

THE FREE PRESS

The Moorings At Lewes Residents' Association

Vol. 11, No. 1 March 2018 TV channel 970 www.tmalra.org

What a Year So Far!



Note: Photo from the Cadbury Scrapbook

President's Message

from Gil Kaufman



Welcome to the first edition of our resident association's Free Press under our new name, The Moorings at Lewes. And it is official now. Our resident association is officially named *The Moorings at Lewes Residents*Association, so we are keeping up with the transition to life with our new affiliate partner, Springpoint Senior Living.

I don't know about you, but for me completion of the transition will still take some time. In conversation, especially with family members and other individuals from outside who knew us by the original name, I still lax into calling us Cadbury at times and our resident association CALRA. The new acronym TMALRA will take some time to get used to as well (and I really think in conversation the "T" may get lost eventually).

But I must say I am gradually getting use to the new name. And, you know, it really does make some sense. Yes, I did come "dock my boat" here and settle in to be taken care of for the rest of my life and have some fun while I am doing that. So, yes, I guess I'm moored colloquially anyway.

BOARD OF DIRECTORS

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V. President Bill Gehron
Treasurer Jim McMullen
Ass't Treasurer Tom Reed
Secretary Kathy Holstrom
Corresponding Secretary

. Binky Tompkins Past President Jane Lord

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Cottages Elsie Gould

Frances Mason

East Wing Bunny Guerrin

Adele Trout

West Wing Nancy Krail

Pat Cummings

Assisted Living

Dick Kauffman

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Activities Carol Bishop
By-Laws Jane Lord
Communications

Sara Corbishley (temp)
Dining Corinne Lehman
Employee Appreciation

Jim McMullen

Gift Shop Gil Kaufman Library Judy Burgess

Mildred Wiedmann

Nominating Jane Lord
Program Richard Woolley
Wellness Sharon Hoover
Wood Shop Ron Trupp

The Free Press

Editor Sara Corbishley Editor Emeritus

Pat O'Hanlon

BOARD MEETS 2nd Monday
GENERAL MEETINGS

3rd Monday

ELECTION Cape Henlopen School District Referendum March 20



On March 20, Cape Henlopen School District will hold a referendum to address enrollment and capacity issues experienced over the last several years.

The State of Delaware has recognized the need for building projects (totaling \$55,578,900) and has agreed to contribute \$34,197,700 if a local referendum is passed to raise the other \$21,381,200. Cape Henlopen was the only school district in the state to receive an approved major capital request Certificate of Necessity this year. All projects requested by other school districts were denied.

The polling place for residents of The Moorings is Cape Henlopen High School. The polls will be open on Tuesday, March 20, from 10:00 a.m. until 8:00 p.m.

For background information about go to https://www.capehenlopenschools.com/domain/382.

President's Message

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Meanwhile life here continues to be quite pleasant and interesting. Perhaps you, like me, have been enjoying the twice-a-month music program "Do I Hear Music". Originated early last year by John Saupp and carried on now after John's passing by Elsie Gould with the support of other contributors like Bill Peterson and invited visitor Frank Dynan, Ruth and I find it a very pleasant way to spend an afternoon, and encourage you to try it too. Watch for it on the monthly calendar on the first and third Thursday of the month.

Another successful startup that is a great addition to our Activity Calendar is the Saturday Taijfit classes. They are led by a certified professional, Thisbe Sahwel, and are spoken of highly by those attending. As I understand it, Taijifit is a modification of Tai Chi involving less memorization of the poses and more focus on following the class leader. Please consider adding this to your Saturday exercise regimen....we must all keep moving, and here is a very responsible way to do that.

Many of these mornings are still pretty nippy but spring is coming and, like you, we look forward to all the pleasures of the no-snow seasons!

Nature at The Moorings

by Jean Woolley



SPIDERS

Did you experience the spider invasion in October? Early birds were treated to an incredible sight at sunrise on October 22nd. Webs covered the grass, looking like shimmering lace because of the early morning dew.



BUTTERFLIES AND BLOOMS

At the beginning of November, we enjoyed balmy weather and sunshine. Flowers were seen throughout our community, including yellow irises close to the gazebo and the health center entrance. Lantana flourished beside our cottage, providing nectar for white sulphur butterflies (also known as cabbage butterflies) and for tiny fritillaries. Roses bloomed although the buds were small.

