

SUN	MON	TUE	WED	THUR	FRI	SAT
KEY C - Arts and Crafts Room AL - Assisted Living A - Auditorium B - Bistro DP - Dog Park HP - Horseshoe Pit LB - Library LR - Living Room L - Lobby L/C - Lobby departure or Cottage Pick-up PP - Ping Pong Room P - Pool QR - Quiet Room W - Welcome Room	- Cognitive - Cottage Transportation Available - Spiritual - Social - physical - Emotional - Vocational - Registration Required - Payment Required - Enviromental		Fitness Classes 8am Heels up Walk (FC) 9am Fit For Life (A) 9:30am Mat Class (A) 9:45am "Fun"ctional Strength (A) 11am Water waves MWF (Pool) 11:30am Circuit Traing w/Shirley (FC)	Bistro Fun Days 8-2 Ice cream sandwich day 8-4 Choc. chip Cookie day 8-6 Root Beer Float day 8-10 Smores day 8-17 Farmers Market week 8-21 Senior Citizen day 8-27 Banana Lover's day 8-31 Trail Mix day		10:00 Water Volleyball (P) 1:00 Game Day (B)
10:00 Quaker Meeting (QR) 2:00 Mah Jong (LR) 4:00 Sunday Service (QR)	11:00 Qigong / Tai Chi (A) 1:00 Balance Class (A) 1:00 Drop in Color Group (B) 6:30 Clear Space Theater - Pretty Woman (\$30 cash) (L/C) 6:50 Bridge (LR) 7:00 5 Crowns (B)	10:00 Ping Pong (PP) 10:00 Beach Bus Lewes (L/C) 12:30 Draw, Paint & Chat (C) 1:00 Aqua Rockets (P) 1:00 Recorders Rehearsal (A) 1:00 Trivia & Treats (QR) 2:00 Bark In The Park (DP) 3:30 Afternoon Exchange (A) 6:30 Stango Park Concerts- Earth Jam (L/C) 7:00 Cribbage (LR)	9:00 Bank and Post Office Run (L/C) 9:00 Farmers Market - Crooked Hammock (L/C) 10:00 Horseshoes (HP) 10:15 Grocery Run- Giant (L) 1:00 Balance Class (A) 1:00 Program Committee (W) 1:00 Walmart (Rehoboth Beach) 2:00 Bill Zak - Wordsworth : Intimations Ode (LB) 3:00 Ping Pong (PP) 3:00 Episcopal Service (QR) 6:30 America Sings Broadway (L/C)	9:00 Cardio Endurance & Toning (A) 10:00 Beach Bus Lewes (L/C) 10:30 Chair Yoga with Faith (QR) 10:30 Tai Chi Basics (A) 11:00 Catholic Communion - Distribution (AL) 1:00 Aqua Rockets (P) 1:00 Crossword (LR) 2:00 Bark In The Park (DP) 7:00 Canasta (LR)	10:00 Quilting with Judy (Craft Room) 10:15 Recyclers (L) 10:30 Needlework (Craft Room) 1:00 Balance Class (A) 3:45 BIRTHDAY - Happy Hour (B) 7:00 Friday Night Movie - The Godfather, Part 1 (1972) (A)	10:00 Water Volleyball (P) 1:00 Game Day (B)
10:00 Quaker Meeting (QR) 2:00 Mah Jong (LR) 4:00 Sunday Service (QR)	8:00 Cottage Recycling 11:00 Qigong / Tai Chi (A) 12:15 Men's Lunch - Lewes Yacht Club (L/C) 1:00 Balance Class (A) 1:00 Drop in Color Group (B) 6:50 Bridge (LR) 7:00 5 Crowns (B)	10:00 Ping Pong (PP) 10:00 Beach Bus Lewes (L/C) 12:30 Draw, Paint & Chat (C) 1:00 Aqua Rockets (P) 1:00 Recorders Rehearsal (A) 1:00 Trivia & Treats (QR) 2:00 Bark In The Park (DP) 3:00 Hearing Aid Cleaning (Craft Room) 6:30 Stango Park Concerts- Big Hat No Cattle (L/C) 7:00 Cribbage (LR)	9:00 Bank and Post Office Run (L/C) 9:00 Farmers Market - Crooked Hammock (L/C) 10:00 Horseshoes (HP) 10:15 Grocery Run- Acme (L) 1:00 Balance Class (A) 1:00 Pharmacy/Weis & Dollar General 2:00 Bill Zak - Wordsworth : Intimations Ode (LB) 3:00 Ping Pong (PP) 3:00 Book Review- Sharon Hoover (A) 3:00 Episcopal Service (QR) 5:00 Luau (Chart Dining Room & Bistro)	9:00 Cardio Endurance & Toning (A) 10:00 Beach Bus Lewes (L/C) 10:00 Lewes Library (L/C) 10:30 Chair Yoga with Faith (QR) 10:30 Tai Chi Basics (A) 11:00 Catholic Communion - Distribution (AL) 12:00 Ladies Lunch - Striper Bites (L/C) 1:00 Aqua Rockets (P) 1:00 Crossword (LR) 2:00 Bark In The Park (DP) 6:00 Celtic Jam session (A) 7:00 Canasta (LR)	10:00 Quilting with Judy (Craft Room) 10:15 Recyclers (L) 1:00 Balance Class (A) 3:45 Happy Hour (B) 7:00 Friday Night Movie - Guarding Tess (1994) (A)	10:00 Water Volleyball (P) 1:00 Game Day (B)

August 2026