feeding on small rodents, birds, reptiles, and insects.

Birds appearing at feeders now include sparrows and finches with starlings ground feeding along with an occasional crow. The Mocking Birds come to drink from the birdbath, but only feed on insects, spiders and fruit. They love raisins. Mallards show up at the retention pond at the entrance to Cadbury when there is enough water to bottom feed. The record number feeding at any one time is 22 mallards.

You are invited to the next Sussex Bird Club meeting at Cadbury on Sunday, March 13. The speaker will be Kevin Karlson, a well-known photographer, lecturer, operator of birding tours and co-author of a manual on shore birds. The Sussex Bird Club is paying to bring him to Cadbury.

Frances and Jim Bazzoli

# IN MEMORIAM Inez Best Marsha Gibbs Joseph Kurdirka Evelyn McKay Elvira Pasquale