FEATHERED FRIENDS

The second week in November brought honking geese overhead. Ducks gathered in the west pond, joined by a blue heron who appeared to be very comfortable with these friends. Snow geese appeared in large numbers at the end of December. We were told they were even seen in the water just off Lewes Beach.

Driving along Cadbury Circle West before noon on November 9th, we were startled to see two sinister - looking turkey vultures sunning themselves on the front roof of a cottage. Their six-foot wingspans were impressive. They are not attractive birds but do provide an important service by removing carrion from the environment.

On the morning of December 30th, Marge Trupp was treated to the sight of about a dozen cedar waxwings flitting around in the pear tree outside her window. These birds are highly social and flock in large numbers as they search for food. Unfortunately, a trash truck frightened away the birds and they did not return that day.

Ron Trupp reported seeing a bird about the size of a chickadee outside the fitness center on January 3rd. It was black with a white breast. After checking several bird identification books, the bird that most closely matches this description is a tree swallow but I have no way of verifying this. I hope it will be spotted again and someone can correctly identify it.

TREES

"I speak for the trees, for the trees have no tongue." The Lorax by Dr. Seuss

We have many beautiful trees at The Moorings and they provide shelter and nesting space for birds. Some, such as the flowering purple plum tree, provide pollen for bees.

Our first snow of 2018 was a blizzard and the birds and ducks struggled with the cold and wind as they searched for food. We were glad to see them finding orange and red berries on bushes. After dining, several ducks did belly slides down the embankment and into the west pond.

The History Corner

by Bill Gehron

Did you know that the dispute between Lord Baltimore and William Penn and their heirs was the most lengthy and embittered border dispute in American colonial history?

The overlapping nature of their charters of land ownership required numerous attempts at mediation surveying and intervention by the king and courts of England to eventually resolve the differences.

The final result of the dispute settled the eventual borders of Pennsylvania, Maryland, Delaware, New Jersey and West Virginia.

A most interesting aspect of this long running disagreement is this: The Baltimore's and the Penn's partitioned King George III for approval of the Mason Dixon boundaries on August 20, 1769 – over 85 years after the beginning of the dispute. But here's the rub: The proprietary families subsequently lost their colonies to the American Revolution just seven years later.



♦ TMALRA ELECTIONRESULTS

Kudos to TMALRA officers and directors who will continue to serve on our Board of Directors, and a special welcome to Tom Reed, our new assistant treasurer! The following members were unanimously elected at our December residents' meeting:

Vice Presidents' meeting:
Vice President - Bill Gehron
Corresponding Secretary Binky Tompkins
Treasurer - Jim McMullen
Assistant Treasurer -Tom Reed
East Wing 2nd Floor Rep. Adele Trout
West Wing 1st Floor Rep. Nancy Krail
West Wing 2nd Floor Rep. Pat Cummings
Cottage Rep. - Elsie Gould
Assisted Living Rep. -

Our Bylaws call for one set of officers and directors to be elected in odd years and another set to be elected in even years. Although 2017 was an odd year, we had two even year positions open: Vice President and West Wing 1st Floor Representative. Bill Gehron and Nancy Krail will serve a one-year term to bring us in line with the Bylaws. All others were elected for a two year term.

Dick Kauffman

— Jane Lord, Nominating Committee Chair

♦ CALRA BECOMES TMALRA

The January 15 CALRA membership meeting will go down in history as the last meeting of the Cadbury at Lewes Residents' Association. At that landmark meeting, members voted to revise Article 1, Section A, of our residents' association's bylaws to "The name of this association is THE MOORINGS AT LEWES RESIDENTS' ASSOCIATION. The acronym is TMALRA."

Even though members were clearly less than enthusiastic about this break from the past, the vote to align our organization directly with the community's new name was pragmatic and almost unanimous.

Afterward, the hallway buzzed with dismay that "TMALRA" tends to trip up the tongue. It may be that our mouths will eventually adapt, in the same way that "The Moorings" begins to roll off the tongue with time. As the acronym slips into common use, it might even take on a sort of melodic quality—as in, "See ya at the meetin' of TMALRA tomorrah [sic]."

