# THE MOORINGS AT LEWES RESIDENTS' ASSOCIATION Board of Directors' Meeting Minutes Monday, April 10, 2023; 3:30 PM in the Auditorium

**WELCOME:** President Don Smith welcomed everyone to the meeting.

**CALL TO ORDER:** President Smith called the meeting to order. All Directors were present except Gil Kaufman. A moment of silence was observed.

**OPENING REMARKS**: President Smith announced that a professional is being sought to come and balance the shuffleboard table. Jim McMullen said he is trying to find someone to do this and will report on his efforts in September.

Committee chairpersons are asked to advise Lauri if their committees need additional help. When doing this, provide a short description of the committee along with their email address and phone number.

Requested comment cards regarding Morrisons are being tabulated and will be given to Annette prior to the May 2<sup>nd</sup> afternoon exchange.

Focus groups (Resident Forums) will be reinstated (West Wing, East Wing, and Cottages) with Lauri leading the discussions.

**MINUTES:** Kathy Holstrom reported that the minutes of the March Board of Directors' Meeting and General Meeting were posted in the Mail Room, the Library, and on the Website. If there are any additions or corrections needed, please put them in writing and place them in Kathy's cubby #135 and she will add them. Otherwise they will be filed.

**CORRESPONDING SECRETARY'S REPORT:** Carol Lader reported that she sent 18 cards this month. Please let her know of anyone who needs a card even just for cheering someone up. She thanked the Floor Reps and others for giving her names.

**TREASURER'S REPORT:** Tom Reed reported that as of February 28, 2023 the account balance was \$32,358 less the Employee Appreciation Fund of \$3,043, leaving an operating balance of \$32,358. The income for March was \$331 and expenses were \$244 leaving a surplus of \$87. As of March 31, 2023 the account balance was \$32,358 less the Employee Appreciation Fund of \$3,043, leaving an operating balance of \$29,315.

**ASSISTANT TREASURER'S REPORT:** No report

### **COMMITTEE REPORTS::**

**<u>Activities:</u>** Carol Bishop reported that the Committee met and the important new activities are:

April 13 – Trip to Dover Air Force Base Museum

May 6 – British Car Show - tickets \$8.00 at the Ferry

May 18 - Cape May Ferry trip

June special – Possum Point Players – "Social Security" \$20 check to Carol (11 seats available)

June 15 – trip to Botanic Gardens and lunch at Porto's

Mildred Wiedmann and Mary Ellen Alls will join Carol and Lisa to proof the calendar each month prior to distribution.

**Bylaws**: No report

<u>Communication:</u> Tom Reed reported that the deadline for articles for the Newsletter is May  $1^{\text{st}}$ . Please keep them short and give them to Sharon Hoover for editing. Committee chairs are asked to let Bill Littell know of any changes to your membership. He can give you emails for your members, if you need them.

**Dining**: Bob Porta reported that the Committee met on April 6th.

New menus will be introduced May 1st.

There will be no regular Sunday Brunch in the foreseeable future.

The Supper Club has been eliminated.

Paper begs will be provided for the foreseeable future.

Pam is reviewing comment cards and preparing a spread sheet report to be given to the Committee Chair when ready.

**Gift Shop**: Diane Bair reported that the income for March was:

Income: \$246.00 (Cash)

\$131.50 (Bingo)

\$224.20 (Charges)

Total \$601.70

Expenses: \$220.39

Total Profit \$381.31

Again, many more thanks to our donators! Some items are sold as soon as they are displayed and presently we have a nice "new" supply of items ready to appear on the shelves. Please continue to keep our shop in mind for all those items you consider may want to travel to a new home!!!

<u>LIBRARY:</u> Judy Burgess reported first, some Do's and Don'ts: **DO** look over our very limited collection of books recorded on CDs. We have a small collection on a free-standing book shelf located in front of one of the windows. Many of you are having vision problems and may find enjoyment in one of these sets. We would greatly appreciate having your ideas for making this section better.

