

SUN	MON	TUE	WED	THUR	FRI	SAT
10:00 Quaker Meeting (QR) ☀️ 2:00 Mah Jong (LR) ⚡️ 4:00 Sunday Service (QR) ☀️ 19	11:00 Qigong / Tai Chi (A) ☀️ 🌱 12:30 Grocery Run - Safeway (L/C) 📦 🚗 1:00 Balance Class (A) 🌱 1:00 Drop in Color Group (B) 6:50 Bridge (LR) 7:00 5 Crowns (B) 20	10:00 Ping Pong (PP) 10:00 Beach Bus Lewes (L/C) 📦 ☀️ 12:30 Draw, Paint & Chat (C) 1:00 Aqua Rockets (P) 1:00 Recorders Rehearsal (A) 1:00 Trivia & Treats (QR) 2:00 Bark In The Park (DP) 6:30 Stango Park Concerts- Beach Bandits (L/C) 📦 📦 📦 7:00 Cribbage (LR) 21	9:00 Bank and Post Office Run (L/C) 📦 🚗 9:00 Farmers Market - Crooked Hammock (L/C) 🚗 10:00 Horseshoes (HP) 10:15 Grocery Run - Redners (L) 📦 🚗 11:00 Communication Committee Meeting (W) 1:00 Balance Class (A) 🌱 1:00 Pharmacy/Weis & Dollar General 📦 🚗 2:00 Bill Zak - Fern Hill -- Dylan Thomas; Wordsworth's "Intimations Ode" (LB) 📦 ☀️ 3:00 Ping Pong (PP) 3:00 Episcopal Service (QR) 22	9:00 Cardio Endurance & Toning (A) 10:00 Confession (QR) ☀️ 10:00 Beach Bus Lewes (L/C) 📦 ☀️ 10:30 Chair Yoga with Faith (QR) 10:30 Tai Chi Basics (A) ☀️ 🌱 11:00 Catholic Confessions (Executive conference room) 1:00 Aqua Rockets (P) 1:00 Crossword (LR) 2:00 Bark In The Park (DP) 5:00 Dine Out - Villa Sorento (L/C) 📦 📦 📦 7:00 Canasta (LR) 📦 ☀️ 23	10:00 Quilting with Judy (Craft Room) 📦 10:15 Recyclers (L) 10:30 Needlework (Craft Room) 📦 1:00 Balance Class (A) 🌱 3:45 Happy Hour (B) 🚗 7:00 Friday Movie Night - Butch Cassidy and the Sundance Kid (A) 📦 🚗 24	10:00 Water Volleyball (P) 1:00 Game Day (B) 25
10:00 Quaker Meeting (QR) ☀️ 2:00 Mah Jong (LR) ⚡️ 4:00 Sunday Service (QR) ☀️ 26	8:00 Cottage Recycling 11:00 Qigong / Tai Chi (A) ☀️ 🌱 12:30 Grocery Run - Safeway (L/C) 📦 🚗 1:00 Balance Class (A) 🌱 1:00 Drop in Color Group (B) 2:00 Author Event - Images of Simplicity (Sue Keller) (W) ☀️ 📦 5:45 Celtic to Classical (L/C) 📦 🚗 6:50 Bridge (LR) 7:00 5 Crowns (B) 27	10:00 Ping Pong (PP) 10:00 Beach Bus Lewes (L/C) 📦 ☀️ 12:30 Draw, Paint & Chat (C) 1:00 Aqua Rockets (P) 1:00 Recorders Rehearsal (A) 1:00 Trivia & Treats (QR) 2:00 Bark In The Park (DP) 2:00 Resident Life Meeting (W) ☀️ 📦 6:30 Stango Park Concerts- Joe Baione Vibraphone Experience (L/C) 📦 📦 📦 7:00 Cribbage (LR) 28	9:00 Bank and Post Office Run (L/C) 📦 🚗 9:00 Farmers Market - Crooked Hammock (L/C) 🚗 10:00 Horseshoes (HP) 10:15 Grocery Run - Aldi (L) 📦 🚗 1:00 Balance Class (A) 🌱 1:00 Pharmacy/Weis & Dollar General 📦 🚗 2:00 Bill Zak - Intimations Ode - Wordsworth (LB) 📦 ☀️ 3:00 Ping Pong (PP) 3:00 Episcopal Service (QR) 6:00 Cape Water Taxi Canal Cruise (L/C) 📦 📦 📦 📦 📦 29	9:00 Cardio Endurance & Toning (A) 10:00 Beach Bus Lewes (L/C) 📦 ☀️ 10:00 Lewes Library (L/C) 🚗 10:30 Chair Yoga with Faith (QR) 10:30 Tai Chi Basics (A) ☀️ 🌱 1:00 Aqua Rockets (P) 1:00 Crossword (LR) 2:00 Bark In The Park (DP) 7:00 Canasta (LR) 📦 ☀️ 30	10:00 Quilting with Judy (Craft Room) 📦 10:15 Recyclers (L) 1:00 Balance Class (A) 🌱 3:45 Happy Hour (B) 🚗 7:00 Friday Movie Night - March of the Penguins (A) 📦 🚗 31	Fitness Classes 8am Heels up Walk (FC) 9am Fit For Life (A) 9:30am Mat Class (A) 9:45am "Fun"ctional Strength (A) 11am Water waves MWF (Pool) 11:30am Circuit Traing w/Shirley (FC) Early sign up 7-22 for the August 3rd "Pretty Woman"