- Jane Lord, Bylaws Committee

♦ AN OPPORTUNITY TO MAKE A DIFFERENCE!

The Employee Appreciation Committee is looking for a new Chair. This is one of the most rewarding volunteer opportunities available at The Moorings. The Committee collects funds from our members and distributes it to hourly employees in December.

This is seasonal work and you will be supported by a dedicated and experienced cadre of committee members.

It would be helpful if you have experience with Excel, Word and Word's mail-merge feature.

Contact Jim McMullen, 237E *jimmc605@gmail.com* or 302-743-1529.

♦WHAT IS DO I HEAR *MUSIC?*

Newcomers to our Moorings at Lewes family may wonder what on earth is this entry on the monthly calendar. Do I Hear Music is, in fact, a gathering on the first and third Thursday afternoon of each month in the QUIET ROOM from 3:30-4:45 or so. Music lovers assemble to listen to a program of mostly classical music selected by one of the group to share with peers.

Music choices to date have been wide-ranging in nature, encompassing music by Bach and Beethoven, but also selections from the Beatles and the American songbook as well as an occasional aria by Callas. Response to the variety and to the opportunity to hear good music has been heartening. When we first discussed undertaking this activity we thought perhaps six or seven people might stop in to listen; we have been pleased that on occasion as many as 20 people have joined the group.

All are invited to join us. If you would like to be notified of the musical choices for the next concert, put a note in cubbie #

c10 (Elsie Gould) including your name and Apartment or Cottage number. The info about the programs usually reaches the boxes on the Tuesday preceding the Thursday program.

When a month has 5
Thursdays we sometimes offer a special bonbon: recent goodies were the opera Die Fledermaus and a holiday concert by the renowned choral group Chanticleer singing by the baroque Christmas tree at the Metropolitan Museum of Art.

- Elsie Gould



***ANOTHER GOOD YEAR**

Last year, 2017, was another good year for the Buy-the-Sea Gift Shop, as we were able to contribute more than \$4,200.00 to our treasury to support the various activities and programs of our Residents' Association.

The success of the Gift Shop is more than ever the result of all of the tireless effort of our volunteers. We would like to recognize them once more, updating the list of our active contributors.

The list looks like this, in alphabetical order:

Full time sales staff:

Elsie Gould Maurine Hale Marianne Jarvis Frances Mason Bill Peterson Judy Seamone Llywella Stuchlik Binky Tompkins

Substitutes:

Joe Boyle Ann Erdman Jane Forgie Pat Nye Mary Ann Stock Shirleen Thomas

Several of these volunteers have special duties. Joe Boyle is one of our inventory builders. Judy Seamone does the scheduling of sales volunteers. Binky keeps the cards in stock, and does double duty, staffing the shop on Saturday morning as well as Friday morning. And Llywella really manages the day-to-day operations, keeping the shelves stocked with newly donated

items and keeping the shop looking attractive to our buyers.

So we sincerely thank our volunteers for their important contribution to our Gift Shop. And if there are others of you out there who would like to get involved and enjoy the additional social benefits of being a Gift Shop volunteer, please do not hesitate to let any one of our staff know about it.

- Gil Kaufman

♦ RESIDENT VOLUNTEERTRANSPORTATION

Early in 2007, Cadbury administration initiated a fee for transportation plan for doctor visits, etc. for those residents without auto access or ability to drive

Resident Elaine Glisson began (under approval of the Residents Association) by organizing a group of residents willing to volunteer without charge such transportation as well as provide prescription pickup for residents. Initially there were more than a dozen folks who were willing to be drivers.

After four years Elaine retired from the duty and no one could be found who was willing to assume leadership. Until recently the volunteer list has been posted in the mail room but has been underutilized and the list of willing volunteers has dwindled.

The question now is whether or not TMALRA should renew the program?

If you are interested in having this program continue, are willing to be a volunteer driver or would help coordinate, please call Adele at 302-542-3412, put a note in her cubby #224 or send an email to *b*

- Adele Trout

*** CHORUS NEWS**

As I sit here watching the snow flurries fly around the campus, I'm writing about the Cadbury Chorus preparing for our annual Spring Program. We always sing Christmas in September and Springtime in January but by the time the designated season arrives, we are always ready to perform.

