

SUN	MON	TUE	WED	THUR	FRI	SAT
Yom Kippur Begins 10:00 Quaker Meeting (QR) ☀️ 2:00 Mah Jong (LR) ☀️ 4:00 Sunday Service (QR) ☀️	20 8:00 Cottage Recycling 11:00 Qigong / Tai Chi (A) ☀️ 🌱 1:00 Balance Class (A) 🌱 1:00 Drop in Color Group (B) 3:00 TMALRA All Residents Meeting (A) 📅 6:50 Bridge (LR) 7:00 5 Crowns (B)	21 10:00 Ping Pong (PP) 10:00 Beach Bus Lewes (L/C) ☀️ 🌱 11:00 Cadbury Chorus (A) 🌱 12:00 Weis & Pharmacy 📦 🚗 12:30 Draw, Paint & Chat (C) 1:00 Water Rockets (P) 1:00 Recorders Rehearsal (A) 1:00 Trivia & Treats (QR) 2:00 Bark In The Park (DP) 3:00 Activities Committee Meeting (W) 📅 7:00 Cribbage (LR)	22 9:00 Bank and Post Office Run (L/C) 📦 🚗 10:15 Grocery Run-Redners (L) 📦 🚗 11:00 Communication Committee Meeting (W) 1:00 Balance Class (A) 🌱 2:00 Bill Zak - Sonnet 35 (LB) 🌱 ☀️ 3:00 Ping Pong (PP) 3:00 Episcopal Service (QR) 3:30 Wellness - Lawyer Presentation (A) ☀️ 7:00 Canasta (LR) 🌱 ☀️	23 October Early Sign up (8am) 10:00 Beach Bus Lewes (L/C) ☀️ 🌱 10:00 Lewes Library (L/C) 🚗 10:30 Chair Yoga with Faith (QR) 10:30 Tai Chi Basics (A) ☀️ 🌱 11:00 Catholic service (AL Activity Room) ☀️ 1:00 Water Rockets (P) 1:00 Crossword (LR) 2:00 Bark In The Park (DP) 2:00 English Country Dancing (A) 5:00 Dinner Out - Tokyo Steak House (L/C) 🌱	24 10:00 Quilting with Judy / Needlework (Craft Room) 📅 10:15 Recyclers (L) 1:00 Balance Class (A) 🌱 3:45 Happy Hour (B) 🚗 7:00 Friday Night Movie - The Greatest Showman (A) 🌱	25 10:00 Outdoor Shuffleboard 🌱 1:00 Game Day (B)
27 10:00 Quaker Meeting (QR) ☀️ 2:00 Mah Jong (LR) ☀️ 2:15 Camp Rehoboth (\$30 payable to TMALRA) 🌱 🚗 💰 4:00 Sunday Service (QR) ☀️	28 11:00 Qigong / Tai Chi (A) ☀️ 🌱 1:00 Balance Class (A) 🌱 1:00 Drop in Color Group (B) 2:00 90's Club (AL) 6:50 Bridge (LR) 7:00 5 Crowns (B)	29 10:00 Ping Pong (PP) 11:00 Cadbury Chorus (A) 🌱 12:00 Weis & Pharmacy 📦 🚗 12:30 Draw, Paint & Chat (C) 1:00 Water Rockets (P) 1:00 Recorders Rehearsal (A) 1:00 Trivia & Treats (QR) 2:00 Bark In The Park (DP) 7:00 Cribbage (LR)	30 9:00 Bank and Post Office Run (L/C) 📦 🚗 10:15 Grocery Run-Safeway (L) 📦 🚗 1:00 Balance Class (A) 🌱 2:00 Bill Zak - Sonnet 40 (LB) 🌱 ☀️ 3:00 Ping Pong (PP) 3:00 Episcopal Service (QR) 3:30 Wellness - Maplewood Dental (A) 7:00 Canasta (LR) 🌱 ☀️	Fitness Classes <u>8am Heels up Walk (FC)</u> <u>9am Fit For Life (A)</u> <u>9:30am Mat Class (A)</u> <u>9:45am "Fun"ctional Strength (A)</u> <u>11am Water waves MWF (Pool)</u> <u>11:30am Circuit Traing w/Shirley (FC)</u>	Bistro fun Days 9-5 Pizza 9-7 Labor day Buffet 9-10 Farmers Market 7-13 Grandparents day 9-16 Guacamole day 9-19 Butterscotch pudding day 9-21 pecan cookies day 9-28 Strawberry cream pie 9-30 Mulled Cider day	These early October events will be available for signup at 8:00am on September 24th: - Sodelo (Oct 4th, 2:30) (\$30 at door) - Ladies Lunch @ Cottage Cafe (Oct 8th, 12:00)