

THE MOORINGS AT LEWES RESIDENTS' ASSOCIATION
Board of Directors' Meeting Minutes
Monday, December 12, 2022; 3:30 PM in the Welcome Room

WELCOME: President Jim McMullen welcomed everyone to the meeting.

CALL TO ORDER: President Jim McMullen called the meeting to order. All Directors were present except Carol Lader, Diane Bair, Bunny Guerrin, and Sherry Chappelle. A moment of silence was observed.

MINUTES: Kathy Holstrom reported that the minutes of the November Board of Directors' Meeting and General Meeting were posted in the Mail Room, the Library, and on the Website. If there are any additions or corrections needed, please put them in writing and place them in Kathy's cubby #135 and she will add them. Otherwise they will be filed.

CORRESPONDING SECRETARY'S REPORT: Kathy Holstrom for Carol Lader reported that she sent 6 cards this month. Please let her know of anyone who needs a card even just for cheering someone up. She thanked the Floor Reps for giving her names. To have a card delivered to Skilled Nursing, take it to the front desk.

TREASURER'S REPORT: Tom Reed reported that as of October 31, 2022 the account balance was \$63,060 less the Employee Appreciation Fund of \$39,744, leaving an operating balance of \$23,316. The income for November was \$490 (plus \$28,970) and expenses were \$924 (plus \$67,456) leaving a deficit of (\$434) (\$38,487). As of November 30, 2022 the account balance was \$24,140 less the Employee Appreciation Fund of \$1,258, leaving an operating balance of \$22,882.

Tom gave out the budget proposal for 2023 which is very close to last year's budget. Don Smith moved that the budget be accepted as presented. The motion was seconded and passed unanimously.

ASSISTANT TREASURER'S REPORT: No report.

COMMITTEE REPORTS:

Activities: Carol Bishop reported that the Committee met and the important new dates are:

January 10 there will be a bus for lunch at Nichola's. On January 19th the Wandering Wayfarers will take a trip to the Dover Air Force Museum.

Saturday, January 21st Lauri is planning a Bingo P.J. Party and January 22nd Clear Space has a performance, "Misery," a mystery. January 24th is the Men's Lunch and the Dinner Out will be at the Rose and Crown in Lewes. January 28th will be The February Dinner out Coastal Concert Series.

A new feature, Ladies' Lunch, will kick off on February 7th at Honey's. The Mid Atlantic Concert Series will be a string quartet at Epworth Church on February 11th.

On Valentines Day, February 14th, Lauri has booked "Crooning and Cocktails" prior to our Valentine's Dinner. On Thursday, February 16th, The Wandering Wayfarers will tour Zwanadel Museum in the morning, have lunch, and then tour the Lewes Museum. Coastal Concerts will be at 2 pm on February 18th.

Men's lunch is scheduled for February 21 but the place is unknown at this time. The February Dinner out will be at Red, White, and Basil on February 23rd.

The shuffleboard players will meet on January 3rd at 1:30 pm in the second floor Balcony/Loft for an organizational meeting and a demonstration of "Three Strikes."

Plans for the Merry Moorings' Holiday Dinner Out are complete with an attendance of 43 people. Car pools have been set up and everyone, hopefully, will be at Irish Eyes by 5:00 pm. If you have not heard otherwise, then you are on the bus. Pam will have a complete list at the front desk December 13th.

Bylaws: No report

Communication: Tom Reed reported that the cut-off for articles for the Newsletter is February 1st or call David Bleil. Please try to keep your articles short. See Don Smith to have your picture updated. Also, an updated list of Committee members should be given to Jim McMullen or Bill Littell.

Dining: Don Smith reported that the Committee met on December 2 with 8 members present, including Pam Barnette. Pam said that she has reordered the comment cards for the third time. She was told they would be here in 7-10 days. She will check on this.

Don and the Committee suggested that, when they arrive, they be placed on the tables in the Chart Room, complete with pencils, so residents can fill them out as they eat.

Pam reported that the fall and winter menus have been completed at The Moorings' level and have been forwarded to Morrisons for review. At Morrisons their dieticians must first evaluate them, followed by a budget review to ensure that what The Moorings has requested is equal to or less than the food budget. Pam indicated that Morrisons' protocol will be completed before our January 5th. 2023 meeting. She will follow up prior to the meeting to ensure this is the case.

Pam reported that future menus would be changed to be appropriate to the season (spring and summer).