Presently, we are working on familiar selections dealing with patriotism and we will be inviting our newly formed Veterans Group to be special guests. It will be a red, white, and blue evening!

Along with that we have other special selections for your enjoyment which will take you down memory lane of the 30's and 40's. They sure knew how to turn out a melody back then!

The chorus has received a gift, arranged by Marjorie Latzko, mother of our beloved Melanie Bradley. Melanie was the first Director and Accompanist of our chorus. The gift is a wealth of music (3 very large boxes) which belonged to a friend of Marjorie's. She was the director of a Senior Citizens Chorus in New York many years ago and the music has been in storage for a long time. Chorus folks will be sorting through this treasure for years to come and selecting what is a good fit for us! Thank you for thinking of us, Marjorie.

We have welcomed several new members in January and remind everyone, we have a seat for you too! Come on Tuesday evenings at 7:00 P.M. and enjoy a new dimension to your life here. See you!

- Carol Bishop



Library Lines

Ship Building in Sussex County

by Marianne Jarvis

The largest historic Schooner still sailing in the United States can be seen on the reverse side of the Maine quarter. She is the "Victory Chimes", a 170 foot long, three-masted wooden ram Schooner, built in 1900 in nearby Bethel, DE.

Only thirty-nine of these majestic vessels were built for commercial trade on the Chesapeake Bay and along the east coast. Only the Victory Chimes remains. She is the last original three-masted ram schooner still sailing in the United States. The vessel was

listed on the National Register of Historic Places in 1996 and was designated a National Historic Landmark in 1997.

She now sails Maine's Penobscot Bay from June to September under the stewardship of her owner, restorer and raconteur Captain Kip Files. along with a skilled crew of 4-6, a superb galley chef and 30-40 travelers. After spending 4 days and nights on board, most travelers embrace the local mantra, Maine is a State of Mind. I experienced eight sailing voyages on "Victory Chimes"; each with indelible memories and priceless lessons.

Victory Chimes' roots and its 118 year history are lovingly presented at the Bethel Maritime Museum. You can check out its website and interesting u-tube interview with its curator, Kevin Phillips. He was interviewed for a Delmarva Life segment titled Delmarva Treasures. I spoke with Kevin Phillips recently and he welcomes visitors after the Museum reopens in April.

There is a small collection of reading materials in the Moorings Library about Delaware's early shipbuilding activities. If you like the history of wooden boats or spend time on small or large sailing vessels, you might enjoy one of these:

-Diehl, James Remembering Sussex County, 2009

-Marvel, James E. Sailing Rams: A History of Sailing Ships Built in and near Sussex County, DE, 1961

-MacGregor, David R. The Schooner, Its Design and Development from 1600 to the Present, 1997

Note: David McGregor lives in Bath, England and is "recognized as one of the world's leading authorities on merchant sail" (Cover Jacket).

-Alotta, Robert I. Signposts & Settlers -The History of Place Names in the Middle Atlantic States, 1992

Ref: Bethel, p. 278 – "For many years Bethel was a shipbuilding center of the Chesapeake Bay Area".



Images from Marianne's voyages
Left: Sunrise on the Victory Chimes.
Below: A chickadee hitches a ride on the schooner.



A Library Lines Book Review

by Ron Gerber



When the English Fall by David Williams

How would you handle a world wide catastrophe, in which no one is spared its consequences? That is the nagging question behind David Williams novel When the English Fall.

"English" is how the Amish describe the non-Amish, like you and me. In the beginning of the novel, which is set in the near future, Jacob an Amish farmer, and his teenage daughter Sadie, (who suffers from unexplained visions and seizures) witness a beautiful awesome display of the northern lights. What has happened is a massive unprecedented solar storm that in an instant wipes out virtually all modern technology from airplanes, cars and trucks, to computer systems (including banks). Everything the English depend on has been destroyed.

We learn all of this by reading Jacob's journal, in which he records not only events, which he learns gradually and piecemeal, but his own feelings and struggle with his deeply held faith as the situation of his English neighbors worsens and begins to affect the simple self-sufficient non-violent lives of his family and his Amish neighbors.

