MINUTES

CADBURY AT LEWES RESIDENTS’ ASSOCIATION

GENERAL MEETING

Monday, October 16, 2017; 3:30 pm in the Auditorium

**CALL TO ORDER:** Vice-PresidentBill Gehron called the meeting to order. There were 64 members present. A period of silence was observed.

**MINUTES:** The minutes of the September 11, 2017 Board of Directors’ Meeting and September 18, 2017 General Meeting were posted in the Mail Room and the Library. No additions or corrections were needed and they were filed.

**CORRESPONDING SECRETARY’S REPORT**: Binky Tompkins reported that she sent 5 cards.

**TREASURER’S REPORT**: Jim McMullen reported that the balance as of August 31, 2017 was $8,012. Income for September was $490 and expenses were $692 leaving a net amount of ($201). The balance as of September 30, 2017 was $7,810 including an Employee Appreciation carryover of $1,939. The actual CALRA operating balance is $5,871.

**CAROL HOLZMAN AND GIL KAUFMAN MEETING REPORT:** Bill reported that Gil Kaufman and Carol met with David Woodward, Sr. Vice President of Programs at Springpoint, and the following were observed:

Springpoint is increasing operations at Cadbury and some of their employees are here.

A new accounting system is going in and the financial reports will look different.

There is excellent rapport between Carol and her new boss, David Woodward.

Gil had good impressions from the meeting and is expecting good changes to come.

Fiscal-year transition concerns are being taken to Carol Holzman.

Bill reported that there was an article about our affiliation with Springpoint in the Cape Gazette and he read part of the statements to the membership.

**COMMITTEE REPORTS:**

**Activities:** Carole Bishop reported that there is still a problem with people signing up to go on trips and then cancelling, sometimes leaving only one person to go. Please consider this before cancelling. Activities for the rest of October and for November are:

Oct. 23 – Big Fish

Oct. 24 – Men’s lunch at The New Dog Fish Head

Oct**.** 28 – Coastal Concerts- Four Hands Piano

Oct. 29 – Clear Space matinee “The Fantastics”

Oct. 31 – Halloween dinner and parade

Nov. 1 – Assateague Island National Seashore Park

Nov. 4 – Officers’ Craft and Holiday Show

Nov. 7 – Greene Turtle

Nov. 8 – Ward Museum in Salisbury

Nov. 12 – Southern Delaware Chorale – Brahms Requiem

Nov. 13 – Buttery

Nov. 14 – Lefty’s for lunch

Nov. 15 – Wiley’s near Smyrna, lunch at Meding’s Seafood

Nov. 17 – Cadbury’s Holiday Craft Fair begins

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Nov. 18 – Coastal Concerts

Nov. 21 – Miltonian Pizzeria and Wing House in Milton

Nov. 23 – Thanksgiving dinner

Nov. 25 – The Capital Ringers – hand bell concert - $10

Nov. 27 – Winter Wonderfest of Lights

Nov. 28 – join the male assemblage for Jimmy’s Grill

Nov. 29 – Dover Downs and Mall

Nov. 30 – Hospitality Night in Lewes – Bus leaves at 5 pm

**Communications**: Sara Corbishley reported that the newsletter deadline is November 1st. She explained how the photo shoot was done on October 13th . Fifty four people were photographed and thanks were given to Jim McMullen and Curt Christensen for getting everyone taken care of in a timely fashion. She

also thanked the Coastal Camera Club for its enthusiasm and providing photographers from its Portrait Photography Group, The pictures will be ready in several weeks at which time a schedule will be announced for you to preview your picture and/or order copies.

**Dining**: Corinnne Lehman reported that the Committee met on October 5th. Discussed were the shortage of wait staff, the scarcity of job-seekers, and kitchen workers taking sick days leaving not enough workers to get the jobs done in a timely manner. A new method of keeping adult kitchen staff is being implemented as well as training of new waiter staff. New recipe formulas are in the future; hopefully some from

Springpoint. A costume parade and dinner are scheduled for Halloween and more kitchen tours are coming up. The comment cards are shared with staff, both positive and negative, and the overall satisfaction score is 4.4 out of 5.0.

**Employee Appreciation:** Jim McMullen reported that the 2017 campaign kicked off October 1. To date, we have collected $16,890 from 54 individuals. More emphasis is being put on AL and SH as these units have about half of the employee participants. A mailing to family sponsors of AL and SH residents has been prepared which Barbara White will address and mail. Some family sponsors of residents who have moved out or passed on have asked if they can contribute and they will be notified of the campaign. There are several ways to maintain awareness including our TV channel, e-mail, word-of-mouth, mention in meetings, and reminder notes to non-contributors. The cookie sign-up sheets will be posted in the mail room and in the cubby area early in November. Employees’ gift checks will be distributed December 6th from 1 to 5 in the bistro. The wooden box for contribution envelopes is in the mail room on the counter.

**Gift Shop**: Elsie Gould reported that the income for September, 2017 was $490 and expenses were $87. This leaves a net profit of $403. The cumulative amount is $3,176. Donations are still needed. Remember that 100% of the profits go to the CALRA treasury to support its activities. Volunteers are needed and thanks to Marianne Jarvis for joining the group.