Special (upgraded) meals will only be provided on select occasions. Due to the hectic holiday season, these cannot be provided now. This item will be tabled until the January 5th meeting.

Supper Club and Sunday Brunch will be started in January. Supper Club will be in the Bistro with more casual food and will be a \$7.00 meal and Sunday Brunch will be from noon to 2:00 pm.

Many residents are disappointed with Morrisons' takeover of dining since they have not seen any changes or improvements. It was suggested that Tom Reed, our trustee, make David Woodward aware of our discontent. No decision was made regarding this.

Andrew LaValle, Morrisons' Regional Manager, wants to do "front of the house" training for the dining staff on December 13th. This was done. Pam will make arrangements for Andrew to attend Dining Committee meetings any time he is wanted.

Pam announced that she had five potential new employees. As of this month, two have been hired.

Don Smith asked about the job fair that Pam said would be held. She advised that none has been held due to the needed support from Morrisons whose project manager said he was too busy at other facilities to provide any assistance.

Pam advised that no replacement for Tim has been found. However, a possible in-house candidate is being considered.

The Committee requested that larger plates be used for “Lights of Love” than last year, and Pam agreed to use larger paper plates for the buffet and placed small paper plates on the tables for the food distributed by the staff.

Two Community Tables with different seating times were suggested but Pam said one would be sufficient. She advised that residents can be seated at this table even if other seated residents have ordered or been served.

Sometimes there is no staff member available to seat a resident in the Chart Room. It was suggested that a resident volunteer might do this, when needed. Pam will consider this.

With the problem of getting a satisfactory veal product, it was suggested that Chicken Parmisan replace the veal dish. Pam will discuss this with Mary.

Sugar-free ice cream is now available for IL residents.

Morrison's will not allow regular or unsalted butter due to cost and inventory control.

The next Dining Committee Meeting is scheduled for January 5th, 2023 at 3 pm in the Welcome R

Employee Appreciation: Kathy Holstrom reported for Carol Lader that more than \$67,000 was donated by our residents for the event—the most ever! The checks were distributed December 7th accompanied by a gift bag of holiday candy and everyone was genuinely pleased and appreciative.

The checks that were not picked up were turned over to Lauri weeks who will ensure that they are given out promptly. Carol wrote a thank-you to the membership for their generosity.

Gift Shop: Kathy Holstrom for Diane Bair reported that the income for November was:

Cash	\$425.85	
Bingo	\$65.50	
Charges	<u>\$202,,50</u>	
Total	\$693,95	
Expenses	<u>\$ 48.71</u>	
Total income	\$645.24	Many thanks to the volunteers who make the Shop a success.L

Library: Judy Burgess reported that the Christmas collection of books has come back to the Library. There is a great variety of books on holiday themes. Even though you have seen some Before, we are always getting new books so lease check again New window treatments (Roman Shades) are going in the Library so it will be off-limits for a time.

The next Committee meeting will be scheduled after the windows are completed.

Nominating: Gil Kaufman reported that the following nominees for the 2023-2024 term on the TMALRA Board of Directors, announced at the November meeting, will be voted upon at the All-Resident meeting on December 18th.

For President: current VP Don Smith

For Vice President: Ed Steiner

For Secretary: renominate Kathy Holstrom

For Cottage Representative: renominate Sherry Chappelle

For East Wing First Floor Area Representative: renominate Bunny Guerrin (2023 term, only)

For West Wing First Floor Area representative: renominate Peg Partlow

At that time, there will be an opportunity for nominations from the floor to be accepted, provided those nominees have already agreed to serve, if elected.

If no additional nominations are received, a motion to approve the recommended nominees by acclimation will be accepted.

Program: Adele Trout reported that the movies have been uploaded to the Website.

The Programs scheduled are as follows:

December 16, 2022 – Christmas Candle

December 20, 2022—The Cadbury Chorus Christmas Concert, 7 pm

December 23, 2022 – Love Actually, DVD

December 30, 2022 - Into the Woods (Musical), DVD

January 6, 2023 – Where the Crowdads Sing, DVD

January 13, 1023 – Ed Has The Top Gun Maverick, DVD

January 17, 2023 -- Gil Kaufman, Revisiting Mars

January 20, 2023 – Salmon Fishing in Yemen, DVD

January 21 2023 - The Apollo Guidance Computer

The next Committee meeting will be January 4, 2023 at 1 pm in the Welcome Room.

Wellness: Gail Bourassa reported that ten residents attended the Committee meeting on December 5th.