As the weeks pass, it becomes clear that the Amish are better able to survive the catastrophe than the English, at least in part, because they never stopped practicing basic life skills, like farming and food preservation and sewing ones clothes, that most English have long since abandoned or forgotten. For the English food becomes scarce, looting becomes

Some Upcoming Programs

Programs are held in the Kalmar Nyckel Auditorium at 7:00 pm on the third Tuesday unless otherwise noted

March - A Bird Friendly Environment by Bob Edelon

April - The Civil War by Tom Ryan

May - Marine Life of Delaware Bay and Coast by Bob Blanchard

June - Wolf Sanctuary of PA by Denny Binkley

rampant and with it violence and desperation that eventually becomes a real threat to Jacob's family and his Amish neighbors and their way of life.

The novel compellingly raises difficult ethical questions: How can a non-violent self-sufficient society like the Amish respond? At what point does the virtue of selflessness need to be set aside in favor of self-preservation? What if any are the Amish obligations to their English neighbors? In his journal, Jacob struggles with all of this, trying to understand it in light of his faith, and through it all is his concern for Sadie, when the medicine she has been taking to control her seizures is no longer available.

The rising tensions that David Williams skillfully describes in the novel, the uncomfortable realization that there are no easy answers to basic ethical questions, and the ultimate life-changing action that Jacob and his Amish neighbors decide upon, is what , in this reviewer's opinion , makes this a worthwhile and thought provoking read.

This book is a recent addition to our library.



The 17 Mile Bike Riders

by Mildred Wiedmann



The 17 Milers
From left to right: Rebecca Rodgers, Pat Ward, Mildred
Wiedmann, Laurence Knapp, Curt Christensen and Ellen Heald.

The first Friday of Nov. 2017 was a balmy Fall day with above normal temperatures when the "The Recyclers" ventured forth on a very pleasant approximately 17 mile bike ride.

We made the complete bike loop from The Moorings through Cape Henlopen State Park, across Gordon's Pond and Rehoboth Beach to finish on the Junction & Breakwater Trail back to The Moorings.

Aiming to get the hardest part done first we went down Gills Neck Road to the crossover trail to Savannah Road and then across the Freeman Bridge. We all made it and were eager to continue, past the ferry terminal and through the state park to Herring Point we biked. We then took the delightful Gordon's Pond Trail through the dunes and marshlands into North Rehoboth.

For a moment we thought of trying to discover Joe Biden's home but decided we needed some nourishment and a bathroom break so The Egg restaurant was our destination. This was an excellent choice.

After about a 45-60 minute break we were once again on the bikes taking the Breakwater Junction Trail back to The Moorings. This is a nice trail, mostly through woods which were especially delightful at this time of year. Rebecca had us do a couple of extra laps through the Breakwater development as she wanted us to get in a full 17 mile ride. We had a great trip, encountering many other bikers, walkers, a deer and some other wildlife. The trip took about four hours. Don Wiedmann was at home standing by with his truck if we needed assistance.

We're eagerly awaiting real Spring weather to get the group out and about. We usually do not go this far and would welcome any other bikers who would like to join us.



The India Black Ale that I wrote about last time has a bit of a problem. There is debris from the hops that absolutely refuses to settle out. I'll not filter it when pouring. I tried that and it takes a lot of time and the ale goes flat. Nobody likes flat beer. We'll pour some raw for the hearty among us.

Here's the problem. The recipe included "dry hopping" where hops are added during fermentation. Hops are normally added during brewing and boiling and removed before transfer to the fermenting vessel. Boiling breaks up the small hops leaves and they settle out more easily. With dry hopping there is no agitation to break up the leaves. This created some difficulty when bottling as the debris fouled the bottling tube and valve.

With all that, the brew tastes very good. The hops flavor is unexpectedly mild in spite of a hops addition that is almost double that of other IPA's. Also present is coffee and spice – clove and nutmeg, maybe?

Next up is a summer ale. I'll brew that in early February so it should reach peak flavor this summer. It's billed to be light, with some citrus/lemon flavor. It will have wide appeal.

Skoal.



A Resident Profile... Jane McCurry

by Gil Kaufman

Jane McCurry is one of The Moorings most respected artists, as you know if you took advantage of the exhibit of many of her works last fall. While Jane says she is no longer able to enjoy that pastime, we are fortunate to be able to see the results of her efforts.

Jane Lynam was born and raised near Wilmington, a true local girl, but during her lifetime has lived and traveled far and wide.

