

**CADBURY AT LEWES  
AFTERNOON EXCHANGE  
October 1, 2013**

Carol Holzman, Executive Director, opened the meeting by welcoming everyone and thanking them for coming to the meeting.

Carol introduced Becky Carney, a Dining Services employee, who provided a brief overview of her trip to Oklahoma. Becky said that she is honored and humbled to speak to the residents and thanked everyone for being so supportive and encouraging. Becky displayed a board full of pictures from her trip that she said she would keep up for a few days for residents to view. She explained that she made the trip with a group of people known as the Coastal Delaware Volunteers. The group raised funds and drove a truck to Oklahoma to help people remove debris from their yards which suffered damage of a tornado. Becky's role was to cook and serve food through a small, new Baptist church that was only built two months prior to the tornado going through. She said the group continues to raise funds and provided a truckload of new underwear for the victims. They are still shipping items and feeding people.

Carol Holzman then invited Carol Cascone, Marketing Assistant, to share her recent health experience with everyone. Carol Cascone explained that she is a survivor. About 6 weeks ago she suffered a massive heart attack and was on life support for 2 days. Carol attributed her survival to something she had learned when she attended the American Heart Association's Go Red campaign last year that was hosted by Cadbury. She heard a lot of what was said and one thing that stuck in her mind was the men and women are affected differently. She went home that day and told her husband about it.

Carol said she had her grandchild with her and went to see her husband where he works. She said she didn't experience any sweating or pain in her arms, but felt tremendous pressure on her chest. She explained to her husband how she felt and he recognized the symptoms and immediately took her to Beebe and saved her life. She said that the support and contributions do help. She was told by staff at Beebe that she was a miracle patient. She thanked everyone for their support, prayers, well wishes and cards.

Carol Holzman introduced Karen Gritton, Special Events Coordinator for the American Heart Association in Sussex County. Karen said that the real story is in the survivors. She explained that the Heart Walk is the main fundraiser and officially kicked off this year's event. She said the Heart Walk will take place on Saturday, October 19<sup>th</sup> at the Georgetown Del Tech campus. Registration starts at 8:00 am and the Walk starts at 9:00 am and dogs are welcome. You can form a team and set up on-line fundraising. Karen said that she is hoping to raise \$140,000 from the event and donations so far total about \$60,000. She said the goal is to prevent heart disease and stroke, with the goal by the year 2020 to reduce the prevalence of heart disease and stroke by 20% and death from heart attacks and stroke by 20%. Karen also said that cardiovascular disease kills more women than all forms of cancer.

She left some flyers on the table about prevention and various events and heart health information. She added that people can go to [www.mylifecheck.heart.org](http://www.mylifecheck.heart.org) and take a quick test to see what they know and where they stand.

Someone asked if the Recycler's Group could bike rather than walk at the event. Karen said they were welcome to bike the trail if it is found to be safe and then thanked everyone for allowing her to talk about the Heart Walk.

Carol Holzman took back the microphone to address some items. She started by telling everyone that she realizes having the doors locked on Friday and part of Saturday was an inconvenience. We had an employee whose safety was compromised and in order to keep her and the residents safe, we locked the doors.

She then turned the microphone over to Chuck Rendulic, Director of Support Services, for an update on his department. Chuck assured everyone that we take security very seriously and work to keep everyone safe. He said the best protection is to be seen. We continually ride around the community looking for anything unusual and our staff and residents are part of our security. Chuck added that the potential threat was in the community building and not part of the cottages.

Work orders received for July were 251 and all were completed. In August, 183 work orders were received with only 3 still outstanding; one is the wallpaper in the ladies bathroom in the Bistro. He doesn't have September number yet and if a part needs to be ordered for something, it may delay it in getting completed.

The grounds have been fertilized and over-seeded, and they will aerate other areas. Chuck said that we plan to plant another 2,000 bulbs in the Spring. Carol Bishop said that many areas have not been raked. Chuck said that the brown spots are from the ornamental grasses seeding in the lawns. We had to spray them with Round Up and then over-seed the area. This was all done after Labor Day. As time goes on, the grass will continue to grow. Chuck said they over-seeded in a large area by Health Care and this was also the last area for irrigation.

Chuck said that we have had problems with the sound system. He has worked really hard and there are a lot of aspects to the system. The system is not user friendly and he will work on it. He had someone from Sound FX come in and take a look and they basically said there are three systems that interfere with each other. As a result, we are looking to have them powered individually which will simplify things. He said that people are playing with the knobs and the setting shouldn't have to be touched.