The group discussed the article written by Sharon Hoover on Successful Aging including the necessity of physical exercise. This is important not only to keep active and age well, but for reasons of balance. It was suggested that someone from physical therapy be contacted to determine what exercises might be beneficial. Shaun, the physical therapist in assisted living was mentioned as a resource.

Faith Duncan discussed her doing yoga in AL. She does chair yoga which incorporates many yoga moves. Channel 970 has exercises that may be performed by residents of AL and IL. She stated that attempting yoga without proper supervision may be dangerous as it is difficult to follow directions and perform the movements at the same time.

It was suggested that an article about what chair exercises are and their benefits be put in the Newsletter which might encourage others to participate in the program.

Don Smith mentioned that there are three families that are concerned about their mothers' depression at this holiday time. This led to a discussion of the need for a Social Worker here. There is no Social Worker for Assisted Living. The Case Manager and Director of Admissions is Christie Berrios, LPN. Many people feel that there should be more interaction between AL and IL residents. It would be nice to have some IL residents volunteer to take AL residents to various activities. There are also activities for new residents so they will not feel so isolated. There are Family Resources available in town to assist with concerns of loneliness and depression.

There is a need for long-term residents to invite new residents to various activities such as Happy Hour or tree trimming or eating together in the Chart Room. This would help new residents not feel so isolated and allow them to meet new people. This is especially helpful for new cottage residents. There are breakfast groups in the Bistro in the morning and a community table in the Chart Room for dinner and movies and games in the evenings.

A New-Comers' table at dinner time would allow current residents to invite newer residents to dine with them. It would be helpful if residents would wear their name tags, also. Companions for new residents would also assist them in learning what The Moorings is all about and how to navigate the many parts of it.

Don Smith mentioned things being discussed for next year, such as a Sunday Brunch, an upgraded meal periodically, and a Supper Club weekly.

The desire for a Care Giver Support Group will be discussed and organized early next year. It will be an informal group without an outside leader.

Everything discussed for assisting new residents to become more familiar with activities, etc., here will be reviewed and means of making some of these things happen will be organized and begun in the new year.

Wood Shop: Richard Thomas reported that he repaired an item for a resident and there is nothing being done now because the lathe stopped working. It will be repaired.

Area Reports:

West Wing, 1st floor - Peg Bartlow reported no change; no vacancies

West Wing, 2nd floor - Linda T reported no change; no vacancies

East Wing, 1st floor - Bunny Guerrin reported no change; two vacancies

East Wing, 2nd floor - Diane Bair reported no change; no vacancies

Cottages, Mildred Wiedmann - reported no change; no vacancies

Cottages, Sherry Chappelle reported no change; one vacancy

Health Center – No report

Special Reports:

BUILDING AND PROPERTY COMMITTEE REPORT: No report

RESIDENT LIFE COMMITTEE REPORT: Don Smith reported that the following items were discussed at the November 30, 2022 meeting:

Ed Steiner was introduced as Don's replacement effective January 1, 2023

Engaging IL residents to invite AL residents to IL activities will be a goal of RLC in 2023

Gail reviewed the results of the Grief Support Group

Gail discussed the possible future Care Giver Support Group

Research on the benefits of the Lewes Fire Department ambulance service annual subscription program will be done and reported on by Gail.

Scott Burdett of Parsell's will be invited to make a presentation on final planning before an All-Residents Meeting (no date yet)

The brochure, "Demystifying Assisted Living" has been completed and Lauri will now forward it to Corporate's Legal Department for its review and comments. Hopefully, the final product will be available by the late second quarter of 2023

The Committee's goals and possible projects for 2023 were discussed

The Moorings' policy on helping residents who have fallen was reviewed

The new Activity Sign-up guidelines were reviewed

FINANCIAL WORKING GROUP REPORT: No report

TRUSTEES REPORT: Tom Reed distributed the latest trustees report to the members.

DEI COMMITTEE REPORT: No report

SAFETY COMMITTEE REPORT: No report

OPEN FORUM: Corinne Lehman reported that there will be a New Year' Eve Dinner followed by a live band starting at 6:30 for dancing and enjoyment. Balloons need to be blown up prior to the date and volunteers are needed. The balloons will be released from the loft along with the "BALL" at 9 pm

Wanda will be serving drinks and there will be a desert bar.

OLD BUSINESS: None

NEW BUSINESS: None

ADJOURNMENT: There being no further business, the meeting was adjourned at 4:38 pm.

Respectfully submitted, Kathy Holstrom, Secretary