About 1935, during the depression years, Jane's mother operated a rooming house on the boardwalk at Baltimore Ave. about a block from Dolles. So Jane and her two brothers grew up with the ocean as their front yard; they loved Rehoboth. Jane's two brothers rented beach umbrellas from the front porch; one brother still has the beach umbrella franchise in Rehoboth Beach. That house was destroyed in the 1962 storm, as the high tides washed all of the sand away from under the house, and it fell in. A Grotto's Pizza is in that location now.



The Lyman rooming house on the boardwalk in Rehoboth.

Jane attended the University of Delaware, where she met Robert "Bob" McCurry, her husband to be. It was 1942 and he went into the military. Bob and Jane married in 1945 when he came out of the service after the war, and then he went back to school. Bob McCurry's career with Chrysler and later Toyota took them to several locations around the country, the longest periods being at Chrysler's headquarters in Detroit and Toyota's west coast location near Palos Verdes near LA. During the Toyota period, Jane got to visit Japan seven or eight times.

All through this period and wherever they were located, Jane took art classes, and enjoyed painting

in oils for many years. One of her favorites is the 38x48-in painting of dandelions in seed, a most technically difficult work



Jane's dandelion painting.

If you visit

the Medical Arts Building on the Beebe Health Campus on Route 24 you may have noticed Jane's and Bob's name on a plaque at the ground floor conference room by the entrance on the ground floor. Jane says Toyota did that in recognition of their contributions to that company.

In 1969, the McCurrys built a home in Henlopen Acres; that was to become the center of family life in the Rehoboth area for the next 60 years. Bob McCurry passed away in 2006, and Jane decided it was time to scale down. She made the decision to move here in 2008.

We are glad to have Jane McCurry here with us at The Moorings.



Sandy) Spence moved into Apartment 127 on November 28

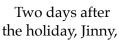
Jeannette Lee moved into Apartment 108 on November 28 William and Herta Spieker moved into Apartment 234 on December 1

Vicki Rymer moved into Apartment 225 on December 4

An Announcement

by Janet (Bunny) Guerrin by way of the Memoir Class

How many
National Black Cat
Days have I
missed? I missed
the last one,
Thursday,
Thursday, August
17, because I
ignored it.
Honor should have
been given to the
black cats of my life
who have delighted
me since
childhood.





Phryne Fisher, Investigator

my daughter, saw something dangling beneath her van. It can't be anything serious I said, since you've driven all the way from Milton without noticing anything wrong. The asphalt is burning my knees she said. It's a tail, she said.

Once I had the kitten's little black head purring under my chin, I said we should go see if she's microchipped. BE RESPONSIBLE ,Jinny said. I AM responsible, I said.... and isn't it amazing that she came all the way here from your yard, and almost on National Black Cat Day? How can you take care of her? Why not? Annie's gone. What about 14 year old Cleo? They'll be fine, and any way, it's FATE!

Phryne, the kitten was pronounced healthy by the veterinarian, and has been registered at Cadbury. Cleo doesn't like her much but I love her to pieces. She is six months old, four and a half pounds and black from head to toes. Her full name is Phryne Fisher, Investigator.

A Story Of Pickets

by Frances Mason

The 150 year old church I attended in Harrington needed to replace the entire steeple - bell area. Since my husband started his career with Delmarva Power as a lineman, climbing poles manually with spikes and a body belt, he was the go-to guy for the 50 years we lived in Harrington when repairs were needed "up there". So - when time came to replace the old structure, they dedicated the new construction to him. (He died before the project was completed.)

Part of the construction project involved the removal of an old picket fence. My three daughters did not want to see the old pickets destroyed because "Daddy



Bill Dunn and his happy hour table signs

had painted them and kept them in repair".

So guess what - I ended up with a garage full of old rotting, some in pieces, pickets. When I told Bill Dunn about them he asked to look at them and was surprised to find that after removing several coats of paint, many of them had good solid wood underneath. When I said I had thought about a picket fence gate made of them, he came up with the idea of a decorative piece. Of course, I don't have it outside, because the decorations are not weatherproof but it has a special place in my living room.

The happy hour table signs Bill made from the broken pickets that were left over. They are adorned with his drawings.