Please **DON'T** reshelve any of the books you have borrowed. These are to be put into our "return" box, just inside one of the doors. The borrowed book then receives a mark that indicates its use. This enables us to know its popularity. There are some on the committee who love to return the books you have borrowed. This has become a part of their morning routine.

Sherry Chappelle has again agreed to gather submissions you have written, this time about your summer reads. These are little pieces about the books you have enjoyed this summer and that you think others might enjoy. Your name, the book's title, the book's author, and a short bit about the book is all she needs. These will be published in our Newsletter which we will get in mid-August. Send your notes to Sherry at Cottage 45 or Email by August 1<sup>st</sup>, please.

Our next Library Committee meeting will be on June 29, 2023 at 4 pm.

**Nominating:** No report.

**<u>Program:</u>** Adele Trout reported that the movies have been put on the Website.

The Programs are as follows: April 18 – "Seasons of Harvest." Sherry Chappelle has arranged for a poetry reading as our program.

Adele announced her resignation as chair of the committee effective June 30, 2023

**Wellness:** Gail Bourassa reported that the Committee met on April 3, 2023 with thirteen members present.

There was a discussion about the use of juices with Safe Harbor Residents. Juices are high in sugar and this is known to cause agitation in some and may be a factor with some residents in Safe Harbor. It is recommended that the use of juices be limited. Water, fresh fruit, and vegetables are preferable as they will assist in needed hydration. It has been requested that a Springpoint Dietician do a presentation here on the use of sugar and especially juices for hydration.

There has been a complaint that when ordering cranberry juice residents are receiving cranberry juice cocktail instead. The Moorings Market will be advised of this.

There is concern about another Covid 19 booster to be administered 6 months after the last booster was received. This has not yet been approved by the CDC. If a resident desires this he/she will need to get an order from a physician in order for it to be administered and paid for by Medicare or a private insurance

There was a discussion about the Advance Directive. Questions included whether or not Beebe Hospital has a copy of one for each person who has been admitted as a patient. Does the Delaware Advance Directive address dementia issues? Are The Five Wishes legally acceptable in every state? Does the File of Life have the Advance Directive in it?

Are Care Plans done in Assisted Living and Safe Harbor? When being done, is the resident and the responsible party involved in the meetings?

It was recommended that a reminder regarding the need for proper hydration during the summer months be placed in the quarterly newsletter.

**Wood Shop:** Richard Thomas reported that he fixed a chair for a resident.

#### **Area Reports:**

West Wing, 1st floor - Peg Partlow reported no change; no vacancies

West <u>Wing</u>, 2<sup>nd</sup> floor - Linda T reported that Theresa Montgomery will be moving into Apartment 210 and Marjorie Mounts will be moving into Apartment 205; no vacancies

East Wing, 1st floor – Bunny Guerrin reported no change; one vacancy

East Wing, 2<sup>nd</sup> floor - Diane Bair reported no change; no vacancies

Cottages, Mildred Wiedmann - reported no change; one vacancy

Cottages, Sherry Chappelle – Walter Clarke has moved into Cottage 32; no vacancies

Health Center – Gil Kaufman reported that the census is as follows

Assisted Living 27/30 – 90%

Safe Harbor 10/13 – 72%

## Skilled Nursing 34/40 – 85%

## **Special Reports:**

**BUILDING AND PROPERTY COMMITTEE REPORT:** No report

**RESIDENT LIFE COMMITTEE REPORT:** No report

FINANCIAL WORKING GROUP REPORT No report

TRUSTEES REPORT: Tom Reed put a report in the members' cubbies.

**DEI COMMITTEE REPORT:** No report

**SAFETY COMMITTEE REPORT**: No report

**OPEN FORUM:** None

**OLD BUSINESS:** None

**NEW BUSINESS:** Paul Capitan died

**ADJOURNMENT:** There being no further business, the meeting was adjourned at 4:30 pm.

Respectfully submitted, Kathy Holstrom, Secretary