Jim Bazzoli said that one of the River Birch trees along Gills Neck Road is dying because the irrigation was not reaching and needs to be adjusted. Chuck said he will take a look at it. Jim also asked if we were going to prune the forsythias this Fall and Chuck replied that we are not.

Carol then reviewed some PMI's that she received as well as some other items:

- A tall person hung the photos on the exhibit hall/wall. A person in a wheel chair has trouble seeing them. Carol will speak to the Foundation about having the photos lowered.
- Filters in the Beauty Salon need to be changed and the whole room looks dirty. Carol said that Housekeeping has gone in and cleaned.
- Carol received a note that said for most of the last 7 months the telephone and internet connection has been sporadic. It becomes a safety issue. Carol recommended re-setting the modem by unplugging it and re-plugging it in. If there is still a problem, residents must call Comcast.
- Please hang a few mirrors in the hallways and put near entrances/exits. Carol said we will look into that.
- Carol reminded everyone that when you want to get a pet it needs to be approved by Carol and the Continuing Care Committee first.
- There was a situation that occurred with an outside vendor coming to an apartment when the resident wasn't home. Carol reminded apartment residents that they must be home when a vendor is coming to their apartment to do something.
- Residents would like special holiday menus put in their mailboxes. Carol said that for Thanksgiving and Christmas, residents will receive a copy of the special menu. Someone asked if there was a special menu for Halloween. Carol wasn't sure, but said she would check with Jeff Smith, Dining Director.
- Carol announced our new residents: Harry and Joan Collins in Apt. #104, Thomas and Patricia Nye in Cottage 19, Estelle Smith in Apt. #214 and Dorothy Kimball in Apt. #211.
- The flu vaccine is in and will be administered to Health Care residents first. There will be a notice in your mailbox from Wellness. Carol added as a piggy back to the American Heart Association, most of our employees are CPR certified.
- Trip cancellations – There was recently a trip scheduled to Dover Downs/Dover Mall and about 10 people were signed up. Within 24 hours of the trip, some people canceled and only 5 residents were left to go. When people cancel, we take a close look and if fewer than 5 people are signed up, the trip is canceled. Carol said that if you can, minimize canceling and please do your best to attend if you sign up.

Carol then gave resident, Don Burgess, an opportunity to review some activities:

- Don said that on Sunday, 10/6, Clear Space is offering a special deal for "The Foreigner." It's a comedy and the cost has been reduced from \$30 to \$20. Only 4 people have signed up so far and we need 10 to get the price break. The bus will leave here at 2:15 pm
- On October 9, we have chartered Cape Water Taxi to go to Milton. Only 4 residents have signed up and we need 20 to go. There is lots of open space to see along the Broadkill.
- The Metropolitan Opera can be heard live from the Lincoln Center on Saturday at 1:00 pm at Cape Henlopen High School for \$22.00 per ticket.

Carol then opened the floor for questions.

Jim Bazzoli said the Sunday buffet was the worst and that food service has gone down. There was no omelet station. Carol will speak with Jeff and Yelena.

Elsie Gould said that the Luau Buffet was very well done.

Jane Lord said she's not sure what to do with her yard clippings. She was told to put in plastic bags and put with the regular trash, but she doesn't believe that is the proper procedure to follow. Chuck said that we are allowed a certain percentage of clippings in with the regular trash and that in the Fall we get an extra dumpster for clippings. Jim Bazzoli said they make special biodegradable bags for yard clippings that can be purchased from Home Depot or Lowes.

Bill Gehron asked for the figures on occupancy. Carol said that we currently have 160 residents and an occupancy of 90%. She said that some people are transitioning to Assisted Living and Health Care.

Lois Nickerson said people are speeding around the cottages. Carol will send a note out that the speed limit is 15 mph. We need to remind employees as well.

Sallie Corbishley asked if we could develop a policy for proper disposal of yard waste. Chuck and Carol will look into it.

Lois Wills gave a reminder that resident parking spaces are for residents only and that guests should park in guest parking, not in resident spots.

Betty Caslake asked when we are going to start painting all the chipped paint on the cottages. Carol said this is an ongoing process and we will take a look at her cottage.

Carol assured everyone that her door is always open if you wish to discuss something and thanked everyone for coming to the meeting.