



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>LEGEND</p> <p>Registration Required</p> <p>Special Events</p> <p>Please refer to the Community App or Channel 970 for more information</p>	<p>morning exercise 1</p> <p>11:00 Qigong/Tai Chi A</p> <p>11:00 Water Waves P</p> <p>11:00 FLOWER TRIP L</p> <p>East Coast Nursery</p> <p>1:00 Drop In Color B</p> <p>1:00 TECH TALK A</p> <p>Community Apps</p> <p>3:30 Wellness Committee Q</p> <p>6:50 Bridge LR</p> <p>7:00 Five Crowns B</p>	<p>morning exercise 2</p> <p>10:00 Ping Pong PP</p> <p>11:00 Cadbury Chorus A</p> <p>11:00 Horseshoes PT</p> <p>1:00 Trivia & Treats LR</p> <p>1:00 Recorders A</p> <p>1:00 Aqua Rockets P</p> <p>2:00 Bark In The Park</p> <p>3:30 Afternoon Exchange A</p> <p>7:00 Cribbage LR</p>	<p>morning exercise 3</p> <p>9:00 BANK & POST OFFICE L</p> <p>9:30 Painting Group C</p> <p>10:15 GROCERY - GIANT L</p> <p>11:00 Horseshoes PT</p> <p>11:00 Water Waves P</p> <p>1:00 WALMART L</p> <p>1:00 Program Committee W</p> <p>1:30 Catholic Prayer Group AL</p> <p>3:00 Ping Pong PP</p> <p>4:00 RESIDENT SERIES A</p> <p>Grace & Frankie</p> <p>7:00 Canasta LR</p>	<p>morning exercise 4</p> <p>10:45 Chair Yoga A</p> <p>12:00 Episcopal Service Q</p> <p>12:15 LADIES LUNCH L</p> <p>The Crystal in Rehoboth</p> <p>1:00 Crossword LR</p> <p>1:00 OPERA & BALLET BUFFS A</p> <p>Otello by Verdi</p> <p>1:00 Aqua Rockets P</p> <p>2:00 Bark In The Park</p> <p>3:00 Dining Committee W</p>	<p>morning exercise 5</p> <p>10:15 Recyclers L</p> <p>11:00 Water Waves P</p> <p>2:00 Poker CR</p> <p>3:45 Birthday Happy Hour B</p> <p></p> <p>5:00 Cinco Dinner Buffet B</p> <p>7:00 MOVIE NIGHT A</p> <p>Living</p>	<p>6</p> <p>8:30 FARMERS MARKET L</p> <p>9:30 Lewes</p> <p>10:00 Water Volleyball P</p> <p>10:00 Lewes British L</p> <p>12:30 Motorcar Show</p> <p>1:00 Game Day B</p>	
	<p>7</p> <p>10:00 Quaker Meeting Q</p> <p>2:00 Mah Jong LR</p> <p>4:00 Sunday Service A</p>	<p>morning exercise 8</p> <p>11:00 Qigong/Tai Chi A</p> <p>11:00 Activity Committee W</p> <p>11:00 Water Waves P</p> <p>1:00 Drop In Color B</p> <p>1:00 TECH TALK A</p> <p>Dr. Sehgal's portal</p> <p>2:15 CRAFT TIME C</p> <p>Garden Pot Painting</p> <p>3:30 TMLRA Board Mtg W</p> <p>6:50 Bridge LR</p> <p>7:00 Five Crowns B</p>	<p>morning exercise 9</p> <p>COTTAGE RECYCLING</p> <p>10:00 Ping Pong PP</p> <p>11:00 Cadbury Chorus A</p> <p>12:15 LUNCH OUT L</p> <p>Lobster Shanty (Fenwick)</p> <p>1:00 Trivia & Treats LR</p> <p>1:00 Recorders A</p> <p>1:00 Aqua Rockets P</p> <p>2:00 Bark In The Park</p> <p>3:30 Sacred Grounds 2 Q</p> <p>3:30 Paul Lovett Diorama Tour L</p> <p>7:00 Book Club A</p> <p>7:00 Cribbage LR</p>	<p>morning exercise 10</p> <p>9:00 BANK & POST OFFICE L</p> <p>9:30 Painting Group C</p> <p>10:15 GROCERY - ACME L</p> <p>11:00 Horseshoes PT</p> <p>11:00 Water Waves P</p> <p>1:00 PHARMACY & WEIS L</p> <p>3:00 Ping Pong PP</p> <p>4:00 RESIDENT SERIES A</p> <p>Grace & Frankie</p> <p>7:00 Canasta LR</p> <p>7:00 Play Readers C</p>	<p>morning exercise 11</p> <p>10:45 Chair Yoga A</p> <p>11:00 Catholic Eucharist AL</p> <p>12:00 Episcopal Service Q</p> <p>1:00 Crossword LR</p> <p>1:00 Aqua Rockets P</p> <p>2:00 Bark In The Park</p> <p>3:30 Do I Hear Music Q</p> <p>5:00 HODGE PODGE CR</p> <p>DINNER</p>	<p>morning exercise 12</p> <p>10:15 Recyclers L</p> <p>11:00 Water Waves P</p> <p>2:00 Poker CR</p> <p>3:45 Happy Hour B</p> <p>7:00 MOVIE NIGHT A</p> <p>John Carter</p> <p>7:00 MID-ATLANTIC SYMPHONY L</p> <p>Jazz Orchestra - Epworth</p>	<p>13</p> <p>10:00 Water Volleyball P</p> <p>1:00 Game Day B</p>
	<p></p> <p>11:00 am - 2:00 pm (Lemonade will be served in the coffee station)</p>						