**Library**: Judy Burgess reported that there will be an article in the next newsletter about our collection of bird books received from the Sussex Bird club. There are about 80 books and magazines in the new shelves, also donated. More book-ends have been purchased. Thank you, Marianne Jarvis. Thanks also to Tom Eichenlaub who faithfully takes our duplicates or other discards for recycling. The Library needs

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more help from people in shelving returned books, taking our cart to the health center, and exchanging books on coffee tables in the Community Building. Contact Mildred or Judy for details. The next meeting will be December 14th at 3 pm.

**Nominating:** Jane Lord reported that the Committee has completed its work and will be presenting a slate of nominees at the November Board Meeting. Offices that are up for election this December are:

Vice President (I year\*)

Corresponding Secretary

Treasurer

Assistant Treasurer

East Wing 2nd Floor Representative

West Wing 1st Floor Representative (I year\*)

West Wing 2nd Floor Representative

Cottage Representative

Assisted Living Representative

(\*one-year terms bring elected offices in line with revised Bylaws)

**Program**: Rich Woolley reported that the monthly 7 pm programs will be:

October 17 – “Shipwrecks of the Delaware Coast” by Dale Clifton

November 21 – “An evening with photographer Kevin Fleming

December 19 – “Voices of Praise Gospel Choir” by Rich Woolley

December 17 - Cadbury Chorus’ Christmas Concert at 7 pm.

January 16 – “The Kremlin and Palaces of Russia” by Gil Kaufman

**Wellness:** Sharon Hoover reported that it is important to remember that Emergency Pull Cords must be pulled down—not up, not out—down.

Social Security numbers are required on the permission sheet for flu shots to certify that the recipient is a Medicare patient and therefore cost coverage can be enacted.

Concerns have been expressed about the availability of CNAs (Certified Nurse Assistants) to answer call bells in Skilled Nursing. The bell-wait time is recorded electronically and checked regularly. The Committee has requested that this be more carefully monitored. The required number of CNAs has been reported in Skilled Nursing according to state regulations. The numbers are not as stringent in Assisted Living, so the practice is to borrow CNAs from AL when they are needed in Skilled. The Committee is requesting that the administration monitor this movement more carefully. CNAs are now required to sign in and out for breaks to make certain that there are not several missing from the floor at once. These issues have been brought to the attention of Beth Seeds who does the educational programs for CNAs. The Committee will consider the possibility of having Beth attend one of its meetings to talk about CNA education. The Committee is following up on residents’ reports and is trying to follow through on them, so please continue to report concerns.

The AARP news states that Delaware reports concerns about the growing shortage of medical personnel to care for its growing aging population. The personnel here at Cadbury often state that what they like most about their job here are the residents. Let’s do our part in saying a friendly hello to them to encourage them to work here and continue to do a good job.

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The Tai Chi fitness class being offered here at 10 am Saturdays is another Wellness offering. It is open to all residents. The movements can be learned at any time and are done more and more easily week by week. The Harvard Medical School newsletter recently called Tai Chi “medication in motion” because of the many health problems it assists. Consumer Reports on Health reports that research has shown that regular classes of Tai Chi significantly reduce falls and have a positive effect on brain function, pain perception, anxiety, and blood pressure. It differs from other exercise in that muscles are relaxed rather than tensed, joints are not fully extended or bent, and connective tissues are not stretched. It can be adapted even for people in wheel chairs. Thisbe Sahwell, the leader, works with participants to accommodate their varying limitations and needs.

The next meeting of the Wellness Committee will be November 28th at 3:30 pm in the Quiet Room. Judy Bishop, director of assisted living and chairperson of Cadbury Wellness will be meeting with us. All residents are invited to attend.

**Wood Shop:** Ron Trupp reported that the current balance in the Woodshop is $9.94. There have been no requests from residents for repairs or construction. Several members of the Committee have been making things for their personal use. Dean is continuing to make items for sale in the new Brush Factory on Kings Highway. Unique aged wood has been donated to the Shop. The November display case will feature items from the Shop.

**AREA REPORTS**:

West Wing, 2nd floor – Pat Cummings reported that there are no new move-ins

West Wing, 1st floor – Nancy Krail reported that there are no new move-ins

East Wing, 1st floor – Bunny Guerrin reported that there are no new move-ins

East Wing, 2nd floor – Lois Wills reported that there are no new move-ins

Cottages – Frances Mason reported that Naomi Lowe is moving into Cottage 2

Assisted Living – Dick Kauffman reported that there are 6 residents in Safe Harbor and 34 in AL

**OLD BUSINESS:** Jane Lord reported that the location planned for the Community Garden has been changed and the Dog Park will not be used. The new location is across Cadbury Circle East alongside Breakwater backyards and will allow more space for garden plots and the existing irrigation system should be sufficient for watering the plots. The Community Garden Group will work on a plot design and acquiring funds.

**NEW BUSINESS:** Flu shots will be given October 20th.

**ADJOURNMENT:** The meeting was adjourned at 4:45 pm.

Respectfully submitted,

Kathy Holstrom, Secretary