MORNING EXERCISE CLASSES
MWF
9:00 Move it, Shake it, Lift it
9:30 Advanced Conditioning
9:45-10:15 "Fun"ctional Strength
TU TH
9:00 Roll with it
9:30 Advanced Conditioning
9:45-10:15 "Fun"ctional Strength

FARMERS MARKETS
ARE BACK!!
Trips are 5/6 & 5/16

302-344-3250
to order dinner

LADIES LUNCH- 5/4
The Crystal (Rehoboth)
LUNCH OUT- 5/9
Lobster Shanty (Fenwick)
MENS LUNCH- 5/23
Big Oyster (Lewes)
DINNER OUT- 5/25
Cultured Pearl (Rehoboth)

Lewes British Motorcar Show
Saturday, May 8th/Rain Date Sunday, May 9th.
For tickets and transportation see Concierge.



Calendar Key
A-Auditorium AL-Assisted Living
B-Bistro C-Creative Arts Room
CR-Chart Room DR-Skilled Dining Room
F-Fitness Center FE-Front Entrance
IS-Indoor Shuffleboard L-Lobby LB-Library
LR-Living Room O-Outside P-Pool
PP- Ping Pong Room PT-Patio
Q-Quiet Room S-Shuffleboard
W-Welcome Room Z-Zoom



NATIONAL STRAWBERRY MONTH Calendar of Fun - MAY 14 - 31

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
14	<i>morning exercise</i> 15	<i>morning exercise</i> 16	<i>morning exercise</i> 17	<i>morning exercise</i> 18	<i>morning exercise</i> 19	
10:00 Quaker Meeting Q	11:00 Qigong/Tai Chi A 11:00 Water Waves P 1:00 Drop In Color B 1:00 Tech Talk A 3:30 TMALRA All A Resident Meeting 6:50 Bridge LR 7:00 Five Crowns B	10:00 Ping Pong PP 10:00 FARMERS MARKET L 11:00 Rehoboth 11:00 Cadbury Chorus A 1:00 Trivia & Treats LR 1:00 Recorders A 1:00 Aqua Rockets P 2:00 Bark In The Park 7:00 Cribbage LR 7:00 PROGRAM NIGHT A Camp Rehoboth Ensemble	9:00 BANK & POST OFFICE L 9:30 Painting Group C 10:15 GROCERY - GIANT L 11:00 Horseshoes PT 11:00 Water Waves P 1:00 PHARMACY & WEIS L 1:30 Resident Life Committee W 2:00 Scrabble/Upwords C 3:00 Ping Pong PP 4:00 RESIDENT SERIES A 7:00 Canasta LR	9:30 CADBURY CRUISERS L 5:40 Cape May for the Day 10:45 Chair Yoga A 12:00 Episcopal Service Q 1:00 Crossword LR 1:00 OPERA & BALLET BUFFS A La Rondine - Puccini 1:00 Aqua Rockets P 2:00 Bark In The Park	10:15 Recyclers L 2:00 INFO SESSION A Medicare & Insurance 3:45 Happy Hour B 7:00 MOVIE NIGHT A Chariots of Fire	10:00 Outdoor Shuffleboard S 9:45 Rehoboth L 12:30 Arts Festival 1:00 Game Day B
1:15 CLEAR SPACE L Next to Normal						
2:00 Mah Jong LR 4:00 Sunday Service A						
21	<i>morning exercise</i> 22	<i>morning exercise</i> 23	<i>morning exercise</i> 24	<i>morning exercise</i> 25	<i>morning exercise</i> 26	
10:00 Quaker Meeting Q 2:00 Mah Jong LR 4:00 Sunday Service A	11:00 Qigong/Tai Chi A 11:00 Water Waves P 1:00 Drop In Color B 2:15 CRAFT TIME C Garden Wind Chime 6:50 Bridge LR 7:00 Five Crowns B	10:00 Ping Pong PP 11:00 Cadbury Chorus A 12:15 MENS LUNCH L Big Oyster Brewery (Lewes) 1:00 Trivia & Treats LR 1:00 Recorders A 1:00 Aqua Rockets P 2:00 Bark In The Park 2:30 CONCERT A Back Bay Strummers 3:30 Sacred Grounds 2 Q 7:00 Cribbage LR	9:00 BANK & POST OFFICE L 9:30 Painting Group C 10:15 GROCERY - REDNER'S L 11:00 Horseshoes PT 11:00 Communications Cmte W 11:00 Water Waves P 1:00 PHARMACY & WEIS L 2:00 Scrabble/Upwords C 3:00 Ping Pong PP 4:00 RESIDENT SERIES A Grace & Frankie 7:00 Canasta LR 7:00 Play Readers C	10:45 Chair Yoga A 11:00 Catholic Communion AL 12:00 Episcopal Service Q 1:00 Crossword LR 1:00 Aqua Rockets P 2:00 Bark In The Park 3:30 Do I Hear Music Q 5:15 DINNER OUT L Cultured Pearl (Rehoboth)	10:15 Recyclers L 11:00 Water Waves P 2:00 Poker CR 3:45 Happy Hour B 7:00 MOVIE NIGHT A Only You Jazz Orchestra - Epworth	10:00 Outdoor Shuffleboard S 1:00 Game Day B
28		<i>morning exercise</i> 30	<i>morning exercise</i> 31	<div data-bbox="1545 1128 2029 1421" style="border: 1px solid blue; border-radius: 15px; padding: 10px; background-color: #e6f2ff;"> <p>MORNING EXERCISE CLASSES MWF 9:00 Move it, Shake it, Lift it 9:30 Advanced Conditioning 9:45-10:15 "Fun"ctional Strength TU TH 9:00 Roll with it 9:30 Advanced Conditioning 9:45-10:15 "Fun"ctional Strength</p> </div> <div data-bbox="1545 1421 2029 1542" style="border: 1px solid red; border-radius: 15px; padding: 10px; background-color: #fff9c4; margin-top: 10px;"> <p>302-344-3250 to order dinner</p> </div>		
10:00 Quaker Meeting Q 2:00 Mah Jong LR 4:00 Sunday Service A	11:00 Qigong/Tai Chi A 1:00 Drop In Color B 6:50 Bridge LR 7:00 Five Crowns B	10:00 Ping Pong PP 11:00 Cadbury Chorus A 1:00 Trivia & Treats LR 1:00 Recorders A 1:00 Aqua Rockets P 2:00 Bark In The Park 7:00 Cribbage LR	9:00 BANK & POST OFFICE L 9:30 Painting Group C 10:15 GROCERY - H. TEETER L 11:00 Horseshoes PT 11:00 Water Waves P 1:00 PHARMACY & WEIS L 2:00 Scrabble/Upwords C 3:00 Ping Pong PP 4:00 RESIDENT SERIES A Grace & Frankie 7:00 Canasta LR			

Rehoboth Arts Festival

Saturday, May 20, from 10am-5pm,
in Grove Park, where artists will
showcase/sell their work.

The park will be full tents of original,
quality artwork & jewelry, from RAL
members along with other outside
artists.